

November 2025

Middle School Breakfast Menu

Cafeteria and Grab & Go Cart - Jane Addams & Will Rogers

MON	TUES	WED	THURS	FRI
3	4	5	6	7
Oatmeal Chocolate Chip BeneFit Bar (v) Variety Cereal with Crackers (v) Seasonal Fruit 100% Orange Juice or Apple Juice 8 oz NF or 1% White Milk	Bagel with Cream Cheese (v) Variety Cereal with String Cheese (v) Seasonal Fruit Sliced Peaches 8 oz NF or 1% White Milk	Chocolate Chip Muffin (v) Variety Cereal with Crackers (v) Seasonal Fruit & Harvest of the Month: Pomegranate Applesauce Cup 8 oz NF or 1% White Milk	Freshly Baked Cinnamon Roll (v) Variety Cereal with String Cheese (v) Seasonal Fruit Dried Cranberries 8 oz NF or 1% White Milk	Concha (v) Variety Cereal with Crackers (v) Seasonal Fruit Applesauce Cup 8 oz NF or 1% White Milk
10	11	12	13	14
Apple Cinnamon Muffin (v) Variety Cereal with Crackers (v) Seasonal Fruit 100% Orange Juice or Apple Juice 8 oz NF or 1% White Milk	Veteran's Day Holiday *School not in session*	Chicken Sausage & Cheese Breakfast Sandwich Variety Cereal with Crackers (v) Seasonal Fruit Applesauce Cup 8 oz NF or 1% White Milk	Ham & Cheese Croissant Variety Cereal with String Cheese (v) Seasonal Fruit Dried Cranberries 8 oz NF or 1% White Milk	Cinni Minis (v) Variety Cereal with Crackers (v) Seasonal Fruit Applesauce Cup 8 oz NF or 1% White Milk
17	18	19	20	21
Oatmeal Chocolate Chip BeneFit Bar (v) Variety Cereal with Crackers (v) Seasonal Fruit 100% Orange Juice or Apple Juice 8 oz NF or 1% White Milk	Bagel with Cream Cheese (v) Variety Cereal with String Cheese (v) Seasonal Fruit Sliced Peaches 8 oz NF or 1% White Milk	Chocolate Chip Muffin (v) Variety Cereal with Crackers (v) Seasonal Fruit & Harvest of the Month: Pomegranate Applesauce Cup 8 oz NF or 1% White Milk	Freshly Baked Cinnamon Roll (v) Variety Cereal with String Cheese (v) Seasonal Fruit Dried Cranberries 8 oz NF or 1% White Milk	Concha (v) Variety Cereal with Crackers (v) Seasonal Fruit Applesauce Cup 8 oz NF or 1% White Milk
24	25	26	27	28
Thanksgiving Break *School not in session*	Thanksgiving Break *School not in session*	Thanksgiving Break *School not in session*	Thanksgiving Break *School not in session*	Thanksgiving Break *School not in session*

(p) = Contains Pork

(v) = Vegetarian



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November 2025

Middle School Lunch Menu

Cafeteria - Jane Addams & Will Rogers

MON	TUES	WED	THURS	FRI
3	4	5	6	7
Tamale: Chicken & Red Sauce + String Cheese + Freshly Baked Whole Grain Chocolate Chip Cookie Bean & Cheese Pupusa (v) + Freshly Baked Whole Grain Chocolate Chip Cookie Goldfish Crackers (v) Seasonal Fruit Sliced Peaches It's Corn, Baby Carrots w/ Ranch Curtido, Ranch Kale Salad, Cholula 8 oz NF or 1% White Milk	Super Orange Chicken with Organic Fried Rice + Fortune Cookie Chile Verde Burrito (v) Goldfish Crackers (v) Seasonal Fruit & Harvest of the Month: Pomegranate Applesauce Cups Edamame, Chili Lime Chickpeas Sesame Ginger Salad 8 oz NF or 1% White Milk	Happy Cheeseburger with Secret Sauce or Happy Burger (Grass Fed Beef) + Fries Mozzarella Pull Aparts with Marinara (v) Goldfish Crackers (v) Seasonal Fruit: Two Options Sliced Tomatoes, Onions, Pickles Cool Cucumber, Shredded Lettuce, Ketchup, Mustard 8 oz NF or 1% White Milk	Chili with Tortilla Chips Spicy & Cheesy Bean Dip with Tortilla Chips (v) Goldfish Crackers (v) Seasonal Fruit Applesauce Cups Baby Carrots with Ranch Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk	Jalapeño Pepperoni or Jalapeño Cheese Pizza Yummy Pepperoni or Cheese Pizza (v) Goldfish Crackers (v) Fruity Frozen Cups & Seasonal Fruit Baby Carrots w/ Ranch Secret Sauce Salad (v) 8 oz NF or 1% White Milk or NF Chocolate
10	11	12	13	14
Beef Rolled Taco Kickin' Nuggets + Fries (v) Goldfish Crackers (v) Seasonal Fruit Sliced Peaches It's Corn, Baby Carrots w/ Ranch Krypton Kale Salad (v), Ketchup, BBQ Sauce 8 oz NF or 1% White Milk	Veteran's Day Holiday *School not in session*	Chicken Delights Sandwiches Cheesy Pinwheel (v) Goldfish Crackers (v) Seasonal Fruit: Two Options Jicama with Chili, Jalapeño, Buffalo Ranch Fava Beans Shredded Lettuce with Cheese (v) 8 oz NF or 1% White Milk	BBQ Pulled Pork + Roll (p) The Best Burrito (v) Goldfish Crackers (v) Seasonal Fruit Applesauce Cups Baby Carrots w/ Ranch Coleslaw (v) 8 oz NF or 1% White Milk	Yummy Pepperoni Pizza Yummy Cheese Pizza (v) Goldfish Crackers (v) Fruity Frozen Cups & Seasonal Fruit It's Corn, Baby Carrots w/ Ranch Garden Fresh Tossed Salad (v), Jalapeño 8 oz NF or 1% White Milk or NF Chocolate
17	18	19	20	21
Tamale: Chicken & Red Sauce + String Cheese + Whole Grain Turkey Cookie Bean & Cheese Pupusa (v) + Whole Grain Turkey Cookie Goldfish Crackers (v) Seasonal Fruit Sliced Peaches It's Corn, Baby Carrots w/ Ranch Curtido, Ranch Kale Salad, Cholula 8 oz NF or 1% White Milk	Super Orange Chicken with Organic Fried Rice + Fortune Cookie Chile Verde Burrito (v) Goldfish Crackers (v) Seasonal Fruit & Harvest of the Month: Pomegranate Applesauce Cups Edamame, Chili Lime Chickpeas Sesame Ginger Salad 8 oz NF or 1% White Milk	Happy Cheeseburger with Secret Sauce or Happy Burger (Grass Fed Beef) + Fries Mozzarella Pull Aparts with Marinara (v) Goldfish Crackers (v) Seasonal Fruit: Two Options Sliced Tomatoes, Onions, Pickles Cool Cucumber, Shredded Lettuce, Ketchup, Mustard 8 oz NF or 1% White Milk	Chili with Tortilla Chips Spicy & Cheesy Bean Dip with Tortilla Chips (v) Goldfish Crackers (v) Seasonal Fruit Applesauce Cups Baby Carrots with Ranch, Chili Lime Chickpeas Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk	Jalapeño Pepperoni or Jalapeño Cheese Pizza Yummy Pepperoni or Cheese Pizza (v) Goldfish Crackers (v) Fruity Frozen Cups & Seasonal Fruit Baby Carrots w/ Ranch Secret Sauce Salad (v) 8 oz NF or 1% White Milk or NF Chocolate
24	25	26	27	28
Thanksgiving Break *School not in session*	Thanksgiving Break *School not in session*	Thanksgiving Break *School not in session*	Thanksgiving Break *School not in session*	Thanksgiving Break *School not in session*

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November 2025

Middle School Lunch Menu

Grab & Go Cart - Jane Addams & Will Rogers

MON		TUES		WED		THURS		FRI			
3		4		5		6		7			
Rice Krispies Bento Box (v)		PB & J Lunch Box (v)		Rice Krispies Bento Box (v)		PB & J Lunch Box (v)		Turkey Club Sandwich & Baked Cheddar Ruffles			
Turkey Club Sandwich & Baked Ruffles Chips (v)		Turkey Club Sandwich & Baked Hot Cheetos		Turkey Club Sandwich & Baked Ruffles Chips (v)		Turkey Club Sandwich & Baked Hot Cheetos		Seasonal Fresh Fruit			
Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit		Chili Lime Chickpeas			
It's Corn		Baby Carrots w/ Ranch		Cool Cucumber		Baby Carrots w/ Ranch		Baby Carrots w/ Ranch, Mustard, Mayo			
Baby Carrots w/ Ranch, Mustard, Mayo		Edamame, Mustard, Mayo		Baby Carrots w/ Ranch, Mustard, Mayo		Chili Lime Chickpeas, Mustard, Mayo		8 oz NF or 1% White Milk or NF Chocolate			
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk					
10		11		12		13		14			
PopTart Bento Box (v)		Veteran's Day Holiday *School not in session*		PopTart Bento Box (v)		PB & J Lunch Box (v)		Salad with Spicy Chicken & Tortilla Chips or Crispy Spicy Chicken Salad & Crackers			
Salad with Spicy Chicken & Tortilla Chips				Salad with Spicy Chicken & Tortilla Chips		Seasonal Fresh Fruit		Seasonal Fresh Fruit		Salad with Spicy Chicken & Tortilla Chips or Crispy Spicy Chicken Salad & Crackers	
Seasonal Fresh Fruit				Seasonal Fresh Fruit		Chili Jicama Sticks		Baby Carrots w/ Ranch		Baby Carrots w/ Ranch	
It's Corn				Baby Carrots w/ Ranch		Baby Carrots w/ Ranch		Chili Lime Chickpeas		Chili Lime Chickpeas	
Baby Carrots w/ Ranch				8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk or NF Chocolate	
8 oz NF or 1% White Milk											
17		18		19		20		21			
Rice Krispies Bento Box (v)		PB & J Lunch Box (v)		Rice Krispies Bento Box (v)		PB & J Lunch Box (v)		Turkey Club Sandwich & Baked Cheddar Ruffles			
Turkey Club Sandwich & Baked Ruffles Chips (v)		Turkey Club Sandwich & Baked Hot Cheetos		Turkey Club Sandwich & Baked Ruffles Chips (v)		Turkey Club Sandwich & Baked Hot Cheetos		Seasonal Fresh Fruit			
Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit		Seasonal Fresh Fruit		Chili Lime Chickpeas			
It's Corn		Baby Carrots w/ Ranch		Cool Cucumber		Baby Carrots w/ Ranch		Baby Carrots w/ Ranch, Mustard, Mayo			
Baby Carrots w/ Ranch, Mustard, Mayo		Edamame, Mustard, Mayo		Baby Carrots w/ Ranch, Mustard, Mayo		Chili Lime Chickpeas, Mustard, Mayo		8 oz NF or 1% White Milk or NF Chocolate			
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk					
24		25		26		27		28			
Thanksgiving Break *School not in session*		Thanksgiving Break *School not in session*		Thanksgiving Break *School not in session*		Thanksgiving Break *School not in session*		Thanksgiving Break *School not in session*			


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November 2025

LESD Middle School Supper Menu

MON		TUES		WED		THURS		FRI	
3		4		5		6		7	
Goldfish Crackers (v)	String Cheese (v)	Honey Roasted Sunflower Seeds (v)	Applesauce Cup	Baby Carrots with Super Ranch	8 oz NF or 1% White Milk or NF Chocolate	Domino's Smart Slice Pizza: Cheese (v) or Pepperoni (p)	Apples	Cool Cucumber	8 oz NF or 1% White Milk
Baked Flamin' Hot Cheetos (v)	String Cheese (v)	Honey Roasted Sunflower Seeds (v)	100% Fruit Juice & Harvest of the Month: Pomegranate	Baby Carrots	8 oz NF or 1% White Milk	Chicken Tenders & Dipping Sauce	Oranges	Baby Carrots	8 oz NF or 1% White Milk
Scooby Snacks (v)	String Cheese (v)	Danimals Yogurt	Sliced Peaches	Baby Carrots	8 oz NF or 1% White Milk				
10		11		12		13		14	
Granola (v)	Vanilla Yogurt (v)	Apples	Baby Carrots with Super Ranch	8 oz NF or 1% White Milk or NF Chocolate		Veteran's Day Holiday *School not in session*	Baked Cheetos (v)	String Cheese (v)	Jack Links: Sweet BBQ Chicken Bites
							Frozen Watermelon Cup	Baby Carrots	8 oz NF or 1% White Milk
							Quesabirria Pupusa (Beef & Cheese Pupusa)	String Cheese (v)	Orange Smiles
								Baby Carrots & Curtido	8 oz NF or 1% White Milk 
									Tortilla Chips (v)
									Chili con Queso Cup (v)
									String Cheese (v)
									Sliced Peaches
									Salsa
									8 oz NF or 1% White Milk
17		18		19		20		21	
Goldfish Crackers (v)	String Cheese (v)	Honey Roasted Sunflower Seeds (v)	Applesauce Cup	Baby Carrots with Super Ranch	8 oz NF or 1% White Milk or NF Chocolate	Domino's Smart Slice Pizza: Cheese (v) or Pepperoni (p)	Apples	Cool Cucumber	8 oz NF or 1% White Milk
Baked Flamin' Hot Cheetos (v)	String Cheese (v)	Honey Roasted Sunflower Seeds (v)	100% Fruit Juice & Harvest of the Month: Pomegranate	Baby Carrots	8 oz NF or 1% White Milk	Chicken Tenders & Dipping Sauce	Oranges	Baby Carrots	8 oz NF or 1% White Milk
Scooby Snacks (v)	String Cheese (v)	Danimals Yogurt	Sliced Peaches	Baby Carrots	8 oz NF or 1% White Milk				
24		25		26		27		28	
Thanksgiving Break *School not in session*		Thanksgiving Break *School not in session*		Thanksgiving Break *School not in session*		Thanksgiving Break *School not in session*		Thanksgiving Break *School not in session*	

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