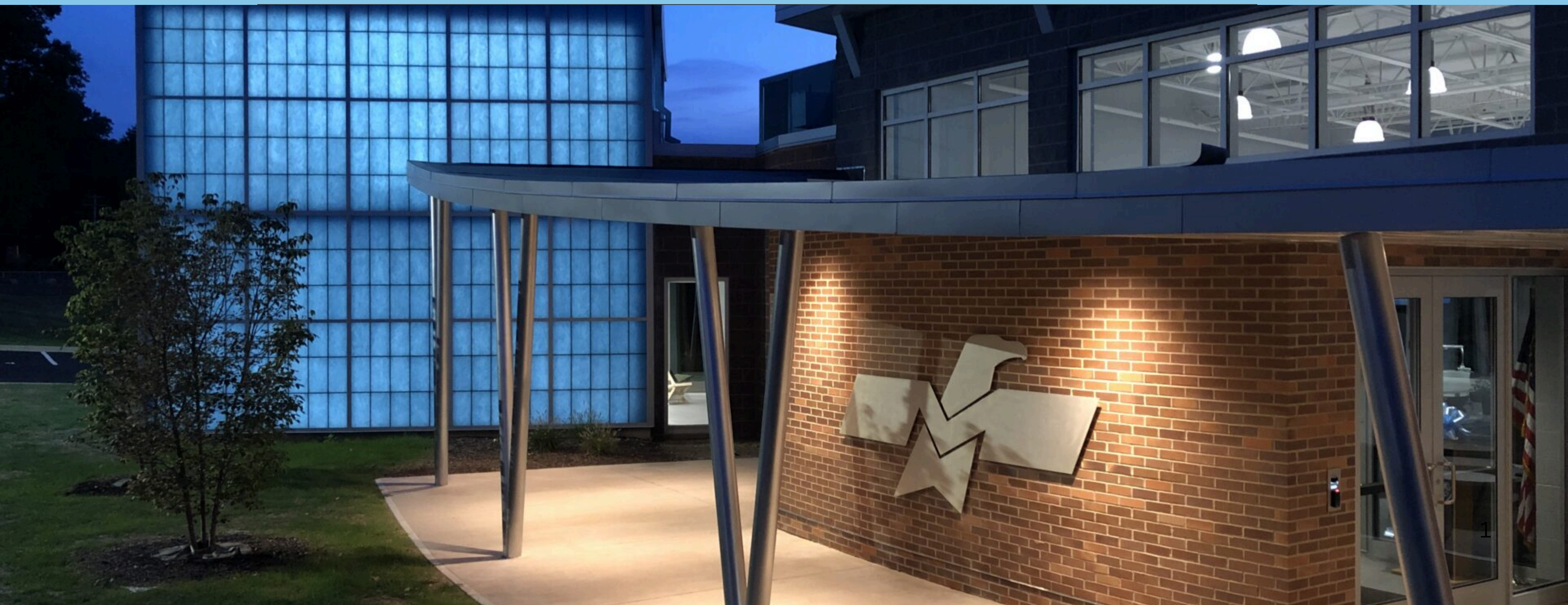




Open House

*Mahwah High School
October 29, 2025*

Presented by Jim O'Hara, Director of School Counseling





Tonight's Program:

7:00-7:20pm
Auditorium

- Welcome by ***John P. Pascale, Principal***
- Academic Profile, School Counseling Services & Supports by ***James O'Hara, Director of School Counseling K-12***

7:30-8:30pm
Tour and Round Robin visit

- Media Center Learning Commons: Supervisors presentation on curriculum & programs
- Main Gymnasium: Athletic Program Showcase with Thunderbird Coaches
- T3 Building: Co-curricular Authentic Real-life Experiences meet and greet

Leadership



- John Pascale, Principal
- Craig Jandoli, Assistant Principal
- Michael McCabe, Assistant Principal

Supervisors

Roger L. Pelletier
Director of Athletics

Abigale Jones
Supervisor of Special Education 6-12

Nikki Van Ess
Supervisor of Social Studies 6-12, Business Education 9-12, and Visual Arts 9-12

Dennis M. Jarvis
Supervisor of Science 6-12, Integrated Design/Technology 9-12


Faisal S. Sheikh
Supervisor of Mathematics 6-12

Caroline M. Krueger
Supervisor of English Language 6-12, Performing Arts 6-12

Courtney Carrelha
Supervisor of World Language 6-12, MLL K-12, Gifted & Talented K-12



Open House Topics

An aerial photograph of Mahwah High School's athletic field. The field is a large green rectangle with white yard lines, surrounded by a red running track. The words "MAHWAH" and "THUNDERBIRDS" are painted in large white letters on the end zones. The field is situated in a lush green area with trees and a white school building visible in the background. The sky is overcast with grey clouds.

01 *9th Grade
Transition*

02 *Student Support &
Growth Opportunities*

03 *Taking Flight*

Meet the Counselors



Mrs. Megan Beatty



Mr. Brian Gregson



Mr. Rayhan Jalil



Mrs. Stacy Mandel



Mrs. Joan Stewart



Mr. Jim O'Hara, Director

School Counseling Support



What to expect in the high school...



- Individual Meetings
- Group Push-in Lessons
- Walk in support
- Academic Support & Interventions
- Course Planning each year
- Supporting student SEL growth
- Individualized College & Career Planning
- Parent Programs each year
- Newsletters
- Website for reference

School Counseling

1. *Academic*

- Academic support and interventions
- Four year course planning
- Connect to support services
- Career pathway advisement

2. *Social Emotional*

- Individual counseling
- Self-awareness, self-management, decision making
- Helping students better understand themselves



3. *College & Career Planning*

- Course Selection advising
- comprehensive college and career planning
- Junior Conferences
- College Bus Trip
- Standardized Testing Planning
- College Rep Visit Program for 11th and 12th graders



Student



Family

School

— Mahwah High School — School Counseling Newsletter

October 2025



Mahwah in the Fall 2018

INSIDE, WE ALSO TALK ABOUT:

- Page 2-3 - College Corner
- Page 4 - Academics & Student Support
- Page 5 - Important Dates
- Page 6, 7 - More information



Dear Students and Families,

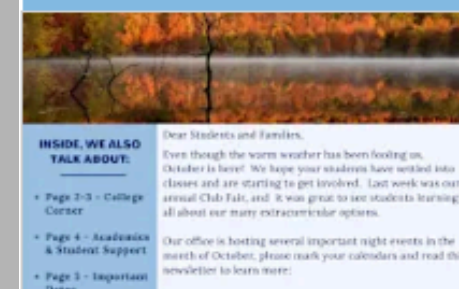
Even though the warm weather has been fooling us, October is here! We hope your students have settled into classes and are starting to get involved. Last week was our annual Club Fair, and it was great to see students learning all about our many extracurricular options.

Our office is hosting several important night events in the month of October, please mark your calendars and read this newsletter to learn more:

- Monday October 6th - Healthy Kids presentation by Tim Shoemaker, 6pm Auditorium - 6pm
- Thursday October 9th - Senior Parent/Student Night - 6pm
- Tuesday October 14th - Financial Aid Night - 6pm
- Thursday October 23rd - 9th Grade Parent Night - 6pm

Jim O'Hara
Director of School Counseling, K-12

Newsletters & Presentations



October 2025 Newsletter

Counseling Newsletters contain valuable information in preparing for your post-secondary journey.



12th Grade Parent Presentations

Counseling Presentations contain valuable information in preparing for your graduation and your post-secondary journey. This presentation was given on October 9, 2025 in the auditorium.



September 2025 Newsletter

Counseling Newsletters contain valuable information in preparing for your post-secondary journey.



August 2025 Newsletter-Seniors

Counseling Newsletters contain valuable information in preparing for your post-secondary journey.





What's new

- Environment
- Schedule
- Expectations
- Communication
- Reaching out for help
- Decision making

Supports Available

- 9th Grade Orientation Program - August 27th
- Freshman Advisory Program
- School Counselor
- Teachers
- NHS Tutors
- Accountability



Freshmen Advisory Program

Starts with Freshmen Orientation - end of August!

Taught by upperclassmen peer leaders (juniors and seniors) and supervised by the high school faculty.

Topics :

- *study and organizational skills*
- *time management*
- *coping skills*
- *peer pressure*
- *Habits of Mind*
- *college/post-secondary planning*



Counselor 1 on 1 Meetings

In addition to class wide assembly and Freshman Advisory Push In, this year School Counselors are implementing structured Transition Meetings with all Ninth Graders.

Sample Questions:

- *Tell me about your family?*
- *Who do you like to spend time with?*
- *Do you have any hobbies?*
- *Do you participate in any clubs or sports?*
- *Favorite subject in school?*
- *What is one goal that you have for this year?*
- *What do you want to be when your grow up?*



Supporting Your Child

- *Encourage your child to advocate for themselves*
- *Let them know you are monitoring progress*
- *Encourage student to make best decisions for themselves*
- *“Fail forward”*
- *Expand Connections - get involved*
- *Clean Slate & Fresh Start*

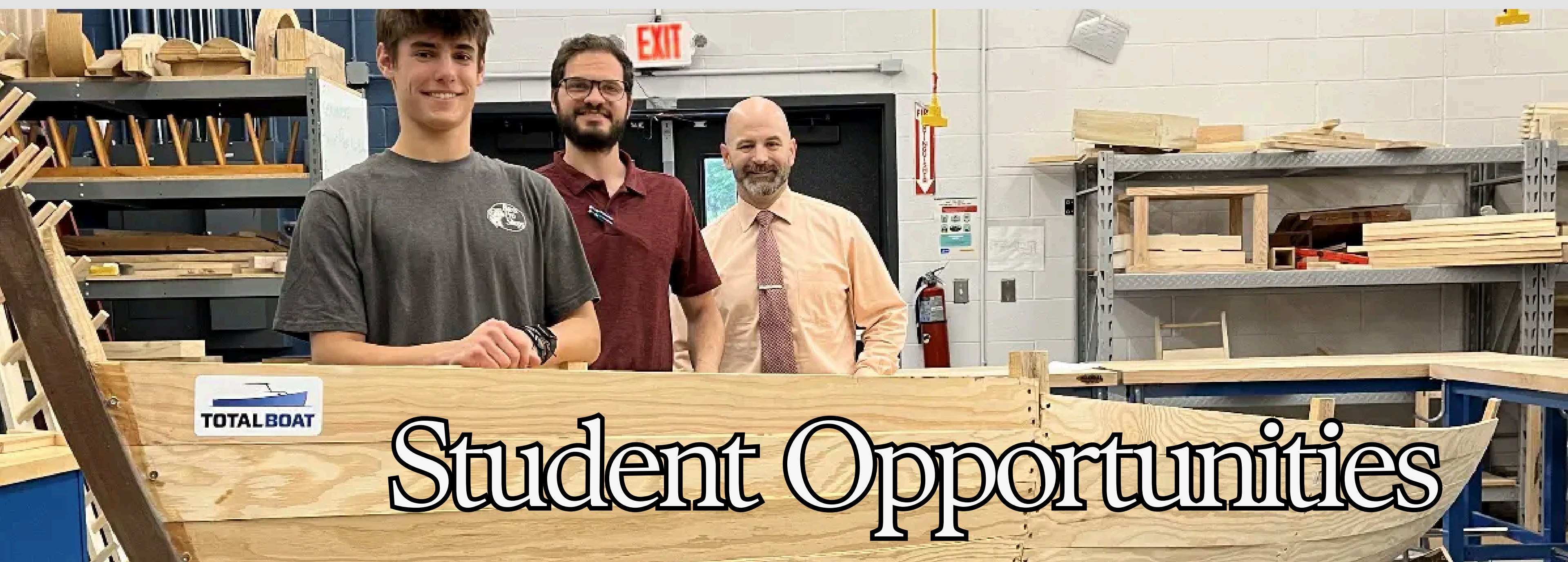
from Grown and Flown

Open House Topics

01 *9th Grade
Transition*

02 *Student Support &
Growth Opportunities*





Student Opportunities

- *Academic Offerings - AP, Dual Enrollment, etc...*
- *Extracurricular Activities*
- *Internship/Externship*
- *Career Pathways Endorsement*

Advanced Placement Opportunities

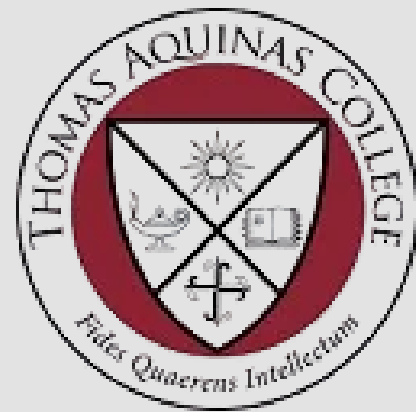
93.3% of our students Scored 3 or higher



AP Course	Avg. Score
Art History	3.0
Biology	3.5
Calculus AB	3.4
Calculus BC	4.8
Chemistry	3.7
Computer Science A	4.0
Computer Science Principles	3.0
English Language	4.3
English Literature	4.3
European History	4.4
French Language	3.0
Macroeconomics	3.7
Microeconomics	3.7
Music Theory	3.6
Physics C – E & M	3.1
Physics C- Mechanics	3.2
Psychology	3.8
Spanish	4.2
Statistics	3.8
Studio Art-2D	3.8
Studio Art-3D	3.5
US Govt. & Politics	4.9
US History	4.1



College Dual Enrollment



In our dual-enrollment program, high school students may earn college credit, high school credit, or a combination of both.

- MHS offers 31 courses that qualify for MHS and college credit from seven colleges/universities.
- In 2024-2025, 121 students earned college credits in 184 classes; 36 students, graduates from the Class of 2025, over four years earned six or more credits.

Electives!

English
Language
Arts

Social
Studies

Mathematics

Science

World
Language

Physical
Education



Business
Education

Design &
Engineering

Performing &
Visual
Arts

Video
Production &
Broadcasting

Gifted
&
Talented



Activities

Student Leadership:

Student Government Association (SGA)
SGA and Class Officers

Clubs - Publications:

Graphic Arts Design Collective
Literary Magazine - Calliope
Newspaper Tom-Tom
Yearbook - Thunderbird

Clubs - Service Clubs:

Asian American Awareness
Athletes in Action
Club of Cultural Appreciation
Fellowship Christian Athletes
Girls Learn International
G S A Genders & Sexualities Alliance
Habitat For Humanity
H O P E Helping Our Peers Everyday
INTERACT Rotary Club
Leo Club
USR Lions Club
R E B E L Reaching Everyone By Exposing Lies
TEEEMS

Academic & STEAM:

Academic Decathlon
Automobile Club
Battle of Books
Bergen County Mathematics League
Chess Club
Current Events Club
Distributive Education Club of America
Future Medical Professionals
Girls Excelling in Math and Science GEMS
Mock Trial
Model UN
New Jersey Mathematics League
Robotics Club Team 1672
School Store
Science Club and NJ Science League
Sports Talk Club
Technology Student Association (TSA)
Woodworking Club
Young Politicians Club

Clubs- Performance and Art:

Animation Club
Art Club
Audio Visual Team
Chamber Voices
Digital Photography Club
Graphic Arts Design Collective
Jazz Ensemble
Marching Thunderbirds Color Guard
Marching Thunderbirds
Select Strings
Theater Set Construction
Theater Set Design
Theater Stage Crew
Theater Drama Club
Thunderbird Indoor Percussion
Thunderbird Winterguard



Sports

Fall	Winter	Spring
Boys' & Girls' Cross Country	Boys' & Girls' Basketball	Baseball
Cheerleading	Boys' & Girls' Bowling	Boys' & Girls' Lacrosse
Football	Wrestling	Softball
Boys' & Girls' Soccer	Boys' & Girls' Indoor Track	Boys' & Girls' Golf
Volleyball	Ice Hockey	Boys' & Girls' Track & Field
Girls' Tennis	Cheerleading	Boys' Tennis
	Swimming/Diving	



Career Pathway Exploration & Job Shadowing Externships (Juniors- Grade 11)	Career and Academic Internships (Seniors- Grade 12)
Get an overview of a career or career pathway	Gain skills and experience in a career pathway
Observe a workplace (hands-off experience)	Work with a team (hands-on experience)
Multiple short-term visits over 1-2 week period of time	Summer program (4-5 weeks)
Transcript Grade- Pass/Fail	Transcript Grade- Pass/Fail
Not included in GPA or rank	Not included in GPA or rank
0.5-1.0 credit	2.5-5.0 credits
Assessment: Capstone Project Presentation	Assessment: Journal/Capstone Presentation
Unpaid	May or may not be paid
Transportation provided by student or parent/guardian	Transportation provided by student or parent/guardian

RUTGERS

Cancer Institute of New Jersey
at University Hospital

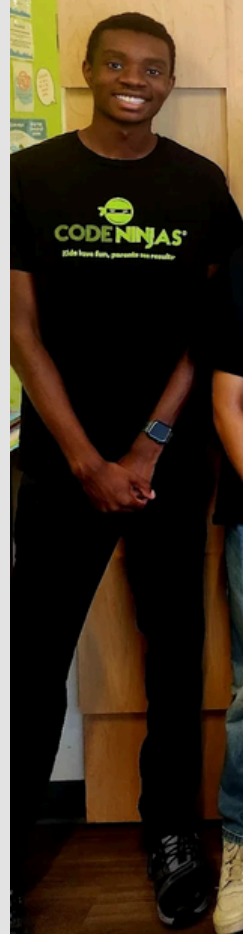
RUTGERS HEALTH



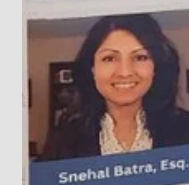
Career & Academic Internships



CODE NINJAS



VISASERVE Nachman, Phulwani, Zimovecak Law Group, P.C. Immigration and Nationality Law



Business Immigration

- Investor Visas (EB-5, E-2, New Company L-1A)
- Work Visas (H-1B, H-3, J-1, E, TN, L, O, P, R)
- Employment-Based Green Cards (PERM, EB-1, EB-2, EB-3, EB-4 and EB-5)
- Intracompany Transfers (New Company L-1 Visa, L-1A Visa, and L-1B Visa)
- Employers Immigration Compliance (I-9 Audits, FDNS Site Visits, DOL Audits & Investigations)
- Business Travel (B-1 Visa) & Tourism (B-2 Visa)

Family Immigration

- Fiancee / Fiance Visas (K-1, I-129F)
- Marriage Visas (K-3, CR-1, I-130)
- Immediate Relative & Family Preference (I-130)
- Adjustment of Status / Green Card (I-485)
- Green Card Replacement & Renewal (I-90)
- Work Permits (I-765)
- Removal of Conditions (I-751)
- Naturalization & Citizenship (N-400, N-600)
- Violence Against Women Act (VAWA)
- Consular Processing at all Consular Offices worldwide

Other U.S. Immigration Services

- Waivers (J-1 Waiver, Hardship Waiver, I-601)
- Asylum & Removal Defense
- Humanitarian Reinstatements
- Motions To Reopen and Reconsider, Appeals
- U Visa for Victims of Certain Crimes
- DACA - Dreamer Cases

Canadian Immigration

- Foreign Skilled Worker Program (FSW)
- International Mobility Program (ICT)
- Global Talent Stream
- Start-up visa
- Study Permits
- Temporary Resident Permit
- Criminal Rehabilitation
- Authorization to Return to Canada
- Record Suspensions
- Family-Based Sponsorships
- Canadian Citizenship
- Humanitarian & Compassionate Considerations

201-670-0006

www.visaserve.com

info@visaserve.com



Career Pathways Program

● Mahwah High School

Thunderbirds: What's your *Flight Path?*

Collaborate • Innovate • Transform

- ✓ Biotechnology Research & Health Science
- ✓ Business Administration
- ✓ Engineering & Technology
- ✓ Government & Social Sciences
- ✓ Information & Computer Science Technology
- ✓ Performing & Communication Arts
- ✓ Technical, Career & Community
- ✓ Visual Integrated Design



Contact Your Guidance Counselor Today!



MHS Career Pathway



Name: _____ Grade: _____

Endorsement Checklist

Academic Study of 15 Credits

1. _____
2. _____
3. _____
4. _____
5. _____

Co-Curricular Involvement

1. _____

Community Based Learning (Only One Required)

- ☐ Approved Internship
- ☐ Approved Externship
- ☐ Approved Option Two experience
- ☐ Senior capstone project with thirty hours of pre-approved community service related to your selected career pathway



Scan the QR code to review the eight Career Pathways, their course requirements, and the co-curricular activity list.



Mahwah High School

50 Ridge Road
Mahwah, NJ 07430

Phone: 201-762-2300
Fax: 201-512-0949



Student Transcript

CEEB Code: 310-742
Accredited: NJ State Department of Education

Sample, Sally

Student ID: 3522545

NJSID: 738750888888

42 Holiday Court
Mahwah NJ 07430

Counselor: XXXXXXXXXX

Graduation Date:

Cumulative Weighted GPA: 101.370

Cumulative Credits: 128.50

Parent/Guardian:

Sal & Samantha Sample

DOB: 04/19/06 Gender: F

District Entry Date: 09/07/2011

Course	Grade	Credits	Course	Grade	Credits	Course	Grade	Credits
Mahwah High School	Grade: 2020		Mahwah High School	Grade: 09 2021		Mahwah High School	Grade: 10 2022	
Algebra 1 (Opt. 2)	94	5.00	Freshman Advisory			Business & Personal Law	97	2.50
Credits Attempted: 5.00	Earned: 5.00		1:45-2:15: Lunch=Cafe	P	1.00	Chemistry CPE	93	6.00
Unweighted Average: 0.00			TUESDAY 2			Hnrs. Algebra 2	94	5.00
			Biology CPE	96	6.00	Hnrs. English 10	96	5.00
			English 9 CPE	92	5.00	Hnrs. Spanish 3	92	5.00
			Geometry CPE	97	5.00	Hnrs. US Hist 1	94	5.00
			Hnrs. Spanish 2	91	5.00	Intr Wood & Furn Design	99	5.00
			Hnrs. World Hist.	96	5.00	Marketing & Advertising	97	2.50
			PE / Health 9	100	4.00	PE (Opt.2) MP3 LD3	P	1.00
			Social Media in Business	99	2.50	PE / Dr. Ed.10	100	3.00
			Sports and Entertainment Management	97	2.50	Credits Attempted: 40.00	Earned: 40.00	
			Visual Arts	97	5.00	Unweighted Average: 95.33		
			Credits Attempted: 41.00	Earned: 41.00				
			Unweighted Average: 95.78					
Course	Grade	Credits	Course	Grade	Credits			
Mahwah High School	Grade: 11 2023		Mahwah High School	Grade: 12 2024				
AP Eng Lang/Comp	96	5.00	AP Calculus BC		0.00			
AP Statistics	95	5.00	AP Eng. Lit/Comp		0.00			
AP US History	95	5.00	AP Govt. & Politics		0.00			
Financial Literacy	95	2.50	AP Psychology		0.00			
Hnrs. Physics	91	6.00	Biotech Engineering		0.00			
Hnrs. Pre-Calc	95	5.00	Forensic Science		0.00			
Hnrs. Spanish 4	93	5.00	Hnrs. Spanish 5		0.00			
Journalism: A Study in Print Media	95	2.50	PE/Health 12		0.00			
PE/Health 11	100	4.00	Credits Attempted: 38.00	Earned: 0.00				
Peer Leaders ALL LEADERS!	P	2.50	Unweighted Average: 0.00					
Credits Attempted: 42.50	Earned: 42.50							
Unweighted Average: 94.79								

Grades Legend

Marking System: Numerical- Passing Grade 65
P or P-m = Pass
F = Failing
AUD- Audit
N- No Credit Due To Attendance

AW- Admin Withdraw
W- Withdraw
WP- Withdraw Pass
WF- Withdraw Fail
WA-Withdraw Attendance

Sally has earned a Career Pathway endorsement in Government and Social Sciences. To earn this endorsement, Sally completed an academic concentration of study, participated in a co-curricular application of skills and engaged in a community-based learning experience. Info at: <https://www.mahwah.k12.nj.us/site/Default.aspx?PageID=1309>

Official Signature: _____

Date Printed: 10/04/2023

Transcript is unofficial unless signed & sealed by a school official



Open House Topics

01 *9th Grade
Transition*

02 *Student Support &
Growth Opportunities*

03 *Taking Flight*







Where They Are Now?

*Helping all students choose from a menu of
options when it comes to postsecondary
planning!*



Forging New Paths

M



Future Ready



Post-Graduation Plans

	2025	2024	2023
Graduates	205	226	198
4 - Yr. Colleges	83%	82%	86%
2 -Yr. Colleges	10%	7%	5%
Career Education /Postgraduate	3%	4%	3%
Other (Employment, Military, etc.)	4%	7%	6%

MHS Class of 2025 seniors are attending 88 different post-secondary destinations in 24 states and 1 country outside of the United States!

State	Attending	Percent	State	Attending	Percent
NJ	84	43%	OH	2	1%
NY	30	15%	NH	2	1%
CT	10	5%	IN	2	1%
FL	10	5%	VT	1	.5%
MA	9	5%	GA	1	.5%
SC	8	4%	MN	1	.5%
PA	6	3%	LA	1	.5%
DC	5	3%	HI	1	.5%
VA	4	2%	CA	1	.5%
MD	3	1.5%	TN	1	.5%
NC	3	1.5%	CANADA	1	.5%
RI	3	1.5%			
DE	3	1.5%			
AL	2	1%			

Postsecondary Destinations

Class of 2025

Albany College of Pharmacy and Health	Florida Atlantic University	Parisian Beauty Academy	The College of New Jersey
American University	High Point University	Pennsylvania State University	The George Washington University
Auburn University	Hofstra University	Quinnipiac University	The University of Alabama
Belmont University	HoHoKus School of Trade	Ramapo College of New Jersey	The University of Tampa
Bergen Community College	Indiana University-Bloomington	Rensselaer Polytechnic Institute	Tulane University of Louisiana
Binghamton University	James Madison University	Rider University	United States Military Academy
Boston College	Johnson & Wales University	Roger Williams University	University of Connecticut
Boston University	Lincoln Technical Institute-Mahwah	Rowan University	University of Delaware
Case Western Reserve University	Long Island University - Post	Rutgers University-New Brunswick	University of Florida
Clemson University	Loyola University Maryland	Rutgers University-Newark	University of Hartford
College of the Holy Cross	Lynn University	Sacred Heart University	University of Hawaii
Culinary Institute of America	Marist University	Saint Peter's University	University of Maryland
Dartmouth College	Marywood University	Santa Barbara City College	University of Minnesota
Dominican University New York	Massachusetts College of Art and Design	Seton Hall University	University of New Hampshire
Drew University	McGill University	St. John's University	University of New Haven
East Carolina University	Monmouth University	St. Thomas Aquinas College	University of Rhode Island
Elon University	Montclair State University	SUNY at New Paltz	University of Scranton
Embry-Riddle Aeronautical University	New Jersey Institute of Technology	Stevens Institute of Technology	University of South Carolina
Emory University	New York University	Stockton University	University of Vermont
Fairfield University	Northeastern University	Suffolk University	Villanova University
Fairleigh Dickinson University	Ohio State University-Main Campus	Susquehanna University	Virginia Tech
Felician University	Pace University	Syracuse University	William Paterson University

Enjoy your evening!

