

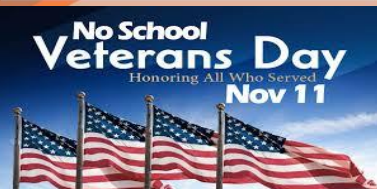



Gateway  
Great Food  
Great Friends  
Great Nutrition

# MENU

## Central Valley High School Lunch

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**NOVEMBER**  
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Choice of: 1. ROASTED CHICKEN, RICE & ROLL 2. BAKED ZITI 3. SLOPPY JOES	03	Choice of: 1. TACO BURGER 2. LOADED POPCORN CHICKEN BOWL & ROLL 3. DELI SANDWICH & CHIPS	04	Choice of: 1. PAPA MURPHY'S PIZZA 2. PINTOS & CHEESE W/ TORTILLA CHIPS 3. CHICKEN PATTY SANDWICH	05	Choice of: 1. BBQ CHICKEN SANDWICH 2. BREADED MOZZARELLA STICKS & MARINARA SAUCE 3. NACHOS	06	Choice of: 1. MEATLOAF & ROLL 2. TERIYAKI CHICKEN & RICE 3. DELI SANDWICH & CHIPS	07
NO SCHOOL TODAY	10			Choice of: 1. PAPA MURPHY'S PIZZA 2. CHICKEN, RICE & BEAN BURRITO 3. DELI SANDWICH & CHIPS	12	Choice of: 1. EGG MCMUFFIN & HASHBROWN 2. SPAGHETTI & ROLL 3. BEAN & CHEESE BURRITO	13	Choice of: 1. RAVIOLI & MARINARA 2. ORANGE CHICKEN & RICE 3. PBJ UNCRUSTABLE, STRING CHEESE & CHIPS	14
Choice of: 1. ROASTED CHICKEN & ROLL 2. BAKED ZITI 3. SLOPPY JOES	17	Choice of: 1. TACO BURGER 2. LOADED POPCORN CHICKEN BOWL & ROLL 3. DELI SANDWICH & CHIPS	18	Choice of: 1. PAPA MURPHY'S PIZZA 2. PINTOS & CHEESE W/ TORTILLA CHIPS 3. CHICKEN PATTY SANDWICH	19	Choice of: 1. BBQ CHICKEN SANDWICH 2. BREADED MOZZARELLA STICKS & MARINARA SAUCE 3. NACHOS	20	THANKSGIVING MEAL	21
NO SCHOOL 11/24-11/28	24						27		28

Happy Birthday to everyone with a birthday in November! Birthday treat comes with hot lunch only.

### Choice of one entree per day.

All lunches are offered the following components:  
1 Cup Milk, 2 Oz. Meat/Meat Alternative., 1-2 Oz Grains, and a minimum of 1 cup fruit and 1 cup vegetables.

Milk choices are 1% white or Fat Free Chocolate.  
A variety of fruit and vegetables are offered each day. Salad bar offered daily.

Menu is subject to change  
This institution is an equal opportunity provider  
Student meals provided at no charge

Oh my gourd, it's fall!

Happy Fall

