Food Access Resource List

*Each resource below is accessible despite the current federal government shutdown.

Hennepin County Free Food Resource Map

There are many places to access free food in Hennepin County. Scan the QR code to see a map of food shelves, food box programs, and free meal sites.

For help finding food and other resources, you can view the Hennepin County food resource map or call the Hennepin County resource helpline:
612-348-3000
8am-4:30 pm
Monday - Friday (multiple languages are available)

Hunger Impact Partners

Food for Every Child

Scan QR code with your phone to get our app.

During the school year: The app shows information on programs providing meals for children of low-income families, available at childcare centers and after-school programs, as well as weekend and holiday backpack programs available at some school sites, and food offered by hunger-relief organizations.

During summer: The app lists sites serving free meals during June, July, and August.

Year-round: The app lists Twin Cities and Greater Minnesota locations of Fare For All, which sells fresh produce and frozen meat at up to 40% off retail prices.

CSFP

COMMODITY SUPPLEMENTAL FOOD PROGRAM
NUTRITION FOR SENIORS

Apply Here: https://shorturl.at/eghB1

The Commodity Supplemental Food Program (CSFP) provides food assistance for eligible seniors.

A monthly supply of food, nutritionally designed for individuals 60 years of age and older, to enhance monthly groceries. Participants select what they need from specific food options.

No cost and Hennepin County pick-up location is
Second Harvest Heartland Food Bank
651-484-8241 or 1-800-365-0270

ISUROON

STRONG WOMEN, STRONG COMMUNITIES

Minnesota's first ethnic and community-led food shelf provides essential Halal food to those in need, ensuring access to healthy, culturally appropriate food during difficult times.

Anyone in need can receive Halal food assistance, with a focus on serving East African and other diverse communities in Minnesota. Proof of income or immigration status is NOT required.

Contact Food Shelf Coordinators at communications@isuroon.org or call (833) 437-3463 for the most updated distribution details.

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Wedge Neighborhood Food Share

The Lowry Hill East Neighborhood Association (LHENA) Food Share program offers FREE groceries to anyone in the area in need.

Spring House Ministry Center: 610 W. 28th St
2nd Saturday, 3rd Wednesday & 4th Saturday
of every month 10:30AM – 1:00PM

Sencha Tea Bar: 2601 Hennepin Ave S (produce only)
2nd Tuesday & 4th Tuesday
of every month 10:30AM - 12:00PM

https://www.thewedge.org/food-636423.html
(612) 367-6468

Groveland Food Shelf

Community food shelf offers grocery shopping up to 3 times per week.

Hosted in the basement of
Plymouth Congregational Church:
1900 Nicollet Ave
On Groveland Avenue between Nicollet and Lasalle
(Use Nicollet Ave entrance)

Monday/Wednesday/Friday: 9:30am-12:00 pm
Tuesday & Thursday 3:00pm-5:30 pm

www.grovelandfoodshelf.org/need-food
(612) 871-0277

Food in the 'Hood

Good in the 'Hood
Inspiring Intentional Kindness

Beacon of Hope Church
2827 N Newton Ave
2nd and 4th Thursdays
5:00-7:00 pm

Sanctuary Covenant Church
710 W Broadway
Wednesdays & Thursdays
11:00 am - 3:00 pm

No appointment needed

Source
Hope & Opportunity in the City

source
hope & opportunity in the city

2609 Stevens Ave
Tuesdays (walk-up only) – 9:30am-12pm
Wednesdays – 3:00pm-6:30pm

4th Saturday of the Month – 9:30am-11:00am
(No 4th Saturday food shelf in December)

www.sourcemn.org/food