



Merced City
School District

Coffee n'rug cov Counselors

MCSD School Cov Counselors





Merced City
School District

To Taub Ntawm

Tsevkawmntawv Counseling Program

Tier 1

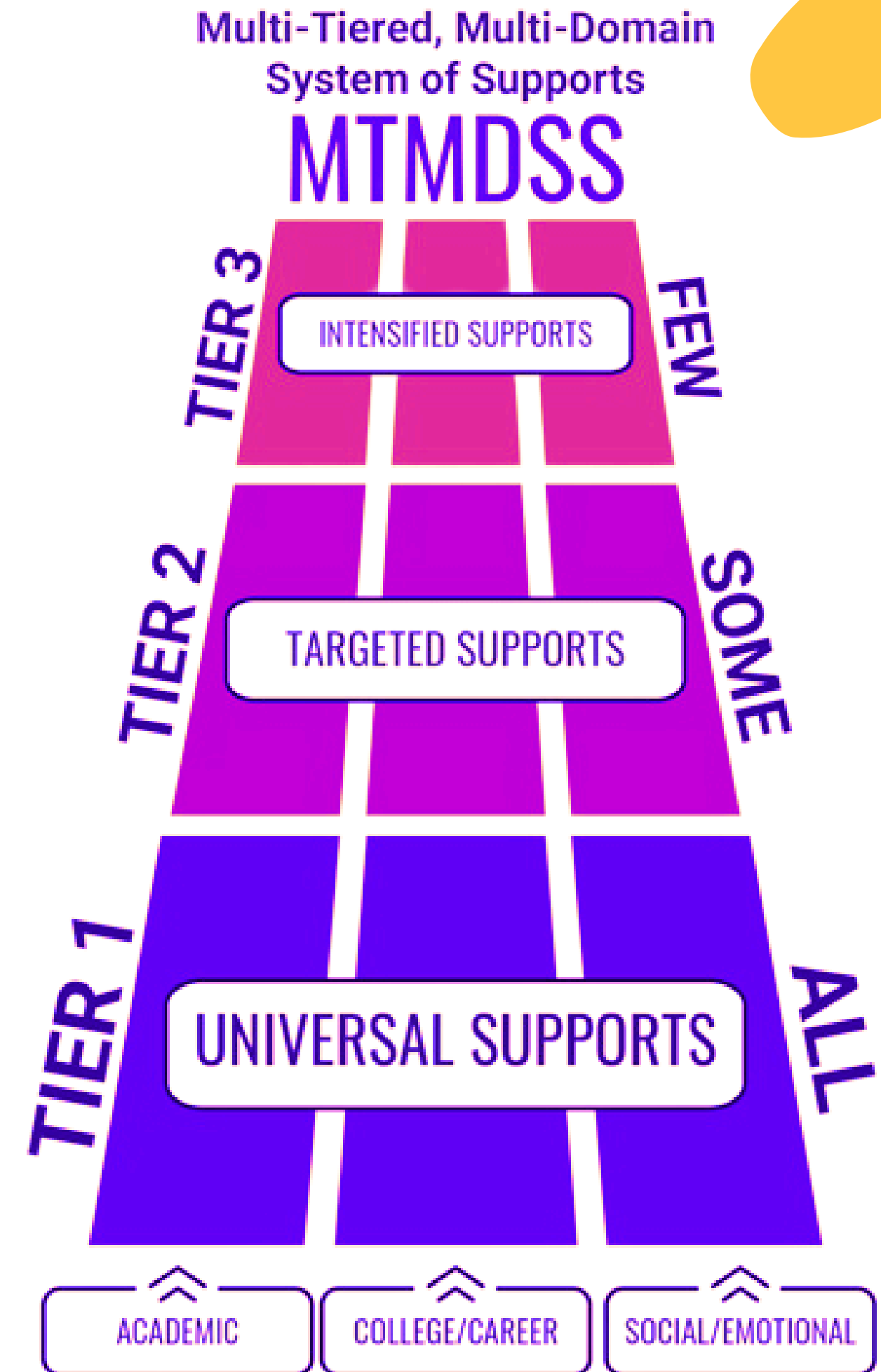
- Classroom cov Lessons
- Thoob Plawg Tsevkawmntawv Cov Activities tsaug cai nrug ASCA tsoom tub ntshais kawm ntawv cov qauv standards
- Namtxiv cov Workshops

Tier 2

- Cob Qha Ua Ib Leeg/ua tej Small Groups
- Cov Sessions Ua Ib Leeg Counseling
- Tawm Tswv Yim hab Twv Xeem
- Sibthaam & Tawm Tswv Yim

Tier 3

- Teb tsom rua qhov kws kawm, coj xeeb ceem hab kev nyuaj sab ntshuv plawv
- Sibthaam, Sib Tawm Tswv Yim, hab Refer Xaa Tawm



MCSD

Cov Resources

Counseling Claim Brochure



Scan the QR Code below
for your school counselor's
contact information.



MCSD
**SCHOOL
COUNSELING
SERVICES**

Cov Social Workers

- Txuas cov tsevneeg nrug rua cov resources
- Tug Case Management

Rov Qaab Muab Kev Ncaaj Nceeg

- Txhawb Nqaa Xeeb Ceem
- Thaam Txug Kev Sibthaam

CALCPI

- Tier 3: Clinical Counseling Saab Nraud

STOP

BULLYING!



**KOOM TEG RUA
KEV COJ ZOO**

Anti-Bullying Campaign Cov Hom Phaj

1. Nkaag Sab To Taub Bullying

- Paub qhov sib txawv ntsuab ntsaab ntawm bullying hab normal tsi sib hum sab.

2. Tsim Ib Lub Zej Zog Nyaab Xeeb

- Paab suav dlawg feel included hab saib taug.

3. Ib Lub Zej Zog kws Hlub Tshua

- Txhawb cov tub ntxhais kawm ntawv lug txawj hlub tshua hab txhawb nqaa.



Qha txug Bullying

Bullying yog dlaabtsi?

Cov Cim Ceeb Toom

Cov kev sib txawv ntawm Bullying

**Yuav Report Tau Ib Qho Bully Le
Caag**

Cov hom Bullying

KOJ yuav paab tau le caag





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Bullying

Yog Dlaabtsi?

Bullying yog yaam kws tsi xaav tau, coj xeeb ceem phem lim ham kws yog ntsig txug ib qho kws muaj tag tag losyog thawb moog rua yaam kws tsi hum sab hlo le. Tug xeeb ceem yog ua taag rua ua dlua, losyog muaj qhov potential kws rov qaab lug moog ua dlua, ntawm lub sijhawm. Ob tug mivnyuas kws tsaug bullied hab tug kws bully phem lim ham rua lwm cov tej zag muaj qhov teeb meem serious kws tsi taag tsi kawg.

Cov Sib Txawv



Tsi Paub Cai

Tsi paub cai yog has
le nua los ua ib
yaam dlaabtsi mob
mob – tsi yog txhob
txim lug moog ua
phem tabsis yeej tsi
sab zoo los saib tsi
taug

vs

Bullying

Bullying yog ua taag
ua dlua, txhob txim
coj tug xeeb ceem li
ham phem nyaum

vs

Sab Phem

Ua neeg sab phem
yog txhob txim has
losyog ua ib yaam
dlaabtsi mob mob ib
los ob zag, feem
ntau yog qhov kws
npau tawg, khib sab,
losy chi.



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Hom Kev Lim Ham Ua Phem **Bullying**

✓ **Xuv Tooj Xyuas (Cyber)**

Bullying kws muaj lug ntawm cov xaim digital devices zoo le cov phones, computer, los cov tablets- siv social media, texting, cov gaming platforms, cov emails, los cov websites

✓ **Qhov Ncau Has Lug (Verbal)**

Siv cov lu lug los cov khob lug lug has kuam mob, tso hem thawj, los thuam ib leej tug twg

✓ **Has Lug Nkawg Xaiv (Social)**

Pheej has lug phem txug ib leej tug twg qhov reputation los qhov relationships; ua kuam mob sab los tsi has ncaaj ntsaim rua

✓ **Hem Thawj Ua Phem (Physical)**

Siv teg taw kag lug ntaus los tso hem thawj ib leej tug twg. Nwg ntsig txug ua phem tsaug mob rua ib tug tuab neeg lub cev los yaam kws nwg muaj ntawd (possessions).

Cov cim ceeb toom kws tejzeg koj tug mivnyuam tub tau tsaug bullied lawm:

- Mam losyog ntshai moog kawm ntawv
- Ca le kawm poob qhab nia (failing grades)
- Pheej ywg tas noj tsi qaab nyob tsi zoo- mob taub hau, mob plaab
- Withdrawing or losing interest in activities with friends
- Noog zoo le, tu tu sab, tsi xaav ua dlaabtsi, ntshai ntshai, tu sab tsi xaav ua dlaabtsi, tsi kaam ua dlaabtsi, paab tsi tau nwg tug kheej
- Pav qha tsi tau has tas yoj vim le caag ho tsaug mob le ntawd
- Muaj teeb meem pw tsi tau- los pheej ua npau suav phem
- Hloov huv ntawm cov kev noj haus
- Mam losyog siv sijhawm ntau heev rua huv computer
- Muaj kev hloov luj heev tom qaab ntawm kws siv lub computer
- Ca le nyaum heev losyog coj xeeb ceem tsi tug tsi zoo le lawm
- Ca le pib txawj ua phem bully rua lwm cov mivnyuas los rua nwg cov nus muag

Tub Ntxhais Kawm Ntawv Yuav

Stop Tau Bullying Le Caag?



- ✓ Has lug tuaj xub hab has tas yeej tsi okay
- ✓ Txhawb nqaa paab tug neeg kws tsaug bullied
- ✓ Ua sab zoo hab xaam include lwm tug
- ✓ Report bullying rua ib tug neeg laug kws ntseeg sab.





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Txawj Siv Dlaim **STOPit App**



[Watch video on YouTube](#)

Error 153
Video player configuration error



- Download dlaim app rua koj lub phone los tablet
- Tsim ib tug account los siv tug access code muab lug ntawm koj lub tsevkawmntawv
- Ua raws ntsaim le teev taw qha lug moog report cov teeb meem ntawm bullying los xeeb ceem kws yog tsi nyaab xeeb
- Koj qhov report moog ncaaj ntsaim rua school officials lug moog claws ceev ceev

✓ **Ncu ntsoov: Reporting yeej paab tiv thaiv tau koj hab lwm tug. Ua lwm tug neeg tug phab ej raws le has lug tawm!**





Namtxiv ua tau dlaabtsi lug Paab?

- Pib has lug qheb kev sibthaam txug bullying hab online kev nyaab xeeb.
- Xyuas saib rua kev txawv txaav huv kev coj, coj xeeb ceem le caag, hab kev qhaj ntawv
- Saib xyuas rua kev siv phone hab social media.
- Txhawb nqaa koj tug mivnyuas—tig pob ntseg noog nwg has, to taub nwg, hab txhawb nwg zug.
- Txhaub positive phooj ywg kev sib tsaug zoo hab cov activities kev ua le ub le nua.
- Nyob ze ze nrug rua cov naikhu, thaajkhu, hab cov counselors.





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Xaus Kawg Nua



- Counselor Support
 - Tiers 1–3
- MCSD Cov Resources
 - Social Workers, RJI, CalCPI
- Txhais hab To Taub Ntawm Hom Bullying Twg
- Cov Cim Warning Signs ntawm Bullying
- Yuav Stop Tau Bullying Le Caag
- Reporting via ntawm dIaim StopIt App
- Namtxiv Yuav Paab Tau Le Caag



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Ua Tsaug



Scan ntawm qhov QR Code
nua rua koj lub
tsevkawmntawv tug
counselor's qhov contact
information.