

1% White Milk & Skim Milk Sun Butter & Jelly Sandwich Assorted Fresh Local Fruits Assorted Fresh Local Veggies *item contains pork

Harvest of the Month: Movem

Kale

Kale leaves grow on a thick broccoli-like stalk but are picked off and sold in bunches. It is very cold-tolerant and can survive early frosts.

ACE'S CORNER

Fresh Grapes Fresh Pear



					Menus su bject to change
MONDAY	TUESDAY		WEDNESDAY	THURSDAY	FRIDAY
Chicken Tender Dinner WG Pancake & Chicken Sausages Chicken Salad Sub Ham Chef Salad* Grape Tomato Poppers Golden Com Cup Fresh Grapes Fresh Pear	<u>No School</u> Educator PD Day	4	Chelsea Big Breakfast Chicken Nugget & A Dinner Roll Turkey Chef Salad Ham & Swiss Wrap* Sweet Potato Puffs Roasted Zucchini Spears Fresh Banana Fresh Apple Slices	Beef Lasagna 6 Hamburger on a WG Bun Grab & Go Fun Lunch Egg Chef Salad Veggie Baked Beans Crunchy Celery Sticks Fresh Cantaloupe Fresh Mandarin Oranges	Cheese Pizza Sloppy Joe Turkey & Cheese Sub Chicken Caesar Salad Kale & Carrot Salad Cucumber Wheels Fresh Blueberries Fresh Fruit Cup
Orange Chicken & 10 Broccoli Over WG Rice WG Waffle & Chicken Sausages Chicken Ranch Salad Egg Veggie Salad Grape Tomato Poppers Roasted Mexicali Corn Fresh Grapes Fresh Pear	<u>No School</u> <u>Veterans Day</u>	11	BBQ Chicken Dinner 12 Chicken Nuggets & A Dinner Roll Tuna Salad Sub Chicken Nacho Salad Sweet Potato Puffs Roasted Zucchini Spears Fresh Banana Fresh Apple Slices	**Gochujang Hot Honey 13 Chic ken Sandwich** Hamburger on a WG Bun Grab & Go Fun Lunch Bean Nacho Salad Campfire Pinto Beans Crunchy Celery Sticks Fresh Cantaloupe Fresh Mandarin Oranges	Cheese Pizza 14 Pulled Pork Sandwich* Egg Salad Wrap Popcorn Chicken Salad Crispy Kale Chips Celery & Carrot Fresh Blueberries Fresh Fruit Cup
Popcorn Chicken Bowl 17 WG Pancake & Chicken Sausages Buffalo Chicken Wrap Beef Nacho Salad Grape Tomato Poppers Golden Com Cup Fresh Grapes Fresh Pear	Buffalo Chicken Meatball Mac & Cheese Chicken Taco Grab & Go Fun Lunch Tuna Salad Platter Roasted Asparagus Green Peas Fresh Clementines Fresh Pineapple Cup	18	WG Corn Dog 19 Chicken Nugget & A Dinner Roll All American Sandwich* Buffalo Chicken Salad Sweet Potato Puffs Roasted Zucchini Spears Fresh Banana Fresh Apple Slices	Beef & Broccoli 20 Over WG Rice Hamburger on a WG Bun Grab & Go Fun Lunch Chicken Salad Platter Three Bean Salad Crunchy Celery Sticks Fresh Cantaloupe Fresh Mandarin Oranges	Cheese Pizza 21 Meatball Sub Turkey & Swiss Wrap Chicken Baja Salad Kale & Cranberry Salad Creamy Coleslaw Fresh Blueberries Fresh Fruit Cup
All Beef Hot Dog 24 Crispy Chicken & Maple Syrup Waffles Turkey & Swiss Wrap Fruit & Yogurt Platter Grape Tomato Poppers Roasted Mexicali Corn	Crispy Chicken Sandwich Beef Taco Grab & Go Fun Lunch Buffalo Chicken Salad Red Pepper Stripes Green Beans	25	26 <u>No School</u> Thanksgiving Break	27 <u>No School</u> Thanksgiving Break	28 <u>No School</u> Thanksgiving Break

Fresh Clementines

Fresh Pineapple Cup