



MNSD ELEMENTARY MENU: NOVEMBER

MONDAY

BREAKFAST

Apple Filled Frudel Bar
GF-Blueberry Muffin
Assorted Daily Breakfast Items

3

LUNCH

A-Pancakes and Sausage
B-PB&J Fun Lunch
C-Deep Dish Pizza
D-GF Pizza Daiya

SIDES

Tator Tots
Assorted Cold Fruit & Veggies

BREAKFAST

Cinnamon Toast Crunch
Filled Breakfast Bar
GF-Blueberry Muffin
Assorted Daily Breakfast Items

10

LUNCH

A-Chicken Nuggets w/ Dinner Roll
B-Nacho Fun Lunch
C-Mac & Cheese Bites
D-GF Nacho Fun Lunch

SIDES

Tator Tots
Seasoned Broccoli
Assorted Cold Fruit & Veggies

TUESDAY

No School

4

BREAKFAST

Apple Filled Frudel Bar
Breakfast Bar
GF- Double Chocolate Muffin
Assorted Daily Breakfast Items

11

LUNCH

A-Mozzarella Sticks
B-Nacho Fun Lunch
C-Chicken Sandwich
D-GF Grilled Chicken Sandwich

SIDES

Seasoned Fries
Assorted Cold Fruit & Veggies

WEDNESDAY

BREAKFAST

Cinnamon Toast Crunch Filled
Breakfast Bar
GF- Cinnamon Chex Cereal
Assorted Daily Breakfast Items

5

LUNCH

A-Hot Dog
B-PB&J Fun Lunch
C-Deep Dish Pizza
D-GF Hot Dog

SIDES

Seasoned Wedge Fries
Baked Beans
Assorted Cold Fruit & Veggies

BREAKFAST

Cinnamon Toast Crunch
Filled Breakfast Bar
GF- Cinnamon Chex Cereal
Assorted Daily Breakfast Items

12

LUNCH

A-Bosco Sticks
B-Nacho Fun Lunch
C-Cheeseburger
D-GF Cheeseburger

SIDES

Seasoned Wedge Fries
Assorted Cold Fruit & Veggies

THURSDAY

BREAKFAST

Strawberry & Cream Cheese
Filled Breakfast Bar
GF- Lucky Charms Cereal
Assorted Daily Breakfast Items

6

LUNCH

A-Sweet & Sour Chicken
B-PB&J Fun Lunch
C-Cheeseburger
D-GF Burger

SIDES

Seasoned Fries
Seasoned Green Beans
Assorted Cold Fruit & Veggies

BREAKFAST

Strawberry & Cream Cheese
Filled Breakfast Bar
GF- Lucky Charms Cereal
Assorted Daily Breakfast Items

13

LUNCH

A-Mashed Potato Bowl
w/Chicken, Gravy &
Dinner Roll
B-Nacho Fun Lunch
C-Pizza Crunchers
**D-GF Mashed Potato Bowl
no Gravy**

SIDES

Seasoned Fries
Seasoned Corn
Assorted Cold Fruit & Veggies

FRIDAY

BREAKFAST

Cinnamon Toast Crunch
Filled Breakfast Bar
GF- Rice Chex Cereal
Assorted Daily Breakfast Items

7

LUNCH

A-Big Daddy Pizza Slice
B-PB&J Fun Lunch
C-Chicken Tenders w/
Dinner Roll
D-GF Pizza Daiya

SIDES

Emoticon Mashed Potatoes
Seasoned Broccoli
Assorted Cold Fruit & Veggies

BREAKFAST

Cinnamon Toast Crunch
Filled Breakfast Bar
GF- Rice Chex Cereal
Assorted Daily Breakfast Items

14

LUNCH

A-Big Daddy Pizza Slice
B-Nacho Fun Lunch
C-Chicken Nuggets w/
Dinner Roll
D-GF Pizza Daiya

SIDES

Emoticon Mashed Potatoes
Seasoned Green Beans
Assorted Cold Fruit & Veggies

ANNOUNCEMENTS!

BREAKFAST

Free for all students!

LUNCH

Students: \$3.10

Questions? [Visit our webpage!](#)

Check out our new
Gluten Free
Options--GF

****This menu does not
accommodate students
with severe gluten
sensitivities related to
cross-contamination****

Local fat-free chocolate
and reduced-fat white milk
are available during
breakfast and lunch
All grains are **whole grain
rich (WG)**

All juice is **100% fruit juice**

A La Carte items are
available to purchase using
your Student Account. For
funding and account
management access
www.schoolcafe.com

Menu is subject to changes



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MONDAY

BREAKFAST

Cinnamon Toast Crunch
Filled Breakfast Bar
GF-Blueberry Muffin
Assorted Daily Breakfast
Items

17

LUNCH

A-Waffles & Sausage
B-Pretzel Fun Lunch
C-Cheeseburger
D-GF Burger

SIDES

Tater Tots
Assorted Cold Fruit &
Veggies

TUESDAY

BREAKFAST

Apple Filled Frudel Bar
Breakfast Bar
**GF- Double Chocolate
Muffin**
Assorted Daily Breakfast
Items

18

LUNCH

A-Grilled Cheese &
Tomato Soup
B-Pretzel Fun Lunch
C-Tenders w/ Dinner Roll
D-GF Tenders

SIDES

Seasoned Fries
Mixed Vegetables
Assorted Cold Fruit & Veggies

WEDNESDAY

BREAKFAST

Cinnamon Toast Crunch Filled
Breakfast Bar
GF- Cinnamon Chex Cereal
Assorted Daily Breakfast
Items

19

LUNCH

A-Chicken Parm Sandwich
B-Pretzel Fun Lunch
C-Pizza Quesadilla
D-GF Chicken Parm

SIDES

Seasoned Wedge Fries
Assorted Cold Fruit & Veggies

THURSDAY

BREAKFAST

Strawberry & Cream Cheese
Filled Breakfast Bar
GF- Lucky Charms Cereal
Assorted Daily Breakfast
Items

20

LUNCH

A-Walking Tacos
B-Pretzel Fun Lunch
C-Cheeseburger
D-GF Walking Tacos

SIDES

Seasoned Fries
Assorted Cold Fruit &
Veggies

FRIDAY

BREAKFAST

Cinnamon Toast Crunch
Filled Breakfast Bar
GF- Rice Chex Cereal
Assorted Daily Breakfast
Items

21

LUNCH

A-Big Daddy Pizza Slice
B-Pretzel Fun Lunch
C-Breakfast Sandwich
D-GF Pizza Daiya

SIDES

Emoticon Mashed Potatoes
Assorted Cold Fruit &
Veggies

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Half Day
No Food Services
Offered

24

Half Day
No Food Services
Offered

25

Half Day
No Food Services
Offered

26

**Happy
Thanksgiving**
No School

27

No School

28





MNSD ELEMENTARY MENU: NOVEMBER

MONDAY

ASSORTED DAILY BREAKFAST ITEMS

- Bagels w/ Cream Cheese
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene Breakfast Bars
- Assorted 100% Fruit Juices
- Assorted Fruits

TUESDAY

BREAKFAST FRUITS AVAILABLE DAILY

- Apples
- Apple Slices
- Oranges
- Apple Juice
- Orange Juice
- Grape Juice
- Fruit Punch

WEDNESDAY

LUNCH SIDES AVAILABLE DAILY

- Carrots
- Celery
- Cucumbers
- Garden Salad
- Apple
- Apple Slice

THURSDAY

FRIDAY

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Check out our A La
Cart Items
Offered Daily
and Prices

A La Cart

1 Baked Cookie	\$.50	Gold Fish	\$.60
Brownie	\$1.50	Gold Fish Pretzel	\$.60
Bug Bites	\$.60	Grandma Cookies	\$1.25
Cheese Itz	\$.60	Ice Cream	\$1.10
Chewy Granola Bars	\$1.10	Motts Fruit Snacks	\$1.00
Chips	\$1.30	Pop tart	\$1.00
Fruit By The Foot	\$1.00	Pudding	\$.60
Fruit Roll Ups	\$1.00	Rice Krispie Treat	\$1.15
		Scooby Snacks	\$1.00