

**DECEMBER 9, 2025
9:30 AM – 11:00 AM ON ZOOM**



YOU'RE INVITED

Let's Talk About Picky Eating: Tips, Strategies, and Resources for Parents

THIS SESSION WILL COVER:

- Understanding Picky Eating
- Common causes of Picky Eating
- Strategies to help parents and caregivers with Picky Eating habits
- When to seek professional help
- How this relates to your child's learning



PRESENTED BY: ASHLEY DUKE

Ashley is a speech therapist specializing in feeding and drinking difficulties, serving students from kindergarten to age 21 in Montgomery County. Being a mother of three, she brings personal insight into the challenges of expanding children's food choices.

www.mciu.org/ltf-register

Register today to share your thoughts and input on your school, community, and future LTF23 sessions



RIGHT TO EDUCATION

Local Task Force 23 of Montgomery County

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