

## Food Distribution Centers

### Calvary Lutheran Church Food Shelf

3901 Chicago Ave, Minneapolis, MN 55407, USA

**\*We will be closed August 30th, 2025.**

We run by appointment, and we currently have closed our waiting list. You may come for a one-time emergency box.

We have a home delivery service within a 10 mile radius. Please contact 612-285-3876 for more information. Space is extremely limited.

*Wednesdays from 11:00am to 3:00pm and Saturdays from 9:00 to 1:00 p.m* 612-285-3876 | [Visit Calvary Lutheran Church Food Shelf Website](#) | [Get Directions to Calvary Lutheran Church Food Shelf](#)

### Camden's Promise – Gethsemane Lutheran Church Food Shelf

4656 Colfax Ave North, Minneapolis, MN 55412

Serves residents of the Camden area; Lyndale – 53rd; Victory Memorial Parkway – Lowry.

There are no requirements to receive food. All are welcome without restriction or number of visits per month.

*Monday through Saturday from 11 AM till 2:30 PM.* 612-521-5216 | [Visit Camden's Promise – Gethsemane Lutheran Church Food Shelf Website](#) | [Get Directions to Camden's Promise – Gethsemane Lutheran Church Food Shelf](#)

### Campus Cupboard: Augsburg University

2016 S 8th St, Minneapolis, MN, USA

The Campus Cupboard (Basement of Anderson Residence Hall, room 26) is open to all members of the Augsburg community. The most accessible entrance is the 2016 S. 8th St entrance.

If the posted hours don't work for you, submit a request for a [Cupboard appointment](#) at another time or [order a box of shelf-stable items](#)!

Questions? Want to get involved? Need updates on the cupboard? Email [campuskitchen@augsborg.edu](mailto:campuskitchen@augsborg.edu)

*Monday-Friday: 2-5pm* 763-706-0641 | [Visit Campus Cupboard: Augsburg University Website](#) | [Get Directions to Campus Cupboard: Augsburg University](#)

### CAPI USA Food Shelf

6064 Shingle Creek Parkway, Brooklyn Center, MN 55430, USA

**Important Update:** CAPI will be operating from a temporary location **(6064 Shingle Creek Parkway; Brooklyn Center, MN 55430) from 6/9/2025 until mid-2026**

**Eligibility- Self Declare that:**

- Minnesota Resident
- Household income at or below 300% of the federal poverty guidelines

- Household income that falls within the income eligibility on the graphic below

**No appointment is needed.** At your first visit you will fill our registration paperwork, afterwards you may return to the food shelf once per calendar month. You may bring a form of identification with you but it is not a requirement.

We highly suggest calling before your visit to ensure we have not reached our 40 person capacity for that day.

Call our main line at 612.721.0122 and press (0) to verify current capacity.

*Tuesdays 1pm-4pm Wednesdays & Thursdays 9am-12pm & 1pm-4pm* 612-721-0122 | [Visit CAPI USA Food Shelf Website](#) | [Get Directions to CAPI USA Food Shelf](#)

## City of Brooklyn Park Recreation and Parks

7411 85th Ave N, Brooklyn Park, MN, USA

Jul 9, 2025-Oct 8, 2025

Participates in the following programs:

- SNAP and Market Bucks
- Farmers' Market Nutrition Program (FMNP)
- Senior Farmers' Market Nutrition Program (SFMNP)

*Wednesdays 1:00-6:00 pm*

[Visit City of Brooklyn Park Recreation and Parks Website](#) | [Get Directions to City of Brooklyn Park Recreation and Parks](#)

## Community Emergency Assistance Programs (CEAP) Food Shelf

7051 Brooklyn Boulevard, Brooklyn Center, MN 55429

Serves residents of Brooklyn Center, Brooklyn Park and Champlin (East of Hwy 169).

CEAP's Food Market uses appointments to ensure that everyone has a pleasant experience shopping. If you are interested in visiting CEAP's food shelf and receiving food, please make an appointment [here](#) or by calling 763-566-9600 (se habla español). We schedule same-day and next-day appointments.

You can also let us know if your child has an upcoming birthday, if you need personal hygiene items, or diapers/wipes/formula/baby food.

Don't have a car? No problem! Metro Mobility is a service that picks you up from your home and will bring you to CEAP and back for your appointment. Rides cost between \$3.50-4.50 and can be [scheduled here](#).

*Monday- Thursday 9:00am-3:30pm and Friday 9:00am-12:00pm* 763-566-9600 | [Visit Community Emergency Assistance Programs \(CEAP\) Food Shelf Website](#) | [Get Directions to Community Emergency Assistance Programs \(CEAP\) Food Shelf](#)

## Community Bridge Food Shelf

2400 Park Ave, Minneapolis, MN 55404

Open to all, but primarily serves Phillips Community in South Minneapolis.– 35W on the west, Hiawatha Ave on the east, Interstate 94 on the north and Lake St on the south.

Implemented a ticket system, go by groups of numbers(example: 1-30, 31-60, etc).

Food Shelf every 2nd Friday and 4th Saturday 9am to 11am: Walk-in only. Please enter the building in the back on Oakland Ave. Parking is outside the front door and in a lot across the street. Independent Shopping Model

Holiday Food Shelves

Every Thursday from noon to 1pm is a Free Community meal.

*Every 2nd Friday and 4th Saturday 9am to 11am* 612-746-4108 | [Visit Community Bridge Food Shelf Website](#) | [Get Directions to Community Bridge Food Shelf](#)

## Community Emergency Service Food Shelf

1900 - 11th Ave S, Minneapolis, MN 55404

Our food shelf is here for you and your family. We're all about providing a wide variety of fresh and healthy food options in a welcoming space.

You're in control with our client-choice model. It's like shopping, so you can pick out the foods that you and your family enjoy and that best meet your needs.

**Food Market ([By Appointment](#))\*: Tuesday-Thursday 1-6pm and Friday 1-3pm**

**Food Lockers: [Order online](#) and pick up at anytime**

Community Emergency Services is a Certified SuperShelf which means they excel at providing a welcoming environment for communities to access appealing, healthy food.

[Learn more](#)

*Tuesday-Thursday: 1-6pm Friday: 1-3pm* 612-870-1125 | [Visit Community Emergency Service Food Shelf Website](#) | [Get Directions to Community Emergency Service Food Shelf](#)

## Comunidades Latinas Unidas En Servicio (CLUES)-Minneapolis

777 East Lake Street, Minneapolis, MN 55407, USA

*Wednesday 2-5pm* 612-444-2156 | [Visit Comunidades Latinas Unidas En Servicio \(CLUES\)-Minneapolis Website](#) | [Get Directions to Comunidades Latinas Unidas En Servicio \(CLUES\)-Minneapolis](#)

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## **Campus Cupboard: Augsburg University**

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Questions? Want to get involved? Need updates on the cupboard? Email [campuskitchen@augsborg.edu](mailto:campuskitchen@augsborg.edu)

Monday-Friday: 2-5pm763-706-0641 | [Visit Campus Cupboard: Augsburg University Website](#) | [Get Directions to Campus Cupboard: Augsburg University](#)

***If you are more comfortable speaking in a language other than English, interpreter services are available (Spanish, Somali, Hmong, and many others!)***

***You can call or text 1-888-711-1151, use the chat feature, or [fill out this form to contact us](#).***

***HelpLine Hours: Monday-Friday 10:00 a.m.-5:00 p.m.***

## **Division of Indian Work**

1001 East Lake Street, Minneapolis, MN 55407

Please arrive at least 15 minutes before closing time.

We are back to serving American Indian families from inside of our building.

Serves American Indian Families.

Monday - Friday 12:00pm-3:00pm(612)722-8722 | [Visit Division of Indian Work Website](#) | [Get Directions to Division of Indian Work](#)

## **Food in the 'Hood at Cedar Valley**

8600 Bloomington Ave S, Bloomington, MN 55425, USA

Open to all- no appointment necessary

Primary contact is Jamie Morrison; [jamie@goodinthehood.org](mailto:jamie@goodinthehood.org)

*1st and 3rd Tuesday of the month from 5:00 p.m. - 7:00 p.m.*[Visit Food in the 'Hood at Cedar Valley Website](#) | [Get Directions to Food in the 'Hood at Cedar Valley](#)

## **Food in the 'Hood at Sanctuary Haven**

710 West Broadway Avenue, Minneapolis, MN 55411, USA

No appointment necessary.

Primary contact: Andrea Lee [alee@sanctuarycov.org](mailto:alee@sanctuarycov.org)

Secondary contact: Casey Summers [casey@sanctuarycov.org](mailto:casey@sanctuarycov.org)

*Every Wednesday/Thursday from 11-3 pm* [Visit Food in the 'Hood at Sanctuary Haven Website](#) | [Get Directions to Food in the 'Hood at Sanctuary Haven](#) **Categories:** *Food Shelves*

## **Food in the Hood at Beacon of Hope**

2827 Newton Ave N, Minneapolis, MN 55411, USA

Primary contact is Andrea Gerhart, [beaconofhope2827@gmail.com](mailto:beaconofhope2827@gmail.com)

*2nd and 4th Thursday of the month from 5:00 p.m. - 7:00 p.m.* [Visit Food in the Hood at Beacon of Hope Website](#) | [Get Directions to Food in the Hood at Beacon of Hope](#)

## **Food Shelf In-A-Box at MNIC Unity**

2201 Girard Ave N, Minneapolis, MN 55411, USA

Primary contact: Jamie Brooks, [jbrooks@Mnic.org](mailto:jbrooks@Mnic.org)

*3rd Wednesday of month from 2-4 pm* [Visit Food Shelf In-A-Box at MNIC Unity Website](#) | [Get Directions to Food Shelf In-A-Box at MNIC Unity](#)

## **Food Shelf In-A-Box at Nokomis East**

5540 30th Ave S, Minneapolis, MN 55417, USA

Primary contact is Pastor Polly Inestroza; [polly@crosstowncovenant.org](mailto:polly@crosstowncovenant.org)

Secondary contact is Pastor John Jacobi; [pastorjohn@crosstowncovenant.org](mailto:pastorjohn@crosstowncovenant.org)

*2nd and 4th Wednesday of month from 2-4:00 pm* [Visit Food Shelf In-A-Box at Nokomis East Website](#) | [Get Directions to Food Shelf In-A-Box at Nokomis East](#)

## **Food Shelf In-A-Box at Sonder Point**

5803 Xerxes Avenue North, Brooklyn Center, MN 55430, USA

Primary contact: Sharon Harris, [sharon.harris01@gmail.com](mailto:sharon.harris01@gmail.com)

*2nd Tuesday of the month from 2:00 p.m. - 4:00 p.m.* [Visit Food Shelf In-A-Box at Sonder Point Website](#) | [Get Directions to Food Shelf In-A-Box at Sonder Point](#)

## **Food Shelf In-A-Box at The Gathering**

3620 43rd Ave N, Robbinsdale, MN 55422, USA

Primary contact: Pastor Tabi Horne, [tabi@thegathering.com](mailto:tabi@thegathering.com)

*4th Thursday of month from 4-6 pm*

[Visit Food Shelf In-A-Box at The Gathering Website](#) | [Get Directions to Food Shelf In-A-Box at The Gathering](#)

## **Food Shelf In-A-Box at The Hillock**

4440 Snelling Ave, Minneapolis, MN 55406, USA

Primary contact: Shearise Jetoh, [shearisejetoh@ecumen.org](mailto:shearisejetoh@ecumen.org)

Secondary contact: Michael Richards, [MichaelRichards@ecumen.org](mailto:MichaelRichards@ecumen.org)

*2nd Wednesday of the month from 2:00 p.m. - 4:00 p.m.*

[Visit Food Shelf In-A-Box at The Hillock Website](#) | [Get Directions to Food Shelf In-A-Box at The Hillock](#)

## **Food Shelf In-A-Box at Tommie Shelf Minneapolis**

1000 La Salle Avenue, Minneapolis, MN 55402, USA

Primary contact: Angela Mendez, [tommiesshelf@stthomas.edu](mailto:tommiesshelf@stthomas.edu)

*3rd Wednesday of the month from 3:00 p.m. - 5:00 p.m.*

[Visit Food Shelf In-A-Box at Tommie Shelf Minneapolis Website](#) | [Get Directions to Food Shelf In-A-Box at Tommie Shelf Minneapolis](#)

## **Food Shelf In-A-Box at True Vine New Bethel**

2639 Thomas Ave N, Minneapolis, MN 55411, USA

Primary contact: Victoria Dooley, [vrjohnson67@yahoo.com](mailto:vrjohnson67@yahoo.com)

*3rd Wednesday of the month from 1:00 p.m. - 3:00 p.m.*

[Visit Food Shelf In-A-Box at True Vine New Bethel Website](#) | [Get Directions to Food Shelf In-A-Box at True Vine New Bethel](#)

## **Food Shelf In-A-Box at Zanewood**

7100 Zane Ave N, Brooklyn Park, MN 55429, USA

Primary contact: Pam McBride, [pam.McBride@brooklynpark.org](mailto:pam.McBride@brooklynpark.org)

*2nd Tuesday of the month from 12:00 p.m. - 2:30 p.m.*

[Visit Food Shelf In-A-Box at Zanewood Website](#) | [Get Directions to Food Shelf In-A-Box at Zanewood](#)

## **Foodshelf-In-A-Box @ Folwell School**

3611 20th Ave S, Minneapolis, MN 55407, USA

Primary contact: Gabriel Rovaina, [Gabriel.rovainarivera@mpls.k12.mn.us](mailto:Gabriel.rovainarivera@mpls.k12.mn.us)

*3rd Tuesday from 3-5:00 pm*

[Visit Foodshelf-In-A-Box @ Folwell School Website](#) | [Get Directions to Foodshelf-In-A-Box @ Folwell School](#)

## **Foodshelf-In-A-Box @ Hmong Int'l Academy Pop-up Mobile**

1501 30th Ave N, Minneapolis, MN 55411, USA

Primary contact is Gao Xiong, [Gao.Xiong@mpls.k12.mn.us](mailto:Gao.Xiong@mpls.k12.mn.us)

*3rd Thursday of month from 4-5:30 pm*

[Visit Foodshelf-In-A-Box @ Hmong Int'l Academy Pop-up Mobile Website](#) | [Get Directions to Foodshelf-In-A-Box @ Hmong Int'l Academy Pop-up Mobile](#)

## **Foodshelf-In-A-Box at Creekside Gables**

7601 Zane Ave N, Brooklyn Park, MN 55443, USA

Primary contact is LuAnn Plohocky [cgmanager@lanel.com](mailto:cgmanager@lanel.com)

*4<sup>th</sup> Thursday of each month from 12-2 pm*

[Visit Foodshelf-In-A-Box at Creekside Gables Website](#) | [Get Directions to Foodshelf-In-A-Box at Creekside Gables](#)

## **Foodshelf-In-A-Box at Macedonia Pop-up Mobile**

3801 1st Ave S, Minneapolis, MN 55409, USA

Primary contact is Annie Wade [fiab.mbc@gmail.com](mailto:fiab.mbc@gmail.com)

*4<sup>th</sup> Wednesday of each month from 1-3:30 pm*

[Visit Foodshelf-In-A-Box at Macedonia Pop-up Mobile Website](#) | [Get Directions to Foodshelf-In-A-Box at Macedonia Pop-up Mobile](#)

## **FreedomWorks Bread of Life**

2900 Fremont Ave N, Minneapolis, MN, USA

no appointment needed.

*Open Wednesdays 3:30-7:30 pm* 612-449-8833 | Visit FreedomWorks Bread of Life Website | [Get Directions to FreedomWorks Bread of Life](#)

## **Friendship Community Services**

2600 East 38th Street, Minneapolis, MN, USA

Walk-In during hours of operation, no appointment needed.

Friendship Community Services is a Certified SuperShelf which means they excel at providing a welcoming environment for communities to access appealing, healthy food.

[Learn more](#)

*Open 2nd and 4th Saturday from 9 am - 12 pm* 612-827-7928 | [Visit Friendship Community Services Website](#) | [Get Directions to Friendship Community Services](#)

## **Glendale SDA**

1138 Glenwood Avenue, Minneapolis, MN, USA

No limit to weekly visits, client choice

*Sundays 3:00pm- 5:00pm* 612-374-2335 | [Visit Glendale SDA Website](#) | [Get Directions to Glendale SDA](#)

## **Good Works Food Shelf**

697 13th Ave NE, Minneapolis, MN 55413

All are welcome at Good Works Food Shelf.

*Fridays from 3:00-6:00pm, West African Ethnic Food Shelf: 1st Thursday of every month: 5 pm-6:30 pm* 612-788-4829 | [Visit Good Works Food Shelf Website](#) | [Get Directions to Good Works Food Shelf](#)

## **Grace Evangelical Free Church**

755 73rd Ave NE, Fridley, MN 55432

*Distribution operates the 2nd Friday of each month from 5-7pm.* 763-784-7199 | [Visit Grace Evangelical Free Church Website](#) | [Get Directions to Grace Evangelical Free Church](#)

## **Greater Mount Vernon Baptist Church**

1800 Dupont Ave N, Minneapolis, MN, USA

We offer a curbside food giveaway on Saturdays from 11:15 am – 1:00 pm. Call 612-522-6052 if you have questions.

*Saturdays 11:15am-1pm* (612) 522-6052 | [Visit Greater Mount Vernon Baptist Church Website](#) | [Get Directions to Greater Mount Vernon Baptist Church](#)

## **Groveland Emergency Food Shelf**

1900 Nicollet Ave S, Minneapolis, MN 55403

Visit the food shelf up to three times a week.

*Tuesdays and Thursdays we are open 3pm-5:30pm* 612-871-0277 | [Visit Groveland Emergency Food Shelf Website](#) | [Get Directions to Groveland Emergency Food Shelf](#)

## **Hope for the Community Huntington Place Apartments**

5805 73rd Ave N, Brooklyn Park, Minnesota 55429, USA

By appointment call 612-382-5326 but accept Walk-ins

**Note:** Located in a residential complex with on-site security. Non-resident participants should check in at the security gate or front office. Staff will provide directions and assist non-residents in accessing food.

*Tuesdays 9am-5pm* 612-382-5326 | [Get Directions to Hope for the Community Huntington Place Apartments](#)

## **Imam Hussain Islamic Center**

6120 Brooklyn Blvd, Minneapolis, MN 55429, USA

COVID-19 Updates: Pre-packed Boxes, Mobile Distribution Route, Mobile Distribution to clients who are homebound in Brooklyn Center, Coon Rapids

*Delivery on Friday and Saturdays 10am to 3 pm 763-300-9677 | [Get Directions to Imam Hussain Islamic Center](#)*

## **Isuroon Halal Food Shelf**

3027 2nd Ave S, Minneapolis, MN 55408, USA

While walk-ins are accepted at certain locations, we encourage individuals to register or contact our Food Shelf Coordinators at [communications@isuroon.org](mailto:communications@isuroon.org) or call (833) 437-3463 for the most updated distribution details.

*M-F 9am-3pm – after hours/weekends use the emergency phone line 612-517-8095 or 612-886-2731 | [Visit Isuroon Halal Food Shelf Website](#) | [Get Directions to Isuroon Halal Food Shelf](#)*

## **Jericho Food Shelf**

1628 East 33rd Street, Minneapolis, MN 55407

Serves residents of South Minneapolis, specifically the Lake Street to 46th Street area. However, will serve anyone their first time visiting. Accepts walk-ins.

*Monday-Thursday 1:30-4:30pm; Thursday 10am-Noon (produce distribution) 612-455-1193 | [Visit Jericho Food Shelf Website](#) | [Get Directions to Jericho Food Shelf](#)*

## **Little Kitchen Food Shelf**

1500 6th St NE, Minneapolis, MN, USA

The Little Kitchen Food Shelf is a no-boundaries, no-restrictions food shelf serving Northeast Minneapolis and beyond. Also stocked with dog and cat food to feed the companion animals of those in need.

**Pre-registration is required for new clients; please call 612-788-2444 between 9am and 11am, Mon-Fri.** No ID or proofs required, no restrictions by zip code.

**Is there a limit to the number of people you serve?** We serve a maximum of 25 households each day we are open. We're trying our best to maintain our inventory and continue offering walk-in service. **If you arrive after we've met our limit, you can still take home an emergency food bag.**

*Tuesdays/Thursdays from 6-7:30pm and Saturdays from 10am-12pm 612-788-2444 | [Visit Little Kitchen Food Shelf Website](#) | [Get Directions to Little Kitchen Food Shelf](#)*

## **Loaves & Fishes at Brooklyn United Methodist Church**

7200 Brooklyn Blvd, Brooklyn Center, MN 55429

Grab-and-go meals

**Service Location:** Meals served curbside outside the single door facing the east side of the parking lot.

*Monday, Wednesday, Friday Noon-1 pm | [Visit Loaves & Fishes at Brooklyn United Methodist Church Website](#) | [Get Directions to Loaves & Fishes at Brooklyn United Methodist Church](#)*

## **Loaves & Fishes at Brunswick United Methodist Church**

6122 North 42nd Avenue, Crystal, MN 55422

Grab and go meals

Service Location: Outside the main door on the back side of the building off the parking lot

*Wednesday, 5:30 – 6:30 PM* [Visit Loaves & Fishes at Brunswick United Methodist Church Website](#) | [Get Directions to Loaves & Fishes at Brunswick United Methodist Church](#)

## **Loaves & Fishes at Faith United Methodist Church- St. Anthony**

2708 33rd Ave NE, Minneapolis, MN, USA

Service Type: Dining In

*2nd Thursday: 5:00 to 6:00 PM* [Visit Loaves & Fishes at Faith United Methodist Church- St. Anthony Website](#) | [Get Directions to Loaves & Fishes at Faith United Methodist Church- St. Anthony](#)

## **Loaves & Fishes at Holy Rosary Catholic Church**

2424 18th Ave South, Minneapolis, MN 55404

Grab-and-go meals

Service Location: Meals served from the doorway on 18th Ave. S on the east side of the building.

*Monday through Thursday, 5:15 to 6:15 pm* 612-724-8929 | [Visit Loaves & Fishes at Holy Rosary Catholic Church Website](#) | [Get Directions to Loaves & Fishes at Holy Rosary Catholic Church](#)

## **Loaves & Fishes at Living Hope Ministries (Grocery Distribution Only)**

1737 Adams St NE, Minneapolis, MN 55413, USA

Service Location: Guests enter in the single door facing Adams Street and take a left.

Groceries are distributed in the main gathering area.

*2nd and 4th Wednesday from 5:30 – 6:30 PM*

[Visit Loaves & Fishes at Living Hope Ministries \(Grocery Distribution Only\) Website](#) | [Get Directions to Loaves & Fishes at Living Hope Ministries \(Grocery Distribution Only\)](#)

## **Loaves & Fishes at Mount Olivet Lutheran Church**

5025 Knox Ave S, Minneapolis, MN 55419, USA

Grab-and-go meals

*Thursday from 4:00 – 5:30 PM*

[Visit Loaves & Fishes at Mount Olivet Lutheran Church Website](#) | [Get Directions to Loaves & Fishes at Mount Olivet Lutheran Church](#)

### **Loaves & Fishes at Nokomis Heights Lutheran Church**

5300 10th Ave S, Minneapolis, MN 55417, USA

Grab-and-go meals

*Wednesday from 5:00 – 6:00 PM*

[Visit Loaves & Fishes at Nokomis Heights Lutheran Church Website](#) | [Get Directions to Loaves & Fishes at Nokomis Heights Lutheran Church](#)

### **Loaves & Fishes at Peace House Community**

1816 Portland Ave, Minneapolis, MN 55404, USA

Grab-and-go meals

*Monday – Friday 5:00- 6:00 PM*

[Visit Loaves & Fishes at Peace House Community Website](#) | [Get Directions to Loaves & Fishes at Peace House Community](#)

### **Loaves & Fishes at Proverbs Christian Fellowship Church**

3210 N Oliver Ave, Minneapolis, MN 55412, USA

Grab and go meals

Service Location: Served curbside outside the brown double doors facing Lowry Ave. N

*2nd and 4th Saturday of the month from 11:00 AM – Noon*

[Visit Loaves & Fishes at Proverbs Christian Fellowship Church Website](#) | [Get Directions to Loaves & Fishes at Proverbs Christian Fellowship Church](#)

### **Loaves & Fishes at Salvation Army Temple Corps Lunch**

1604 E Lake Street, Minneapolis, MN 55407

Grab-and-go meals

Service Location: Meals served on the sidewalk on E. Lake Street., near E. Lake Street main entrance door.

*Monday-Wednesday Noon-1 pm* | [Visit Loaves & Fishes at Salvation Army Temple Corps](#)

[Lunch Website](#) | [Get Directions to Loaves & Fishes at Salvation Army Temple Corps Lunch](#)

### **Loaves & Fishes at Serenity Village North**

3800 Russell Ave N, Minneapolis, MN 55412, USA

Service Location: Hybrid meal service with to-go and in-person dining options. To-go meals served from the main door facing the intersection of Russell Ave. N & Dowling Ave.

*Monday – Friday from Noon – 1:00 PM*

[Visit Loaves & Fishes at Serenity Village North Website](#) | [Get Directions to Loaves & Fishes at Serenity Village North](#)

## **Loaves & Fishes at True Foundation Church of God in Christ**

5840 Lilac Drive North, Brooklyn Center, MN, USA

**Service Location:** Guests to enter in Main Door Entrance (pictured below). Take your first right toward the Fellowship Hall. Meals are served in-person in the Fellowship Hall; to-go meals are available as well.

*Wednesday from 5:30 – 6:30 PM*

[Visit Loaves & Fishes at True Foundation Church of God in Christ Website](#) | [Get Directions to Loaves & Fishes at True Foundation Church of God in Christ](#)

## **MAS MN Masjid Taqwa Food Shelf**

Muslim American Society 1608 Como Ave, St Paul, MN 55108, USA

Serves anyone.

No appointment is necessary. Clients are able to receive food assistance monthly on the designated days. New clients must bring a driver's license or other ID and request to fill out an application.

*3rd Saturday of each month from 12PM-1.00PM.* 612-964-5757 | [Visit MAS MN Masjid Taqwa Food Shelf Website](#) | [Get Directions to MAS MN Masjid Taqwa Food Shelf](#)

## **Mary F. Frey Opportunity Center**

740 E 17th St, Minneapolis, MN 55404, USA

Free meals offered Mondays through Saturdays, including holidays; closed on Sundays:

- Breakfast: 7:00am – 8:00am (2 seatings)
- Lunch: 11:30am – 12:30pm (2 seating)

*Mondays through Saturdays, including holidays; closed on Sundays* (612) 204-8300 | [Visit Mary F. Frey Opportunity Center Website](#) | [Get Directions to Mary F. Frey Opportunity Center](#)

## **Minneapolis Central Church of Christ**

1922 N 4th Ave, Minneapolis, MN 55405, USA

*Saturday's 11-2pm and for emergencies* 612-374-5481 | [Visit Minneapolis Central Church of Christ Website](#) | [Get Directions to Minneapolis Central Church of Christ](#)

**Categories:**  
*Food Shelves*

## **Minnehaha Food Shelf**

3701 E 50th Street, Minneapolis, MN 55417

Serves anyone

*Tuesdays 10am-3pm* 612-721-6231 | [Visit Minnehaha Food Shelf Website](#) | [Get Directions to Minnehaha Food Shelf](#)

## **Nutritious U Food Pantry**

300 Washington Ave SE, Minneapolis, MN 55455, USA

The Nutritious U is an on campus food pantry, providing free food to students who struggle to get enough to eat.

Coffman Memorial Hall – Room 103A

Open twice a month on Wednesdays and Thursdays.

11:00am-5pm 651-271-0189 | [Visit Nutritious U Food Pantry Website](#) | [Get Directions to Nutritious U Food Pantry](#)

## **Operation Living Hope**

2201 Girard Ave North, Minneapolis, MN 55411

2nd and 4th Wednesday of the month

Call for more information 763-227-2438 | [Get Directions to Operation Living Hope](#)

## **Palisade Assembly of God**

204 North 1st Street, Minneapolis, MN, USA

Third Tuesday of each month from 10 AM - 2 PM 218-232-2625 | [Visit Palisade Assembly of God Website](#) | [Get Directions to Palisade Assembly of God](#)

## **PALISADE MOBILE PANTRY**

7th Avenue North, Minneapolis, MN, USA

4th Tuesday of Each Month 1:30 p.m. 218-326-4420 | [Visit PALISADE MOBILE PANTRY Website](#) | [Get Directions to PALISADE MOBILE PANTRY](#)

## **PICA – McKnight Center Food Shelf**

4225 3rd Ave S, Minneapolis, MN, USA

7:30-5PM M-F 612-825-7422 | [Get Directions to PICA – McKnight Center Food Shelf](#)

## **PRISM Marketplace Food Shelf**

1220 Zane Ave North, Golden Valley, MN 55422

Any individual or family experiencing financial stress is eligible to be a participant and access the Marketplace Food Shelf.

Families can come in on a walk-in basis. First-time visitors should arrive at least 30 minutes before the food shelf closes.

For housing services please call (763) 432.4217.

Shop for Change Thrift Shop

Monday – Wednesday & Friday: 9am – 5pm

Thursday: 9am – 7pm

Saturday: 9am – 3pm

Monday - Wednesday: 10am - 4pm and Thursday: 11am - 7pm. 763-529-1350 | [Visit PRISM Marketplace Food Shelf Website](#) | [Get Directions to PRISM Marketplace Food Shelf](#)

## **Rescue Now Services, Inc**

697 13th Ave NE, Minneapolis, MN, USA

*1st Thursday: 5pm-6:30pm (West African Ethnic Food Shelf)*

Friday: 3pm- 6:30pm 612-788-4829 | [Visit Rescue Now Services, Inc Website](#) | [Get Directions to Rescue Now Services, Inc](#)

## **Salvation Army Central Minneapolis Food Shelf**

2727 Central Ave NE, Minneapolis, MN 55418

Please call 612-789-2858 to schedule a Food Shelf appointment.

*Monday and Wednesday 8am–11:30am and 1pm–3:45pm, and Friday 1pm–3:45pm* 612-789-2858 | [Visit Salvation Army Central Minneapolis Food Shelf Website](#) | [Get Directions to Salvation Army Central Minneapolis Food Shelf](#)

## **Salvation Army North Minneapolis Community Lunch**

2024 Lyndale Ave N, Minneapolis, MN 55411, USA

*Weekdays from 11:30 a.m. - 12:30 p.m.* 763-425-0517 | [Visit Salvation Army North Minneapolis Community Lunch Website](#) | [Get Directions to Salvation Army North Minneapolis Community Lunch](#)

## **Salvation Army North Minneapolis Food Shelf**

2024 Lyndale Ave N, Minneapolis, MN 55411

Client-choice food shelf (by appointment only, please call 612-522-4871). Entry way has boxes of food for anyone, no appointment needed.

*Monday through Thursday 9:00-11:30 am and 1-3 p.m* 612-522-4871 | [Visit Salvation Army North Minneapolis Food Shelf Website](#) | [Get Directions to Salvation Army North Minneapolis Food Shelf](#)

## **Salvation Army South Office**

1604 E Lake Street, Minneapolis, MN 55407

COVID-19 Updates: By Appointment

*Monday, Tuesday, and Thursday 9:00 am to 12:00 pm & 1:00 pm to 4:00 pm* (612) 767-2705 | [Visit Salvation Army South Office Website](#) | [Get Directions to Salvation Army South Office](#)

### **Serenity Village Community Church**

4100 Douglas Dr N, Crystal, MN 55422, USA

Note: No boundaries, no identification needed at pick up, call ahead with name and family size, curb side pick-up

Schedule online at <http://www.svcc.as.me>

*Fridays from 9:30am-2pm (appointment only)* 763-533-3929 | [Visit Serenity Village Community Church Website](#) | [Get Directions to Serenity Village Community Church](#)

### **Sharing & Caring Hands**

525 North 7th Street, Minneapolis, MN 55405

Bags of food with boxed and canned pantry items

*Monday-Thursday, 10-11:30am or 1:30-3:30pm* 612-338-4640 | [Visit Sharing & Caring Hands Website](#) | [Get Directions to Sharing & Caring Hands](#)

### **Sharing and Caring Hands**

525 N 7th Street, Minneapolis, MN 55405

All are welcome.

*Monday - Thursday at 10:00am & 1:00pm; Saturday and Sunday at 10:00am; no meals are served on Fridays.* 612-338-4640 | [Visit Sharing and Caring Hands Website](#) | [Get Directions to Sharing and Caring Hands](#)

### **Shiloh Cares Food Shelf**

1201 Broadway Avenue, Minneapolis, MN, USA

- Must be in line by 2:30pm to shop same day.
- We are restocked and ready to serve you free fresh healthy foods and we also have free cooked meals each Wednesday & Thursday.
- The first week of each month we also giveaway household supplies such as laundry detergent and dish soap.

*Wednesday -Friday 10:00AM-3:00PM* 612) 302-1463 | [Visit Shiloh Cares Food Shelf Website](#) | [Get Directions to Shiloh Cares Food Shelf](#)

### **Simpson Food Shelf**

2609 Stevens Avenue South, Minneapolis, MN 55408, USA

#### **Tuesday**

9:30 am-12 pm

Walk in only and bring your bags and boxes

#### **Wednesday**

3:30 pm-6pm

Drive up and Walk in

### **4th Saturday of the Month**

9:30 am-11 am

Drive up and Walk in

*Tuesday 9:30am-12pm, Wednesday: 3:30pm-6:00pm and 4th Saturday 9:30am-11am* 612-874-7741 | [Visit Simpson Food Shelf Website](#) | [Get Directions to Simpson Food Shelf](#)

### **Soup For You Cafe – Holy Trinity Lutheran Church**

2730 E 31st St, Minneapolis, MN 55406, USA

Soup For You is a café where you are our guest. Have a seat at a table and a volunteer will come by, ask you for your soup order and bring it to you. We serve flavorful soups (2-3 varieties per day) and you may enjoy up to two bowls of soup.

*Monday - Friday Noon to 1:00pm Lunch and Wednesdays (Grocery Distribution)* 612-978-7974 | [Visit Soup For You Cafe – Holy Trinity Lutheran Church Website](#) | [Get Directions to Soup For You Cafe – Holy Trinity Lutheran Church](#)

### **Source MN Food Shelf**

2609 Stevens Ave, Minneapolis, MN 55408, USA

Drive-up/ Curbside

Every Tuesday (walk-up only) – 9:30am-12noon at 2609 Stevens Ave, Minneapolis

Every Wednesday – 3:00-6:30pm at 2609 Stevens Ave, Minneapolis. Todos los miércoles de 3-6:30pm en 2609 Stevens Ave, Minneapolis. Conducir o caminar para recibir comida.

4th Saturdays of the Month – 9:30am-11:00am at 2609 Stevens Ave, Minneapolis. Los cuartos sábados del mes de 9:30-11:am en 2609 Stevens Ave, Minneapolis. Conducir o caminar para recibir comida.

*Tuesday's 9:30-12 and Wednesdays 3-6:30pm, 4th Saturdays of the month 9:30-11am* (612) 822-5200 | [Visit Source MN Food Shelf Website](#) | [Get Directions to Source MN Food Shelf](#)

### **The Bond Between Pet Food Shelf**

2501 Minnehaha Ave Minneapolis, MN 55404

The Bond Between pet food shelf is currently available to people who live within the city limits of Minneapolis. The food shelf is to be used as an emergency resource only and is meant to supplement additional resources you may have or receive. By accepting food/supplies, you are indicating that you are in need due to low income, economic crisis, disability or are a member of a First Nations Indigenous Band. Evidence will need to be provided for both new and returning clients.

Clients who live outside of the city of Minneapolis (as defined by zip code) are allowed to shop once every six months. Clients who live within Minneapolis can shop once every 30 days. Clients who are early will be asked to leave and return at the appropriate date.

## The Salvation Army – Temple Corps

1604 E Lake Street, Minneapolis, MN 55407

Appointments only, please call 612-721-1513

*Monday 1:30 p.m.-3:00 pm, Tuesday and Thursday 9:00 am-11:00 a.m. and Wednesday 1:00- 3:00 p.m.* 612-721-1513 | [Visit The Salvation Army – Temple Corps Website](#) | [Get Directions to The Salvation Army – Temple Corps](#)

## Urban Refuge Drop-in Center

5501 Chicago Ave, Minneapolis, MN 55417, USA

We provide a variety of groceries: meat, vegetables, fruits, canned goods, bread. Client choice

*Every Saturday we provide a hot meal, and Every 3rd Saturday we provide groceries.* (612) 338-7226 | [Get Directions to Urban Refuge Drop-in Center](#)

## VEAP Mobile at Dar Al-Farooq

8201 Park Ave S, Minneapolis, MN 55420

Primarily fresh fruits and vegetables. All are welcome!

*Every Friday from 12:00-2:00pm or when food is gone* 952-888-9616 | [Visit VEAP Mobile at Dar Al-Farooq Website](#) | [Get Directions to VEAP Mobile at Dar Al-Farooq](#)

## Waite House Food Shelf

2323 11th Ave South, Minneapolis, MN 55404

Open to all, but primarily serves Phillips Community in South Minneapolis.

Walk-in only. Please enter the building from the 13th Avenue entrance. Free hot meals are provided in the Community Cafe Monday through Thursday, 11am-12:30pm (also through the 13th Avenue entrance)

COVID-19 Update: **Pre-filled pantry bags are available for pick-up at Waite House and Brian Coyle Center during the usual food shelf operating hours. You do not need to make an appointment, but first-time visitors will be asked to complete a brief registration process.**

Produce Day- every 2nd & 4th Wednesday of each month from 10am-12pm.

Waite House Food Shelf is a Certified SuperShelf which means they excel at providing a welcoming environment for communities to access appealing, healthy food. [Learn more](#)

*Mondays: 12-4 pm*

*Tuesdays: 10 am-12 pm & 1-4 pm*

*Wednesdays: Not open*

*Thursdays: 10 am-12 pm & 1-4 pm*

*Fridays: Not open*

612-721-1681 | [Visit Waite House Food Shelf Website](#) | [Get Directions to Waite House Food Shelf](#)