

NOVEMBER 2025

Shasta Lake School

Monday

Tuesday

Wednesday

Thursday

Friday



3

SNACK
GRAHAM COOKIE
FRUIT JUICE

4

SNACK
STRING CHEESE
FRESH FRUIT

5

SNACK
GOLDFISH CRACKERS
MILK

6

SNACK
PRETZEL
FRUIT JUICE

7

SNACK
STRAWBERRY CHEX
MILK

10

NO SCHOOL

11



12

SNACK
GOLDFISH CRACKERS
MILK

13

SNACK
PRETZEL
FRUIT JUICE

14

SNACK
STRAWBERRY CHEX
MILK

17

SNACK
GRAHAM COOKIE
FRUIT JUICE

18

SNACK
STRING CHEESE
FRESH FRUIT

19

SNACK
GOLDFISH CRACKERS
MILK

20

SNACK
PRETZEL
FRUIT JUICE

21

SNACK
STRAWBERRY CHEX
MILK

24

25

26

27

28

Snacks consist of 2 of the following components per day.

- 1 Cup Milk
- 1 Oz. Meat/Meat Alt.
- 1 Oz Grain
- ¾ Cup Fruit
- ¾ Cup Vegetables

This institution is an equal opportunity provider.



Have a SNACK -tacular Day!