





# Schuylkill Valley High School

## November 2025



Every meal consists of servings from the following 5 meal components: Meat/Meat Alternate, Whole Grains, Vegetable, Fruit, and Milk  
 Students **MUST** select a **MINIMUM** of 3 meal components offered and 1 **MUST** be a fruit or vegetable  
**A selection of white and flavored 1% Milk is offered daily**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Generals Chicken over Brown Rice Broccoli, Clery Sticks Fresh Fruit	Bacon, Egg & Cheese on Croissant Hash Brown Buttered Peas Fresh Fruit, Fresh Veggie	Hamburger w/wo Cheese, Bacon Lettuce, Tomato, Onion & Pickles Broccoli Salad Fresh Fruit, Fresh Veggie	SCHOOL CLOSED	SCHOOL CLOSED
10	11	12	13	14
Subway Sandwiches Fresh Vegetables Fresh Fruit	Rib-B Que Sandwich w/ Pickles & Onions Cheesy Broccoli Cole Slaw, Fresh Fruit	Hamburger w/wo Cheese, Bacon Lettuce, Tomato, Onion & Pickles Baked Beans Fresh Fruit, Fresh Veggie	BBQ & Buffalo Wings Side of Mac n Cheese Cauliflower, Celery & Carrot Cup Fresh Fruit	Chicken Alfredo w/ Garli Stick Broccoli Side Salad, Fresh Fruit
17	18	19	20	21
Chicken Tenders w/ Dinner Roll Smiley Fries Seasoned Corn Fresh Fruit, Fresh Veggie	Generals Chicken over Brown Rice Broccoli, Clery & Carrot Sticks Fresh Fruit	Hamburger w/wo Cheese, Bacon Lettuce, Tomato, Onion & Pickles French Fries, Mixed Vegetables Chic Pea Salad, Fresh Fruit	Chicken Parm Sandwich Winter Blend Pasta Salad, Side Salad Fresh Fruit	Assorted Pizza Glazed Carrots Side Salad Fresh Veggie
24	25	26	27	28
Turkey w/ Gravy Stuffing, Mashed Potatoes Corn, Cranberry Sauce Pumpkin Fluff, Apple Pie Cups	Chicken Pot Stickers Vegetable Fried Rice, Broccoli Carrot Sticks, Celery Sticks Fresh Fruit	SCHOOL CLOSED 	SCHOOL CLOSED 	SCHOOL CLOSED

### THANKGIVING FEAST

THERE WIL BE NO PIZZA SERVED  
 ON MONDAY NOVEMBER 24TH



Menu is subject to change

This institution is an  
 equal opportunity provider.

#### Additional Entrée Items Offered:

Pizza  
 PB&J

Entrée Salads  
 Subs & Wraps  
 Yogurt Parfaits

#### MEAL PRICES

Breakfast - Free for ALL Students  
 Paid Lunch Cost - \$3.10