

PRACTICE FOR RESULTS!

Practice Record
120 Minutes per Week

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	<i>Total Minutes</i>

Student Name (Print) _____ Date (The week of) _____

Parent/Guardian Signature _____

*Perfect Practice Record Pins are awarded each trimester with up to 18 hours of practice time recorded.
Make up/Extra credit practice records can be turned in after holiday breaks.*

ONLY YOUR BEST IS GOOD ENOUGH!

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