





Schuylkill Valley Middle School

November 2025



Every meal consists of servings from the following 5 meal components: Meat/Meat Alternate, Whole Grains, Vegetable, Fruit, and Milk
 Students **MUST** select a **MINIMUM** of 3 meal components offered and 1 **MUST** be a fruit or vegetable
A selection of white and flavored 1% Milk is offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Macaroni & Cheese w/ Bread Stick Seasoned Peas Side Salad, Fresh Fruit	Walking Taco w/ All the Toppings Fiesta Beans, Buttered Corn Fresh Fruit, Fresh Veggie	Dumplings & Fried Rice Oriental Blend Vegetables Clery Sticks Fresh Fruit	SCHOOL CLOSED	SCHOOL CLOSED
10	11	12	13	14
Subway Sandwich Sidewinders Fresh Fruit Fresh Veggie	Rotini w/ Meat Sauce Garlic Knot Winter Blend Side Salad, Fresh Fruit	Popcorn Chicken w/ Biscuit Cheesy Mashed Potatoes Green Beans Baby Carrots, Fresh Fruit	Taco Burrito Fiesta Beans Buttered Broccoli Cherry Tomatoes, Fresh Fruit	Ham & Cheese Pretzel Melt Tarter Tots Seasoned Peas Fresh Fruit, Fresh Veggie
17	18	19	20	21
Chili w/ Cornbread Buttered Corn Fresh Veggie Fresh Fruit	Generals Tso Chicken over Brown Rice Butter Broccoli Clery Sticks, Fresh Fruit	Roast Turkey w/ Gravy Stuffing, Mashed Potatoes Green Beans, Cranberry Sauce Pudding Parfait Cups	Buffalo Chicken Casserole w/ Tortilla Chips Fiesta Beans Baby Carrots, Fresh Fruit	Toasted Cheese Sandwich Tomato Soup Glazed Carrots Fresh Fruit, Fresh Veggie
24	25	26	27	28
Stromboli / Cheesy Bread Stick Marinara Sauce Buttered Corn Side Salad, Fresh Fruit	Philly Cheesesteak Sandwich w/ Chips Fresh Veggie Fresh Fruit	SCHOOL CLOSED 	SCHOOL CLOSED 	SCHOOL CLOSED



Menu is subject to change

This institution is an
equal opportunity provider.

Additional Entrée Items Offered:

Pizza
PB&J

Entrée Salads
Subs & Wraps
Yogurt Parfaits

MEAL PRICES

Breakfast - Free for ALL Students
Paid Lunch Cost - \$3.10