

NOVEMBER



BREAKFAST MENU

	Alterial Control of the Control of t			
3 Cinnamon Mini Cinnis Orange Cup	4 Chocolate Chocolate Chip Muffin Apple Slices	5 St. Paul Croissant Breakfast Sandwich Banana	6 Golden Hug Apple Caramel Muffin Apple	7 NO SCHOOL TODAY!
10 Turkey Sausage Breakfast Pizza Orange Cup	11 Chocolate Chocolate Chip Muffin Apple Slices	12 Sweet Heat Turkey Sausage or Egg Biscuit Banana	13 Banana Chocolate Chip Muffin Apple	14 French Toast Sticks Syrup Pear Cup Frozen Fruit Cup
17 Cinnamon Mini Cinnis Orange Cup	18 Chocolate Chocolate Chip Muffin Apple Slices	19 St. Paul Croissant Breakfast Sandwich Banana	20 Celebration Muffin Apple	21 Egg & Cheese Omelet Pear Cup Frozen Fruit Cup
24 Turkey Sausage Breakfast Pizza Orange Cup	25 Chocolate Chocolate Chip Muffin Apple Slices	26 Sweet Heat Turkey Sausage or Egg Biscuit Banana	27 HANKE VIL 28 ENJOY THANKSCIVING BREAK!	

DAILY CHOICES

- · Teriyaki Chicken Rice Bowl
- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- · Menu subject to change.
- This institution is an equal opportunity provider.



UNFLURFE



LUNCH MENU

3 Penne Pasta Meat Sauce or Marinara Sauce Garlic Knot Soybutter Sandwich Choice Bar 10 Regular or Spicy Grilled Cheese Sandwich Soybutter Sandwich Homemade Tomato

Beef or Tofu Bulgogi Jasmine Rice Soybutter Sandwich

Broccoli Choice Bar

TACO DAY 5 Seasoned Beef Refried Beans Shredded Cheese Tortilla Shell

Soybutter Sandwich

Choice Bar

6 **Pancakes** Chicken Sausages

Soybutter Sandwich

Hash Browns Choice Bar

Soup Choice Bar 11

4

Orange Chicken or Tofu Jasmine Rice

Soybutter Sandwich

Mixed Vegetables Choice Bar

12

Oven Fried Chicken or Plant Based Tenders **Mashed Potatoes** and Gravy Corn Muffin

Soybutter Sandwich

Mashed Potatoes and Gravy Choice Bár

13

Cheeseburger or Veggie Burger

Soybutter Sandwich

French Fries Choice Bar

14

Cheese or Turkey Sausage Pizza

Soybutter Sandwich

Choice Bar

17

Cheese Tortellini Alfredo Sauce Shredded Cheese Garlic Knots

Soybutter Sandwich

Green Beans Choice Bar

18

Chicken Tinga Frito® Crunch Refried Beans **Shredded Cheese** Salsa

Soybutter Sandwich

Choice Bar

19

Glazed Chicken Bites or Plant Based Tenders Garlic Knot

Soybutter Sandwich

Corn Choice Bar 20

French Toast Slices Chicken Sausages

Soybutter Sandwich

Hash Browns Choice Bar

21

Dill Chicken Sandwich or Veggie Burger

Soybutter Sandwich

French Fries Choice Bar

24

Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger

Soybutter Sandwich

French Fries Choice Bar

25

Sliced Turkey Dinner Roll

Soybutter Sandwich

Mashed Potatoes and Gravy Choice Bar

26

NACHO DAY

Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips

Soybutter Sandwich

Choice Bar

27



28



Milk is available at every meal. For nutrient & allergen information, visit SchoolCafe.com/SPPS. This institution is an equal opportunity provider.

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