

Cherry Avenue Buzz

Principal's Message

Dear Cherry Avenue Families:

Thank you, CA PTA, for organizing Red Ribbon Week, where we focused on making healthy, drug-free choices and standing strong against bullying, too. We also enjoyed the informative and enjoyable assembly, *Stop Bullying Now!*.

Halloween was a fun-filled day for all and we loved seeing our kindergarten students take part in the annual Halloween Parade, as well as UPK students inviting families in to see their adorable costumes. Thank you, Ms. Woerner, for working with our kinder students on the musical pieces. We also appreciate the PTA hosting the Fall Festival.

Students were reminded that hats/hoods may only be worn during outdoor recess.

School will be closed for students on Election Day, November 4 and closed for all on Veterans Day, November 11.

In observance of Veterans Day, we will dress up in red, white, and blue on Thursday, November 13, when we are holding our Veterans Day Breakfast for our military families to show how grateful we are for them and their service to our country. Thank you, in advance, Ms. Teufel, for all your hard work in planning and running this heartfelt event. Mr. Keith Filosa, from Food and Nutrition, continuously supports our activities with enthusiasm and attention to detail. A special thank you to Ms. Lauren Daquet and the BOCES Culinary Department for catering the delicious spread of food and for serving our guests! Ms. Woerner, thank you for assisting with music, adding a special touch to the ceremony. And to our generous PTA, thank you for your time, generosity, and support in helping to ensure this event has all that it needs to make our honored guests feel loved, respected, and valued.

During the week of November 17, we will hold activities in class to celebrate multicultural week. The evening event will take place on Monday, November 17 at 6:00 p.m.

- ♦ Monday, November 17: Students will create a passport in class. If you attend the evening event, please have your child(ren) bring it to get stamped at each table.
- ◆ Tuesday, November 18: Bring in an artifact/object that represents your culture/ heritage.
- ♦ Wednesday, November 19: Students will create their own flags in class using symbols that are important/special to them. They may also bring in a flag representing their culture.
- Thursday, November 20: Submit your favorite multicultural recipe. We will create an online recipe database/book to distribute to each classroom.
- Friday, November 21: Wear a shirt, colors or outfit representing your culture/heritage.

November 2025



Dates to Remember in November

Election Day—school	4
closed for students	

Ρ	ΤA	meeting	@	7:00	6
n	m	_			

Veterans Day—school	11
closed	

Back-to-Basics	12
Homework	
"Assignment"	

BoE meeting @ 7:30	13
n m	

Veterans Day Brunch 13

Wear red, white, and	13
blue in observance of	
Veterans Day	

Week of November 17 -Multicultural Week

Multicultural	Festival	17
@ 6:00 n m		

Thanksgi	iving	Recess-	26-
school cl	nsed		28



(OVER)

In planning ahead, please remember that we will hold 11:10 a.m. dismissal on Thursday, December 4, Friday, December 5, and Wednesday, December 10 to allow for Parent/Teacher Conferences. Evening conferences are scheduled on December 4. Our holiday Giving Tree will be available during conferences, too.

Below, is an article from the November 2025 edition of *Parents Make the Difference*.

A Good Night's Sleep is Crucial for Learning

When children don't get enough sleep, it's hard for them to learn in school. That's because sleep affects a child's ability to:

- Plan and organize.
- Solve problems.
- Control mood and behavior.
- Focus and pay attention.
- Retain information.

To help your child get the recommended nine to 12 hours of sleep each night:

- Stick to a schedule. Enforce a regular bedtime and wake time. Establish times for meals, schoolwork and recreation.
- Encourage physical activity. Exercise and fresh air help children sleep better.
- Set a technology curfew. Kids should avoid bright screens for one hour before bedtime.
- Follow a bedtime routine. Your child could take a bath, enjoy a story and talk about the day. Then, it's lights out.
- Make your child feel safe. Allow a night light in the room. Say you'll peek in periodically.

Source: "Healthy Sleep Habits: How Many Hours Does Your Child Need?" American Academy of Pediatrics.

CA Staff Shout-Outs

Ms. Siobhan Lavelle, one of our permanent substitute teachers, joined CA with seven years of private school teaching experience in UPK and second grade. This past summer, she was married. Ms. Lavelle is a big Disney and country music fan and loves spending time with her mini goldendoodle, Lainey.



Thank you, in advance, for supporting our annual Thanksgiving Food Drive. We wish you and your families a happy and healthy Thanksgiving and extended holiday weekend.

As always, please reach out if we can provide assistance.

Sincerely,

Lisa Ihne, Ed.D. Principal

Page 2 Cherry Avenue Buzz