

Restorative Mix-Tape

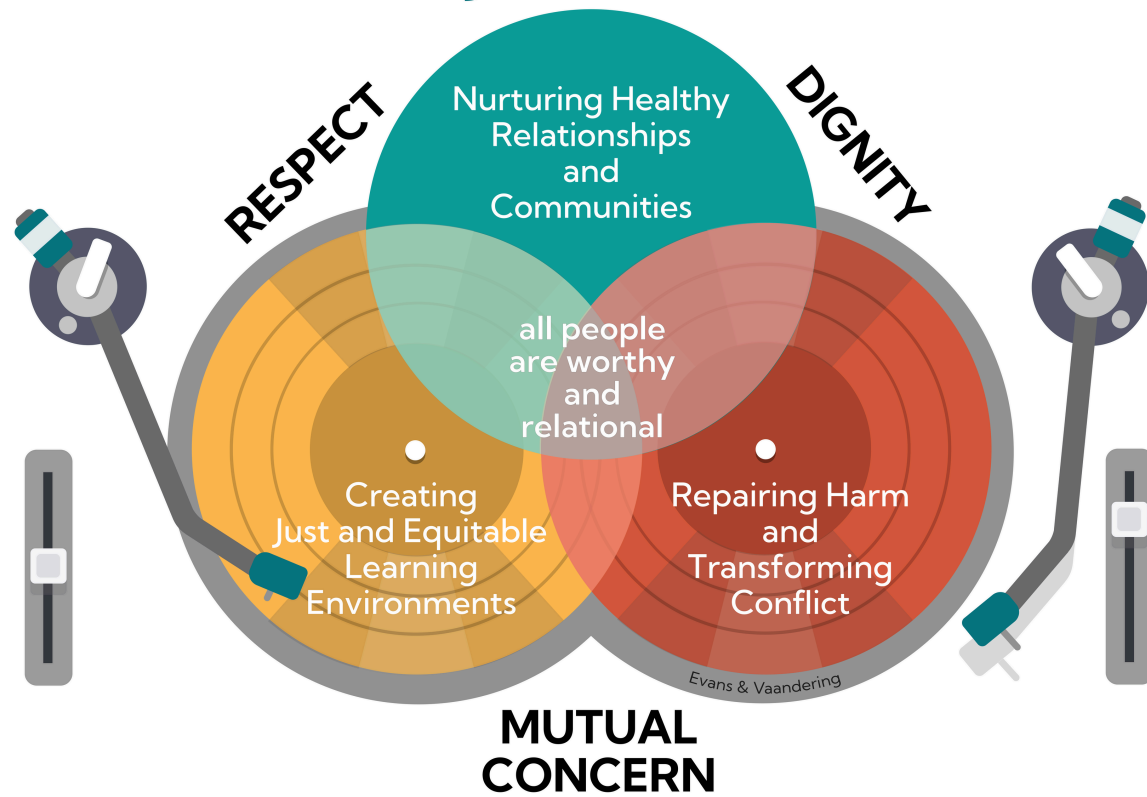
NOVEMBER



Beyond the Grind: Assets, Regulation & Real Relationships

This month, we're leaning into what sustains us; our collective strengths, shared joy, and the intentional moments we spend truly knowing one another. November's Restorative Mix-Tape highlights practices that focus on our assets, emotional regulation, and "banking time" with students and colleagues as a way to deepen trust. Inside, you'll find activities that spark connection, elevate what's going well, and help us regulate, recharge, and remember: relationships are the real work.











RESTORATIVE JUSTICE IN EDUCATION



RESTORATIVE MIX-TAPE



**PRESS PLAY TO CHECK
OUT THE
MIX-TAPE RESOURCES!**

-   **Track 1:
Building Relational
Capital**
-   **Track 2:
Safety & Belonging**
-   **Track 3:
Joy & Vulnerability**
-   **Track 4:
Restorative
Communication**
-   **Bonus Track:
Trauma Informed
Restorative Practices**