

Counseling News

Mission Statement: The mission of CGMA school counseling program is to provide a nurturing environment that supports all students in being their best selves while promoting social-emotional, academic, and career development.

Vision Statement: To transform students in developing their full potential while promoting skills for lifelong learning.



What's Happening in Class?

The theme for November is RESPECT. CGMA promotes respect for our neighbors, ourselves, and the world. Respect builds feelings of trust and it is centered around our relationships. Respect is transferred from home to school, and into our community. Students show respect when they are responsible and behave in a safe manner. Let's work together by showing respect for each other through kindness.



"Important Reminders"

Please ensure that your child attends school everyday. Regular attendance is important because it directly impacts academic performance, social-emotional development, and future success in school.

Arrival Times: 7:25am -7:50am

Congratulations to our October Attendance All-Stars!!

Important Dates



- November 4th, Perfect Attendance Dress Down
- November 11th, Veterans Day Breakfast with Family
- November 20th, Thanksgiving Fest
- November 24th-28th, Thanksgiving Holiday

Whole Person Care is 3 Numbers Away

Crisis Support: Dial 988

<https://www.ldh.la.gov/page/5005>

Community Help: Dial 211

First Responders: Dial 911

Contact Information

Ms. Mary Bocage, M.S.

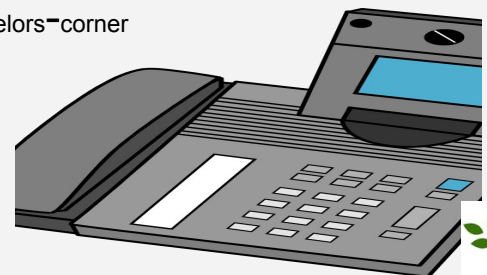
Email: mbocage@sipsb.org

Phone: 225-258-5400 X9602

Referrals can be completed on the CGMA website by clicking Counselors Corner

<https://cgma.stjames.k12.la.us/resources/counselors-corner>

counselors-corner

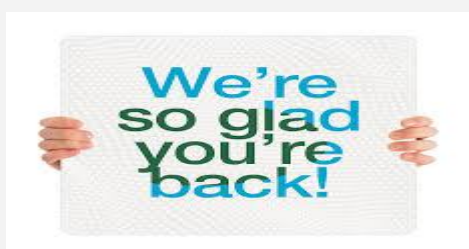


Cypress Grove Montessori Academy August 2025

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What's Happening in Class?

The theme for August is **Safety**. School safety is important because it directly affects how students learn. A safe and secure environment can help to increase academic growth and improve students social-emotional development. Students will learn types of classroom safety drills, why we have drills, how to keep each other safe during the drills, etc.



"Handle with Care"

If your student is coming to school after a difficult night, morning, or weekend, please message me with a quick "Handle with care". This can be sent through email or a phone message. Nothing else will be said, asked, or expected. This will just let me know that your child may need some extra time, patience, help, and love during the day.

Important Dates

- September 5th, Grandparents Lunch
- September 11th, Attendance Awareness Night (4-5pm)
- September 8th-12th, Scholastic Book Fair



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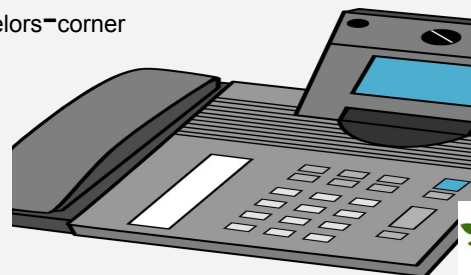
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What's Happening in Class?

September is Attendance Awareness Month! Students will learn the value of having good attendance. Good attendance matters for the strength of the classroom community. Having good attendance helps to foster a sense of belonging. Research shows that students who attend school regularly achieve better academic success. EVERYDAY COUNTS!

Resource: Bringing Attendance Home Parent Video

<https://www.attendanceworks.org/resources/videos/bringing-attendance-home-video/>



Parent volunteers are needed for the book fair!

https://docs.google.com/forms/d/e/1FAIpQLSfkSz8TE0Qq_FLwi_uDuHbZJDaKDssAUagwQBxqvQNv4Ybq7A/viewform?usp=dialog

Please visit our school's book fair homepage to sign up for eWallet. Note: Cash will not be accepted

<https://www.scholastic.com/bf/cypressgrovemontessoriacad>

Important Dates

- September 5th, Grandparents Lunch (Book Fair Begins)
- September 11th, Attendance Awareness Night (4-5pm)
- September 5th and 8th-12th, Scholastic Book Fair



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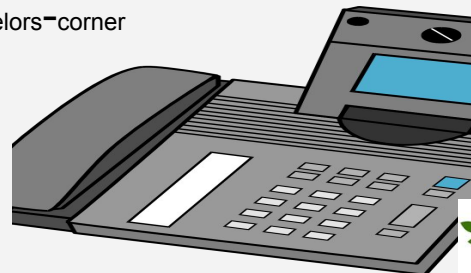
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Happy Fall Yall!



What's Happening in Class?

October is Violence Prevention Month! The effects of violence are widespread. Americans of every race, religion, and background can be subjected to becoming affected by violence. Often times the consequences of violence are repeated from generation to generation impacting and reshaping families. Some types of violence include physical violence, emotional, psychological, and cultural violence. Let's take a stand and be a part of the SOLUTION!



Resources for violence and substance use prevention

<https://www.cdc.gov/violence-prevention/php/resources-for-action/index.html>

<https://www.samhsa.gov/substance-use/prevention>

Important Dates

- October 6-10 Fire Prevention Week
- October 15, Gun Violence Program
- October 22, Wear a Orange Shirt
- October 24, Wear a Pink Shirt
- October 27-31 **Red Ribbon Week**

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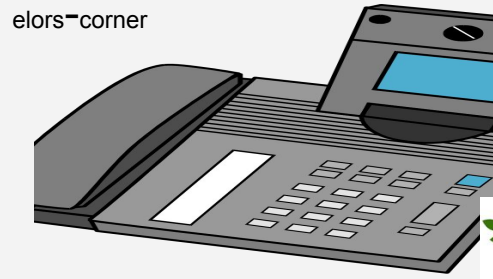
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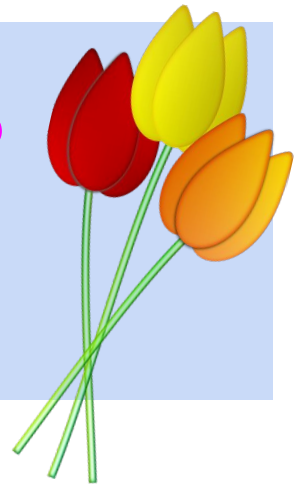
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Meet the Counselor

Ms. Bocage



About Me

My name is Mary W. Bocage, and I am the School Counselor at Cypress Grove Montessori Academy. I am honored to be back with the CGMA family for the 25-26 school year. Together we will continue to build on setting the stage for success! In addition, I have worked in education for over 10 years serving in various roles. I earned a Bachelor of Science in Information Technology from the University of Phoenix and a Master of Science in School Counseling from Southeastern Louisiana University. I am a member of the American School Counselor Association and the Louisiana Counseling Association.

My Role

I am committed to encouraging, supporting, and empowering our students to become their best selves. My primary task is to help ALL students become better learners by providing a comprehensive school counseling program that satisfies their academic, social/emotional, and career development needs. I provide individual, small group, and grade level classroom lessons. Confidentiality is honored unless a student plans to hurt themselves, someone else, or if he or she is the subject of abuse. In addition, I will be working jointly with parents and staff organizing school events to meet the needs of CGMA. I look forward to a great school year and meeting the great parents and students of our CGMA community! Please feel free to reach out with any questions or concerns. Enjoy your year!



Contact Information

Cypress Grove Montessori Academy
2461 N. King Ave.
Lutcher, La 70071
Email: mbocage@sjpsb.org
Phone: 225-258-5400 X9602



September

Newsletter



What's Happening in class this month?

Important Dates

Reminders

Contact Information

October

Newsletter

What's Happening in class this month?

Reminders

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Important Dates

Contact Information

November

Newsletter



***What's Happening in class
this month?***

Important Dates

Contact Information

Reminders

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December

Newsletter



What's Happening in Science Class This Month?

This month in science, we will be learning all about energy! We'll focus a lot of our time learning about the different types of energy used at the NYS fair, and will replicate fair games and attractions to further our understanding.

Important Dates

Tuesday, 12/7- Half Day
(Parent Teacher Conferences)

Friday, 12/24- Friday 12/31- No School
(Holiday Recess)

Contact Information

Your Name

Name of Your Elementary School

Phone Number

Email

Please reach out with any questions, comments, or concerns you may have! 😊

Reminders

- Please send your student to school with a personal water bottle and warm winter gear.
- Sneakers are needed every day for P.E. and recess.



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Cypress Grove Montessori Academy January 2025

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What's Happening in Class?

HAPPY NEW YEAR CGMA!



This year CGMA will be embracing a character trait each month. Character traits like honesty, patience, and cooperation help students to learn how to interact with the world more effectively. The theme for January is **Self-Discipline**. It is defined as having the ability to be in control of one's feelings and weaknesses, during times of temptation. Self-discipline is important when setting goals and can lead to a more productive and happier life. As we enter the new year, think about some areas of your life that can benefit from more self-discipline. Some examples include going to be early to be prepared for the next day, eating healthier, and controlling one's emotions to make better choices.

Each month, one boy and one girl from each grade level will receive a certificate that shows that they excelled in demonstrating the character trait of the month.

- Stay tuned for important information on Black History Month!

Important Dates

- Jan. 20- MLK Holiday
- Feb. Black History Month



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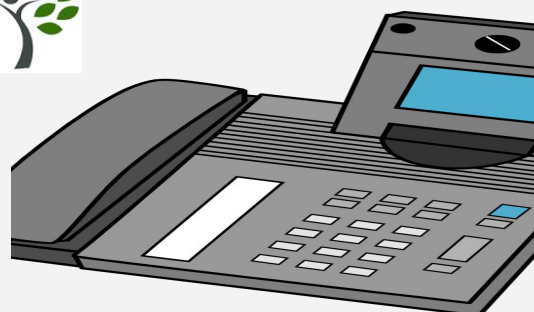
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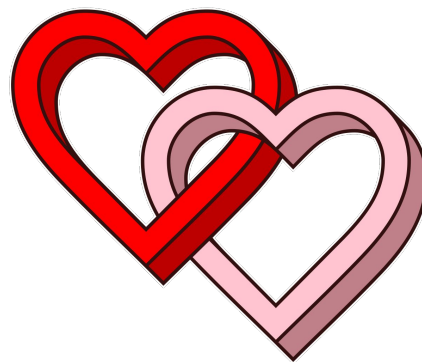
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Cypress Grove Montessori Academy February 2025

Counseling News



What's Happening in class this month?

The theme for February is **Responsibility**. Being responsible is a lifelong expectation. We all have a responsibility! Students have a responsibility to be in school and in class on time. Showing respect to others, the school property, and the property of others is being responsible. Taking responsibility builds confidence in making decisions while helping you to feel proud of yourself. Continue to be responsible while helping to keep our school safe!



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Important Dates



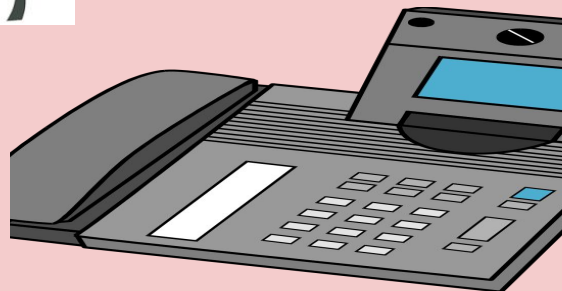
Black History Spirit Week February 17th-21st

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What's Happening in Class?



The theme for March is **COOPERATION**. Cooperation is the act of working together with someone or doing what they ask of you. Cooperation can benefit groups to help them run more efficiently. Cooperation looks like students taking turns during a discussion. Cooperation sounds like students that are speaking with a level 1 voice tone during a discussion. Students also show cooperation when they are respectful, responsible, a problem solver, and safe! Through cooperation and hard work, the most difficult tasks can be accomplished.

Teamwork Makes The Dream Work!



Important Dates

- March 2nd Read Across America Day (Dr. Suess)
- March 3rd-7th, Mardi Gras Holidays



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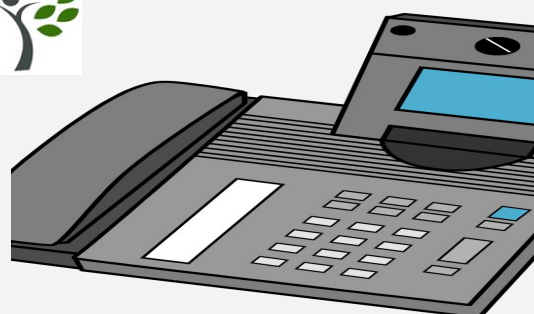
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Cypress Grove Montessori Academy April 2025

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What's Happening in Class?

The theme for April is **Honesty**. We have a responsibility to be honest in all that we say and do. Honesty is more than not lying, cheating, or stealing. It involves showing respect towards all people, having integrity and self-awareness.

Truthfulness allows you to be honest about yourself, to yourself, and to others. Honesty is not half-truth, it is the whole truth.

Honest hearts produce honest actions.

Brigham Young

Tips To Prepare For and Take State Testing

- Study and prepare yourself
- Get a good night's rest
- Eat a healthy breakfast
- Come to school on time
- Find your inner peace (breathe and relax)
- Approach the test with confidence
- Read carefully
- Follow the directions
- Cross out wrong answers
- Answer every question
- Check your work



PARENT GUIDE TO LEAP TESTING

https://doe.louisiana.gov/docs/default-source/assessment/parent-guide-to-the-leap-2025-tests.pdf?sfvrsn=d6cd971f_3

Important Dates

- April 2nd, Autism Awareness Day (Wear Blue)
- April 7th-11th Autism Awareness
- April 18th-25th Easter Break
- April 30th LEAP Testing Begins

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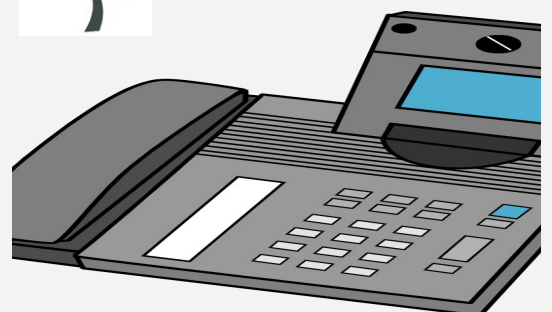
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The character theme for May is **COURAGE**. The Merriam-Webster Dictionary describes courage as having the mental or moral strength to persevere (continue) and withstand danger, fear or difficulty.

Courage also involves taking risks in uncertain circumstances.

As we close out the school year have the courage to set goals. Some may need to maintain what they have worked hard for while others may need to work harder. Courage can help everyone to become better people. You're almost there! Have the courage to push through the final weeks to limit distractions and focus on your goals. **HAVE A GREAT SUMMER!**

Important Dates

- May 1st-7th, LEAP Testing
- May 5th-9th, Teacher Appreciation
- May 9th, Family Fun Day
- May 16th, Career Day
- May 20th, 6th Grade Graduation
- May 22nd, Last Day of School

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PARENT GUIDE TO LEAP TESTING

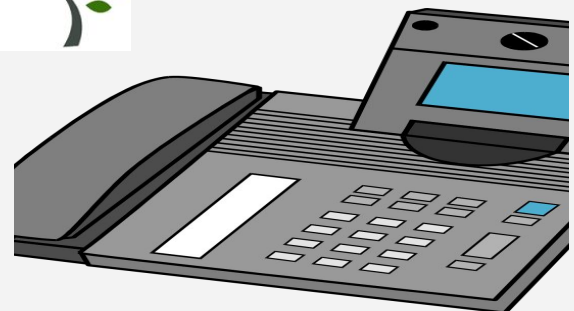
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April

Newsletter



What's Happening in

April

Important Dates

Contact Information



March

Newsletter



What's Happening in Class?

Important Dates

Contact Information

May

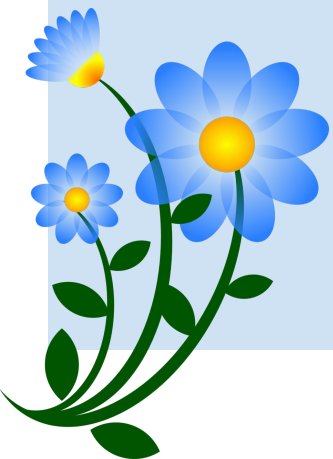
Newsletter



***What's Happening in
Class?***

***Important
Dates***

Contact Information



JUNE

Newsletter



Monthly Themes

August: Safety

September: Attendance Awareness

October: Violence Awareness

November: Respect

December: Conflict Resolution

January: Self-Discipline

February- Responsibility

March- Cooperation

April- Honesty

May: Courage

Important

Contact Information

