

NOVEMBER 2025

Shasta lake School

You are apple-solutely amazing!
Don't forget to come eat breakfast!

Monday

BREAKFAST
WAFFLES

3

LUNCH
TACO & RICE BOWL

Tuesday

BREAKFAST
SCRAMBLED EGGS & TOAST

4

LUNCH
BAKED ZITI

Wednesday

BREAKFAST
HOMEMADE MUFFIN

5

LUNCH
PAPA MURPHY'S

Thursday

BREAKFAST
BAGEL & CREAM CHEESE

6

LUNCH
EGG MCMUFFIN
HASHBROWN
FRUIT

Friday

BREAKFAST
PANCAKE SAUSAGE ON A STICK

7

LUNCH
MEATLOAF
MASHED POTATOES
ROLL

NO SCHOOL

10



BREAKFAST
HOMEMADE MUFFIN

12

LUNCH
LOADED POPCORN CHICKEN BOWL

BREAKFAST
OATMEAL

13

LUNCH
TOASTED CHEESE SANDWICH

BREAKFAST
FRUIT & YOGURT PARFAIT
GRANOLA

14

LUNCH
CHICKEN PARMESAN SANDWICH
MARINARA CUP

BREAKFAST
WAFFLES

17

LUNCH
ROASTED CHICKEN PIECES
ROLL
SUN CHIPS

BREAKFAST
EGGSTRAVAGANZA
TOAST

18

LUNCH
CHICKEN, RICE, BEAN & CHEESE
BURRITO
SALSA

BREAKFAST
HOMEMADE MUFFIN

19

LUNCH
PAPA MURPHY'S

BREAKFAST
SAUSAGE & CHEESE BISCUIT

20

LUNCH
SPAGHETTI
DINNER ROLL

BREAKFAST
FRUIT & YOGURT PARFAIT
GRANOLA

21

LUNCH
TURKEY W/GRAVY
MASHED POTATOES
ROLL & CORN
BIRTHDAY TREAT

24



28