

Ardsley Middle School

WHITSONS FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

Steamed Dumplings

Green Beans **Cucumber Coins** Fresh Blueberries **Superintendent Conference Day** Nashville Hot Kickin' Chicken Sandwich 69 **Sweet Potato Fries** Homemade Carrot & Raisin Slaw Fresh Banana



*Nachos Grande 🤔 **Black Beans** Salsa Sour Cream **Cucumber Coins Pineapple**



*Beef

General Tso Chicken Noodle Bowl 🤔 Steamed Broccoli Fresh Baby Carrots Fresh Pear



10 Chicken and Waffles Crispy Potato Puffs **Cherry Tomatoes** Honeydew and Cantaloupe Cup



12 Chicken with Gravy Steamed Broccoli Whole Wheat Dinner Roll Confetti Garbanzo Bean Salad Fresh Green Grapes

Cinnamon French 13 Toast @ Mashed Potatoes Chicken Sausage topping Golden Baked Potato Wedges **Cherry Tomatoes** Fresh Apple BRUNCH

LUNCH 2

Wing Shack BBQ Style Chicken Wings Wing Shack Honey
Dipped Chicken Wings 📴 Baked Potato Wedges

Whole Wheat Dinner Roll Fresh Baby Carrots Celery STUDENT APPRECIATION DAY Watermelon Cup

17 **Funyuns Onion** Burger Baked Potato Wedges **Cucumber Coins** Fresh Orange

18 * Soft Tacos 6 **Black Beans** Fiesta Corn Chilled Red Pepper **Strips** Fresh Strawberries *Turkey



19 Beef Hot Dog on Bun Roasted Butternut Squash Fresh Baby Carrots Fresh Pear

20 Pasta with Meat* Sauce 6 Sauteed Kale Celery Fresh Orange

Tot Spot's BBQ Chicken Tater Tots Creamed Spinach **Cherry Tomatoes** Fresh Banana



Homemade Mac & Cheese 🕜 🧜 Sauteed Zucchini Fresh Baby Carrots Fresh Melon Cup

Whole Grain Pancakes with Chicken Sausage Crispy Potato Puffs Fresh Pear

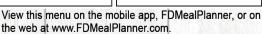


National Eat with









shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex





the web at www.FDMealPlanner.com. *Consuming raw or under cooked meat, poultry, seafood,

> Adult - \$5.20+tax Choice of: Fat Free Chocolate or White, 1% White Milk If you have any questions regarding this menu ple contact your Food Service Director Nina Am foodservices@ardslevschools.org

Student Meal FREE

Yogurt w/Fruit & Granola Parfaits

Tomatoes, Carrots & Cucumbers Crudité) & Side Salads. Grains are whole wheat or whole grain

Beef Hamburger / Beef Cheeseburger on Rol

Pork



*Beef



(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.