DIAL 988

DIAL 211 essential community services

Human Services | Fall 2024

Community Resource Guide

Directory of Services in the Gilbert Area



gilbertaz.gov/housing

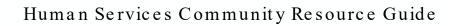




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This is a brief listing of some of the providers available in and near Gilbert. This guide is intended to connect residents with community assets, provide information about resources to improve quality of life and offer access to information for residents who need services.

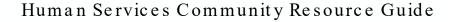
The Town of Gilbert (Gilbert) does not endorse any provider or evaluate the quality of service provided. You are encouraged to research and determine the best provider for your family.

Gilbert accepts no liability for the content of this Resource Guide, or for the consequences of any actions taken based on the information provided.

Other resources may be available at 211, Maricopa County Health Services and County Department of Public Health and via 211 at cir.org.

It's our goal to provide current and accurate information; however, businesses may have changed locations or contact information. To report errors or to submit additional agencies for consideration, <u>click here.</u>

Date Revised: 11/05/2024





2-1-1 Community Information & Referral 24/7

Connects to expert, caring help. Confidential. 2llarizona.org

Heritage Resource Center -Gilbert

132 W Bruce Ave, Gilbert 85233 480-428-5446

gilbertaz.gov/heritage-center

AZCEND

Neighborhood Assistance Services (NAS) -

Emergency financial assistance for utilities and eviction prevention.

Family Resource Center - Free parenting education workshops, interactive family play opportunities, for families with children 0-5.

azcend.org

Dignity Health

480-428-5446 x201

Children's dental clinic, immunization clinics, vision and hearing clinics for children, Healthier Living Self-Management

Children's Dental 480-292-8728 Hearing & Vision 480-728-3140

Immunization Clinic 480-728-3777 (Spanish) 480-728-2004 (English)

480-728-2376

Healthier Living Workshops

dignityhealth.org

Southwest Behavioral & Health Services

Counseling services, case management, Child and Family Team Meetings, resource development, and community outreach.

480-820-5422 | 602-265-8338

www.sbhservices.org

Women, Infant & Children (WIC)

Nutrition and breastfeeding information, health foods, community referrals

602-506-9333

<u>maricopa.gov/1491/Women-Infants-Children-</u>WIC

Abuse, Adult & Children

9-1-1

Adult Protective Services

Services to protect adults from abuse, neglect, or exploitation.

1-877-767-2385

Speak Up AZ

Raising awareness of adult abuse, neglect, and exploitation in Arizona.

speakupaz.org

Arizona Department of Child Safety

Report suspected child abuse, neglect, exploitation, or abandonment

1-888-767-2445

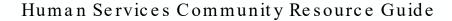
dcs.az.gov/

Winged Hope

Assistance with treatment of child abuse or domestic violence

480-757-7030

wingedhope.org





Adoption/Foster Care

Aid to Adoption of Special Kids

Connecting children in foster care to mentors, creates families through adoption and foster care

602-254-2275

aask-az.org

Arizona Friends of Foster Children Foundation

AFFCF creates opportunities to build self-esteem and empower children and youth in foster care by funding services to enrich their life experiences and ensure their successful transition to adulthood. 602-693-1866 affcf.org

ASA Now

Respite care, therapeutic programs, and support for foster families and caregivers 623-428-1592

asanow.ora

Boost a Foster Family

Offering assistance to unlicensed Kinship Foster Families in need

480-298-5665

boostafosterfamily.org

Child Crisis Arizona: Family Resource Center, Adoption, Foster Care

Education classes, foster care and adoption services

480-834-9424

childcrisisaz.org/

Eagle Pathway

Aging out of foster care 480-225-6664

eaglepathway.wixsite.com

Foster Care & Adoption - Arizona's Children Association

Train and support foster care families; provide adoption services

800-944-7611

arizonaschildren.org

Foster Arizona

Young Adult Housing Program, Kids Connection Program, Foster Cooperative, Educational Videos 480-369-0377

fosterarizona.org

Helen's Hope Chest

Clothes, personal hygiene items, school supplies, & baby items for children in foster care 480-969-5411

helenshopechest.org

Jose's Closet

Clothes, school backpacks, toys, diapers and other resources for foster/adoptive families 480-309-1743

480-313-8496 (For emergency foster placements and benefactors)

josescloset.org

LDS Family Services: AZ Mesa LDS Family Services Office

1-800-453-3860 x 2-1711 480-968-2995

providentliving.churchofjesuschrist.org

Alcohol and/or Drugs

Addiction Centers

Locate addiction centers

844-994-1177

addictionresource.net



ASAP - Adolescent Substance Abuse

Outpatient program for teens (12-18) who are seeking treatment of substance abuse

602-434-0249

asapaz.com

Community Bridges 24/7

Crisis mobile teams, inpatient/outpatient opioid & mental health treatment

877-931-9142

communitybridgesaz.org

Celebrate Recovery

Recovery ministry 480-632-8920

sunvalleycc.com

Dynamic Living Counseling

Counseling, classes and treatment services

602-277-2112

dynamicliving.net/

Gilbert Youth & Adult Resources

Comprehensive counseling program

480-635-7701

qilbertaz.qov

Hope for Addiction, Inc.

Weekly meetings, mentorship, transition support and practical tools

480-782-0403

Addiction Recovery | Hope for Addiction

Pathways Program for Teens & Young Adults

Rehab treatment center 877-921-4050

thepathwayprogram.com

Recovery

Find addiction treatment centers in Arizona 602-837-3588 addictions.com

Recovery Café

Supportive community space and resources for individuals recovering from addictions. 480-530-7090

recoverycafeaz.org

Salvation Army Adult Rehabilitation Center

Residential recovery program 602-256-4500 | 602-267-4100 phoenixarc.salvationarmy.org

Teen Challenge of Arizona

Faith-based solutions for youth, adults and families struggling with life controlling problems. 800-346-7859

tcaz.org

Other Resources

<u>Parent's Guide to Fentanyl</u> <u>Protecting Children from Online Drug Dealers</u>

Animals: Stray or Injured/ Animal Cruelty/Placement

Angels for Animals

Providing financial assistance and free veterinary services angelsforanimals.org

Arizona Pet Project

Connecting our vulnerable community members in crisis with services and resources to prevent the unnecessary surrender of their pets.

602-882-8627

info@azpetproject.org azpetproject.org

HALO Animal Rescue

Adoptions and rescues 602-971-9222

halorescue.org

gilbert

Human Services Community Resource Guide

Arizona Humane Society

Rescue & adoptions 602-997-7585 x134 azhumane.ora

Maricopa County Animal Care & Control

A public animal shelter committed to finding good outcomes to lost, surrendered, & stray dogs 602-506-7387

maricopa.gov/pets

Pet Housing Help AZ

Supporting Pets and People Facing Housing Insecurity
PetHousingHelpAZ.org

Red Rover

Bringing animals and their people from crisis to care

916-429-2457

info@redrover.org Redrover.org

The Pet Fund

Providing financial assistance to pet owners Thepetfund.com

Injured Wildlife

East Valley Wildlife

Bird, including ducks; small mammals 480-814-9339

<u>EastValleywildlife@gmail.com</u> eastvalleywildlife.org

Fallen Feathers

Helps orphaned, lost, and injured wild birds 623-533-2348 fallenfeathers.org

Liberty Wildlife

Birds, mammals, reptiles, amphibians 480-998-5550 libertywildlife.org

Southwest Wildlife

Large Native Arizona mammals
480-433-5656
southwestwildlife.org

Wild at Heart – Raptor Rescue Organization 24/7

A rescue, rehabilitation, and release center for birds of prey in Arizona 480-595-5047

Info@WildAtHeartOwls.org wildatheartraptors.org

Veterinary Emergency Group

Sick or injured waterfowl 480-845-0229 veterinaryemergencygroup.com

Benefits

Arizona Health Care Cost Containment System (AHCCCS)

Medical insurance coverage 602-417-7100 Application: 855-432-7587 des.az.gov

Arizona Long Term Care System (ALTCS)

Medicaid program to help seniors and disabled individuals afford health care 602-417-6600

altcs.com

DES Childcare Assistance

Financial aid for child-care assistance 602-542-4248 | 1-800-308-9000 des.az.gov

Medicare

Health care assistance for 65+ 1-800-772-1213 | TTY 1-800-325-0778 ssa.gov

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Human Services Community Resource Guide

Nutrition Assistance

(formerly Food Stamp program)

Supports families to prevent under-nutrition 1-855-432-7587

des.az.gov

Social Security Disability (SSI/SSDI)

Benefits to disabled adults and children 1-800-772-1213 | TTY 1-800-325-0778 socialsecurity.gov

Social Security (retirement)

Retirement financial benefits 1-800-772-1213 | TTY 1-800-325-0778 ssa.gov

DES Cash Assistance

Temporary cash assistance to meet basic needs 1-855-432-7587

des.az.gov

Women, Infants and Children (WIC)

Nutrition program, supplemental foods & referrals for pregnant, breastfeeding and postpartum women, infants & children under 5 1-800-252-5942

azdhs.gov/azwic

Child/Teen Services

A New Leaf, Inc. Childcare

After school programs 480-832-9268

turnanewleaf.org

Big Brothers Big Sisters

Mentoring program for 6-18 602-264-9254 | TTY 1-800-367-8939 bbbsaz.org

Bloom 365

Working to remove the barriers to help and prevent abuse before it starts to increase safety and healing 888-606-4673 bloom365.org

Boys Town National Crisis Hotline

Provide information, guidance, and expertise 800-448-3000

boystown.org

Chandler-Gilbert YMCA

Sports, childcare, community programs 480-899-9622 valleyymca.org

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Child & Family Resources

Accessible programming that helps parents be the best they can be and allows children to thrive 888-241-5002

valleyymca.org

Florence Crittenton Services of Arizona

Provides emergency shelter, residential housing, healthcare, education counseling, and social support to girls and young women, ages 10-25 602-274-7318 | TDD 602-288-4551 flocrit.org

Gilbert Boys & Girls Club

After school, teen & summer programs; youth and teen sports leagues; homework assistance **480-813-2020**

bgcaz.org

HomeBase Youth Services – Homeless Youth

Housing program is open to individuals of all ethnicities with specialized communities for homeless youth.

602-263-5531

nativeconnections.org



notMYkid

Education programs-substance abuse, bullying, internet safety and more 602-652-0163

notmykid.org

Teen Lifeline, Inc. 24/7

Suicide counseling 800-248-8336 | 602-248-8336 teenlifeline.org/

Child Care/After School Care

Chandler School District -Child Care

Childcare for ages 0-5, Kids Express before and after school care for grades K-8
480-812-7000

cusd80.com

Child Care Resources & Referral

Resource to find quality childcare near you 1-800-308-9000

arizonachildcare.org

East Valley JCC

Early learning center for all, school break camps, and preschool

480-897-0588

evjcc.org

Gilbert Boys & Girls Club

After school, teen & summer programs; youth and teen sports leagues; homework assistance 480-813-2020

bgcaz.org

Gilbert Public Schools - VIK

Before & after school programs K-6th grade, full day programs ages 3-5 yrs old, summer programs 480-892-9089 x0

gilbertschools.ce.eleyo.com

Gilbert Public Schools-ToyBox

Early education child care program for ages 3-5 480-373-5569

gilbertschools.ce.eleyo.com

Higley School District - Kids Club

Before/After, summer & school break programs ages 3-12

480-279-7055

husd.org

Counseling Services

A New Leaf, Counseling Service

Counseling center for children and youth 480-969-4024

turnanewleaf.org

Center for Compassion

Psychotherapy & grief counseling

480-530-6441- Call or Text

<u>info@thecenterforcompassion.com</u> <u>thecenterforcompassion.com</u>

Childhelp 24/7

For children affected by child abuse 480-922-8212 | 1-800-422-4453 National 24/7 childhelp.org

Family Service Agency Counseling

Out-patient behavioral health clinic

602-264-9891

fsaphoenix.org

Gilbert Youth & Adult Resources

Comprehensive counseling program for Gilbert youth and families

480-635-7701

gilbertaz.gov

Jewish Family & Children's Services

Counseling & behavioral health services 602-279-7655

ifcsaz.org



Valle Del Sol

Adult, youth and family counseling 602-258-6797 valledelsol.com

Dental Services

US Dental Services

Offering low cost and free dental care https://www.usdentalservice.com/state/arizona/

Dignity Health Children's Dental Clinic-Gilbert

Providing preventative dental services and oral health education at no cost to qualifying patients 480-292-8728

dignityhealth.org

Dignity Health Screenings

Free dental screenings for expectant mothers, babies, and children through age 5 480-782-5709

dignityhealth.org

Domestic Violence & Sexual Abuse

24-Hour DV Hotline

480-890-3039 or 1-844-SAVEDVS

dvstop@turnanewleaf.org

A New Leaf/ Autumn House Domestic Violence Shelter

Refuge from abuse and violence 480-890-3039

turnanewleaf.org

AZ Coalition to End Sexual & Domestic Violence

Helpline, education, resourcing
602-279-2900 TTY 1-800-787-3224
acesdv.org

CeCe's Hope Center

Improving the lives and future of 18-30 year old female victims of sexual abuse by bridging the gap in available services and support

480-625-7044

cecescenter.org

Chrysalis Shelter 24/7

Includes shelter, transitional housing, adult and child counseling, court victim advocacy and offender treatment for women, men and children.

602-944-4999 24/7 | 602-955-9059

noabuse.org

CAAFA

Emergency shelter, support groups, legal advocacy, case management, sexual assault victim advocacy

480-890-3039 (hotline)

480-982-0205 (business related needs)

turnanewleaf.org

Domestic Violence Support/Shelter

Shelter search, answers to DV questions domesticshelters.org

DOVES - 50+

Helps victims of late-life (ages 50+) DV

602-264-2255

aaaphx.org

Eve's Place

Free advocacy services for victims/survivors of sexual violence

623-537-5380

evesplace.org

Fresh Start Women's Resource Center

Education, resources and support for women 602-252-8494

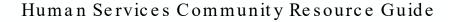
freshstartwomen.ora

Gilbert Youth & Adult Resources

Comprehensive counseling program for Gilbert youth and families

480-635-7701

gilbertaz.gov





Mesa Family Advocacy Center

On-scene crisis intervention from trained Victim Services personnel; medical attention is provided on-site to physical and sexual assault victims 480-644-4075

mesafamilyadvocacycenter.com

My Sister's Place -DV Shelter

Domestic violence shelter 480-821-1024

catholiccharitiesaz.org

National Domestic Violence Hotline

800-799-7233 | TTY 1-800-787-3224 thehotline.org

Starbright Foundation

Rescue children and young adults from human sex trafficking and abusive/dangerous environments

925-487-2261

starbrightfoundation.org

Winged Hope

Assistance with treatment of domestic violence 480-757-7030

Wingedhope.org

Woman Shelters

Listings of shelters, transitional housing, residential treatment centers and women's residential services.

womenshelters.org

Lost our Home Pet Rescue

Provides up to 90 days of complete care for pets when their pet parents experience a life hardship and are unable to care for them temporarily.

lostourhome.org

Drugs

See "Alcohol and/or Drugs" on page 5.

Eating Disorders

Healthy Futures-Scottsdale

Offers the utmost professional and comprehensive treatment for those with eating disorders

480-451-8500

healthyfuturesaz.com

Rosewood Ranch - Tempe

General counseling, nutrition, and psychiatric services for eating disorders

480-741-4871

rosewoodranch.com

Education Resources - Adult & Youth

Arizona Department of Education

High quality educational opportunities to all 602-542-5393 | 1-800-352-4558 azed.gov

Arizona Kids Think Too

Serving disadvantaged youth and their families providing academic tutoring, family education nights, early literacy interventions, and more 602-441-2443

azkidsthinktoo.org

Arizona Literacy and Learning Center, Inc.

Help children and youth who have literacy / dyslexia and other language-based disorders 602-212-1089

mightycause.com

Advocacy 31nine

Educational support for students in foster care and tutoring program.

480-757-4100

advocacy31nine.org



Chandler-Gilbert Community College

Empowers students to unlock their full potential through inclusive learning opportunities and community engagement.

480-732-7000

cqc.edu

Child Crisis Arizona

The Family Education Program offers workshops, classes, support groups, legal clinics, and family-friendly activities. All these programs center around teaching positive parenting skills that build strong families.

480-834-9424

childcrisis.org

Dress for Success

Empower women to achieve economic independence by providing a network of support, professional attire and the development tools 602-489-7397

dfsphoenix.org

First Things First

Healthy development and learning of young children 0-5

602-771-5100 | 1-877-803-7234

azftf.gov

Fresh Start Women's Resource Center

Education, resources and support for women 602-252-8494

freshstartwomen.org

Friendly House

Early Childhood Development, Adult Education, Workforce Development, Family Immigration Services, Homecare for Seniors /Physically Disabled, Parent Education & Drug Prevention, Emergency Supportive Services

602-257-1870

friendlyhouse.org

Fusion You

Mentorship of a certified life coach and skilled processors

480-646-6598

houseofclayaz.com

GPS-Parent University

Empower families to raise children to be safe and successful in school and life.

480-497-3300

gilbertschools.net

Healthy Families Arizona

Resources for families dcs.az.gov

HD-South – Home of the Gilbert Historical Museum

Offering free and low-cost community programming for all ages, focusing on art, history, health & wellness, music, literature, and science.

480-926-1577

hdsouth.org

Junior Achievement of Arizona

Money management skills

480-377-8500

jaaz.org

New Directions Institute for Infant Brain Development

Provides parents and caregivers with training and tools for optimal development

(602) 371-1366

cpfamilynetwork.org

Positive Paths for Women

Providing scholarships, mentoring and professional development for East Valley women (480) 788-0615

positivepathsaz.org



Southeast Regional Library

Storytime, baby time and more 602-652-3000

mcldaz.ora

Perry Branch Library

Storytime, baby time and more 602-652-3000 mcldaz.org

Southwest Human Development

Child development, early literacy, disability services

602-266-5976

swhd.org

Emergency/Crisis

9-1-1

Stop a crime! Report a fire! Save a Life!

9-8-8

Suicide & Crisis Lifeline

Adult Protective Services

1-877-767-2385 | 602-542-4446 des.az.gov

Department of Child Safety

1-888-767-2445 | TDD 602-530-1831 dcs.az.aov

Gilbert Police Non-Emergency

480-503-6500

gilbertaz.gov/police

Maricopa CRISIS Line

602-222-9444

crisisnetwork.org

Teen Lifeline

602-248-8336

Starbright Foundation for Abused Children

Housing for victims of trafficking and child abuse 480-371-3381

starbrightfoundation.org

Veteran Crisis Line

988 (press 1)

Urgent Psychiatric Care (UPC) 24/7

Adult only 24 hr emergency/crisis psychiatric care

602-416-7600

connectionsarizona.com

Employment Services

Allied Forces-Temp Services

Match job seekers with the right client company that fit their skillset & experience.

855-423-8367 | (480) 649-6004

alliedforces.com

Arizona Women's Education & Employment

Connect clients with better jobs 602-601-7200 awee.org

Fresh Start Women's Resource Center

Education, resources and support for women 602-252-8494

freshstartwomen.org

Goodwill Career Center

Career services free of charge

602-535-4444

goodwillaz.org



Maricopa Workforce Connections

Job placement, skills assessments, job training, career counseling and resume development.

602-372-9700 | 602-506-5911

arizonaatwork.com

St. Joseph the Worker

Assist homeless, and disadvantaged individuals in their efforts to become self-sufficient through quality employment.

844-SJW-JOBS | 844-759-4627

siwiobs.org

Food/Clothing

AZCEND

Emergency & supplemental food boxes 480-963-1423

azcend.org

City Hope

Food bank, hygiene, and clothing

480-686-8408

cityhopeaz.org

Child Crisis Arizona Resource Distribution Center

Assists in providing daily living necessities for homeless students, families in transition, victims and children of domestic violence.

602-926-9155

childcrisisaz.org

Friendly House

Food boxes, hygiene boxes 602-257-1870 friendlyhouse.org

Gilbert Senior Center Meals

On-site daily lunch program

480-503-6061

gilbertaz.gov

House of Refuge

Certified food bank for the public 480-988-9242

houseofrefuge.org

Matthew's Crossing Food Bank

Emergency and supplemental food boxes 480-857-2296

matthewscrossing.org

Midwest Foodbank

Food distribution center to non-profits. 480-892-0134

midwestfoodbank.org

One Small Step

Providing free clothes to people in need 480-285-4111

onesmallstep.org

Paz de Cristo

Nightly meal service, food boxes, showers, clothing bank, clothing vouchers, hygiene.

464-2370

pazdecristo.org/

Salvation Army – Chandler Corp

Food pantry and meal program

480-963-2041

salvationarmyusa.org

St. Anne's Friends of the Needy

Food, clothing toys, household appliances 480-507-4400

stanneaz.org

St. Mary's Food Bank Alliance

Food distribution warehouse to agency partners 602-242-3663

firstfoodbank.org

St. Vincent de Paul

Dining rooms, clothing distribution

602-261-6886 | 602-266-4673

stvincentdepaul.net



United Food Bank

Food distribution warehouse to agency partners 480-926-4897

unitedfoodbank.org

Vineyard Community Church

Clothing and food boxes

480-892-5828

vineyardaz.com

Functional/Special Needs

Ability360

Programming to empower people with disabilities 602-256-2245

Ability360

ACCEL Adult Services

Adult programs provide lifelong education and vocational training for individuals over the age of 18 with developmental disabilities

602-997-2331

accel.ora

Arizona Autism United

Services for children with autism and their families

602-773-5773

azaunited.org

AZ Center for the Blind & Visually Impaired

Promoting resourcefulness, independence, dignity and employability

602-273-7411

acbvi.org

AZ Commission for the Deaf & Hard of Hearing

Referral center for issues related to people with hearing loss

TTY 800-352-8161 | Voice 602-542-3323 acdhh.org

AZ DES – Services for Blind, Visually Impaired and Deaf

Assist individuals to achieve employment des.az.gov

AZ Council Spinal & Head Injuries

Resources and information

602-774-9148

headspineaz.org

Arizona Relay Service 7-1-1

Assists in connecting deaf, hard of hearing, deafblind or have difficulty speaking to whom they need to reach

602-542-3323

TTY 1-800-367-8939 | Voice 1-800-842-4681 azrelay.org

Autism Society of Greater Phoenix

Mentoring, support groups, advocacy

480-940-1093

phxautism.org/

Autism Speaks

Resources for programs and services

888-288-4762

autismspeaks.org

A Brighter Avenue

Therapies, early autism programs, in home services

480-474-4173

abrighteravenue.org

AZ HBS- Home Based Services

Habilitation, respite and attendant care 480-351-9479

Azhbs.com

Best Buddies International

Leadership development and living, jobs and friendships for people with intellectual and developmental disabilities.

602-253-6301

bestbuddies.org

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Human Services Community Resource Guide

Brain Injury Alliance

Helping to improve the quality of life for everyone impacted by brain injury. 1-888-500-9165

biaaz.org

Chandler Gilbert ARC

Teaching and support to individuals with intellectual and developmental disabilities

480-892-9422

cgarc.org

Civitan Foundation

Respite, habilitation, attendant care, day treatment for adults, home and community-based services, group supported employment and recreational events Transportation is offered to and from services.

602-953-2944

civitanfoundationaz.com

Cornerstone Healthcare Inc.

In home service provider

1-800-743-8013

cornerstone<u>healthcareaz.com/</u>

DES-Developmental Disabilities

Support and services for eligible people who 1-844-770-9500

des.az.gov

Down Syndrome Network of Arizona

Programs serve all age groups in the Down syndrome community.

480-759-9150

dsnetworkaz.org

Foundation for Blind Children

Education, tools and services to those with vision loss

602-331-1470 | 602-678-5800

seeitourway.org

Gilbert Adaptive Recreation Program

Programs and activities for 14+ with adaptive recreation needs

480-503-6270

gilbertaz.gov

Marc Community Resources Inc.

Educational, therapeutic, rehabilitation and social services to children & adults with developmental, physical disabilities and behavioral health challenges

480-969-3800

mightycause.com

Moneygeek

Homeownership and modification options for individuals with disabilities

moneygeek.com

Parenting Special Kids Network

Parents of children with disabilities of all ages get support, access to resources, and personalized assistance to ensure their children receive the services they need to thrive.

480-201-3375

jeff@psknetwork.org parentingspecialkidsnetwork.org

Raising Special Kids

Support, training, information and assistance so families can become advocates for their children with disabilities.

602-242-4366

raisingspecialkids.org

Smiles for Special Needs

Respite, habilitation and attendant care **480-361-1972**

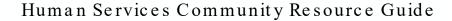
smilesforspecialneeds.com

Southwest Autism Research and Resource Center

Clinical, school-based, and employment-based autism programs and services

602-340-8717

autismcenter.org





Southwest Human Development

Developmental assessments, inclusion program, assistive technology, autism services and more 602-266-5976

swhd.org

Valley Center of the Deaf

Provide services to help live independently 602-267-9121 | TTY 602-267-9122 vcdaz.org

Grief & Loss

GriefShare

Support for grief journey after loss of a loved one 480-600-8352 griefshare.org

Hospice of the Valley

For adults or teens who have suffered a loss 602-530-6900

hov.org

MISS Foundation

For those who have lost a child 1-602-279-6477 missfoundation.org

Mesothelioma Grief Counseling

Cancer caused by inhaled asbestos fibers. asbestos.net

New Song Center for Grieving Children

Support groups and activities for children, teens or young adults who have lost a loved one 480-951-8985

hov.org

Stepping Stones of Hope

Support groups and camps for kids, teens, adults and families who have lost a loved one 602-264-7520

steppingstonesofhope.org

Health: Low/No Cost

Adelante Healthcare, Inc.

Primary medical care for the whole family, including family and internal medicine, pediatrics, dental and on-site lab, WIC/nutrition and help applying for AHCCCS and other assistance.

877-809-5092

adelantehealthcare.com

Affordable Health Insurance

Access to the best and most affordable health care options in Arizona affordablehealthinsurance.com

Arizona Health Care Cost Containment System (AHCCCS)

Medicaid agency that provides medical insurance and health care programs 602-417-7100 | 1-800-334-5283 azahcccs.gov

Chandler Care Center

Provides free medical, dental, counseling and social services for children and families 480-812-7900

Dignity Health-Gilbert

Immunization clinics, vision and hearing clinics for children, Healthier Living Self-Management

Hearing & Vision 480-728-5602

Immunization Clinic 480-728-2004 (children) 480-728-3777 (adults)

Workshops 480-728-2376

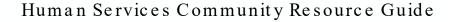
dignityhealth.org

Dignity Health-Chandler Regional

Child safety, Heart health and Motherhood classes.

480-728-3000

dignityhealth.org





Desert Mission Medical Services

Adult day healthcare senior enrichment programs

602-807-6374

desertmission.com

Medical Loan Closets

Durable medical equipment (canes, walkers, wheelchairs, etc.)

Ability360 602-296-0536 Aster Aging 480-964-9014 AZPVA 602-244-9168 Catholic Charities 602-997-6105 St. Vincent de Paul 602-261-6896

Mission of Mercy-MOM

Free primary medical care and prescription medications for uninsured patients

480-758-8343

momaz.org

Oak Street Health

Doctors for adults on Medicare 480-887-9816 oakstreethealth.com

Hospitals: Medical

Banner Desert Medical Center

480-412-3000

bannerhealth.com

Banner Gateway Medical Center

480-543-2000 | 855-256-6444

bannerhealth.com

Banner Heart Hospital

480-854-5000

bannerhealth.com

Banner Children's at Desert

480-412-5437

bannerhealth.com

Chandler Regional Medical Center

480-728-3000

dignityhealth.org

Mercy Gilbert Medical Center

480-728-8000

dignityhealth.org

Phoenix Children's Hospital

602-933-1000

phoenixchildrens.org

Phoenix ER Medical Hospital (Chandler)

480-284-5867

phoenixERhospital.com

Hospitals: Psychiatric

Aurora Psychiatric 24/7

877-870-7012 24/7 | 480-345-5420

auroraarizona.com

Banner Behavioral Health

480-448-7500

bannerhealth.com

Community Bridges Inc. 24/7

480-962-7711 or 877-931-9142

communitybridgesaz.org/

Copper Springs East 24/7

480-667-5500

coppersprings.com

Mind 24/7 - 24/7

Walk in available for behavioral health services

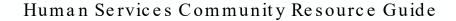
1-844-Mind247

https://www.mind24-7.com/

Oasis Behavioral Health Hospital

480-917-9301

obhhospital.com





Quail Run Behavioral Health 24/7 (8-11/adults)

602-455-5700

quailrunbehavioral.com

St. Luke's Behavioral 24/7

602-251-8535 | 1-800-821-4193

stlukesbehavioralhealth.org

Urgent Psychiatric Care (UPC) 24/7 walk in

602-416-7600

connectionsarizona.com

Housing Repair

Ability360

Home modification program assisting people with disabilities

602-256-2245

Ability360.org

Habitat for Humanity

Builds and improves homes for individuals & families

602-268-9022

habitatcaz.org

Homes for Single Moms

Help single mother homeowners manage & maintain their homes with support, resources, education and maintenance

homesforsinglemoms.org/

Home Safety Evaluations

Town of Gilbert Fire and Rescue

480-503-6300

gilbertaz.gov

Rebuilding Together

Critical repairs and accessibility modifications at no cost to income-eligible seniors, veterans, families with young children, and those with disabilities

480-774-0237

rtvos.org

Town of Gilbert - Emergency Home Repair Program

Emergency and minor home repairs to income eligible Gilbert homeowners to assist with health or safety related home repairs.

480-503-6277

gilbertaz.gov

Housing -Transitional & Rent Assistance

Affordable Rental Movement of Save the Family

Transitional housing and supportive services for homeless families with children; rent assistance 480-898-0228

savethefamily.org

Arizona Housing, INC.

Provides quality affordable housing coupled with comprehensive supportive services

602-228-7832

azhousinginc.org/

Neighborhood Assistance Services AZCEND

Rent & Utility assistance

480-963-1423, x126

azcend.org

Freedom & Liberty House

Short and long-term transition homes for at-risk single moms and children

480-782-0403

ahometodwell.com

House of Refuge

Providing safe, stable transitional housing to families experiencing homelessness. Must qualify (not emergency shelter)

480-988-9242

houseofrefuge.org



Salvation Army - Chandler Office

Assist with paying utilities, rent or other vital payments

480-963-2041

arizona.salvationarmy.org

Other Resource Guides: publicservicedegrees.org

Immigration Services

MP legal services LLC

Prepares legal documents

602-715-3329

mplegalservicesaz.com

Sanchez Immigration

Practices federal immigration and nationality law 480-275-2407

topratedimmigration.com

The Widow's Mite

Assists African refugees

facebook.com/widowsmiteaz/

Translation AZ

Professional translation services for all languages 1-800-620-4789

translationaz.com

Legal

AZ Coalition to End Sexual and Domestic Violence (ACESDV)

Legal Advocacy Hotline 602-279-2900 | 800-782-6400 TTD/TTY 602.279.7270

acesdv.org

Community Legal Services

Legal services to lower income eligible residents experiencing legal problems

480-833-1442 (EV) | 602-258-3434 (Phxz0 TTY 602-254-9852

clsaz.org

Family Legal Assistance Program (FLAP)

Free or reduced fee legal help for those who qualify

602-506-7948

azlawhelp.org

State Bar of Arizona

Resources on finding a lawyer, legal help and education

602-252-4804

azbar.org

VITA-Volunteer Income Tax Assistance

Taxes prepared for free 480-969-8601

mesaunitedway.org

Lesbian, Gay, Bisexual, Transgendered, Queer (LGBTQ)

GLSEN

Community connections & crisis assistance 602-705-9780 glsen.org

Greater Phoenix Gay & Lesbian Chamber of Commerce

Supports an inclusive business environment 480-648-9423

equalitychamber.org

One-N-Ten

Serves youth and young adults ages 11-24. 602-400-2601 or 602-279-0894 onenten.org

Phoenix Pride

Promotes unity, visibility and self-esteem through programs

602-277-7433

phoenixpride.org

gilbert 🖐

Human Services Community Resource Guide

Teen Lifeline

24 hr service with trained peer counselors 602-248-8336

teenlifeline.org

Trevor Project

Crisis intervention and suicide prevention for LGBTQ youth

866-488-7386

thetrevorproject.org

Mental/Behavioral Health

AZ Teen Crisis Solutions

623-879-9600 | Crisis Text 741741

Bring Change to Mind

BC2M empowers students to advocate with friends, teachers and others for mental health awareness to help create more empathetic and stigma free school environments bringchange2mind.org

Community Bridges 24/7

Crisis stabilization services and emergency interventions

877-931-9142

communitybridgesaz.org

EMPACT

Mobile crisis support, case management and trauma healing program

1-800-273-8255

suicidepreventionlifeline.org

Gilbert Youth & Adult Resources

Comprehensive counseling program for Gilbert youth and families

480-635-7701

gilbertaz.gov/police

Hushabye Nursery

Providing short-term medical care to infants suffering from neonatal abstinence syndrome 480-628-7500

... ...

hushabyenursery.org

IMHR Epicenter Phx (ages 15-35)

Therapy, education, support and medicine management 602-321-5738

Jewish Family & Children Services

Counseling & behavioral health services, substance abuse counseling and recovery 480-820-0825 | 602-279-7655 ifcsaz.org

Valleywise Health

Connect to behavioral health, substance use and crisis care services

602-344-5011 | 1-833-855-9973

valleywisehealth.org

Mind 24/7 -24/7

Walk-in mental health care to patients in minutes 844-646-3247 (call or text) mind24-7.com

NAMI Valley of the Sun office

Advocates for access to services, treatment and education programs

602-244-8166

namivalleyofthesun.org

Redemption Psychiatry & Counseling

Outpatient group to provide mental health treatment to children, teens and adults in the East Valley

480-471-8560

redemptionpsychiatry.com

Resilient Health

Youth, individual, family and group counseling for mental health and substance use challenges with an emphasis on trauma-responsive treatments.

877-779-2470

resilienthealthaz.org

gilbert 🖐

Human Services Community Resource Guide

San Tan Behavioral Health

Screening/assessments, treatment planning, counseling, life skills, behavior coaching, and therapeutic recreation programs

480-507-3644

santanbhs.com

Semicolon Society

Free mental health education/suicide prevention support, events and resources www.semicolonsociety.org

Southwest Behavioral & Health Services

Providing integrated behavioral & health services to children, adolescents and adults 480-820-5422 | 602-265-8338

sbhservices.org

Military/Veterans

American Red Cross

Supports military families during deployments and emergencies

602-336-6660

redcross.org

Military/Veterans Crisis Line

Connect with a qualified responder

988 press 1

602-277-5551 Phx VA Health Care

veteranscrisisline.net

Military OneSource

Assistance in preparing for deployment, homecoming and reintegration

800-342-9647

militaryonesource.mil

Military.com

Guard and reserve family resources for deployment, benefits and support available military.com

Project Sanctuary

Supports military families and assists with reintegration

720-561-9193

projectsanctuary.us/

Rally Point Arizona

Veterans helping veterans and their families with suicide prevention

480-784-1514 | 1-855-725-5948

rallypointaz.org

Veterans 5-9 (after hours support)

Helping to create 24/7 veteran support

480-498-8700

veterans5-9.com

Veteran's Affairs Health Clinic-Gilbert

Primary health care, psychiatry, psychology dermatology, gastroenterology and rheumatology.

480-397-2800

va.gov

Veterans Hospital

Health care services, dental, nutrition, and mental health services

602-277-5551

phoenix.va.gov

Pets

Angels for Animals

Providing financial assistance and free veterinary services

angelsforanimals.org

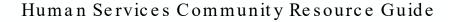
Arizona Pet Project

Connecting our vulnerable community members in crisis with services and resources to prevent the unnecessary surrender of their pets.

602-882-8627

<u>info@azpetproject.org</u>

azpetproject.org





Red Rover

Bringing animals and their people from crisis to care

916-429-2457 info@redrover.org

Redrover.org

The Pet Fund

Providing financial assistance to pet owners

Thepetfund.com

Pet Housing Help AZ

Supporting Pets and People Facing Housing Insecurity

PetHousingHelpAZ.org

Pregnancy

Choices Pregnancy Center

Free consultations, ultrasounds, pregnancy tests and pregnancy information

480-733-2740

choicesaz.org

Hope Women's Center

Safe haven for at-risk women and girls 480-983-4673 (AJ) | 602-715-0999 (Phx)

hopewomenscenter.org

Maggie's Place

House of hospitality for pregnant and parenting women in need

602-262-5555

maggiesplace.org

Pregnancy Care Center

Free pregnancy testing, options counseling, ultrasounds, referrals and resources. PCC does not provide or refer for abortions.

480-374-2994

pccchandler.com

Recovery Centers

A Better Today Recovery Services

Resources to help find substance abuse treatment.

1-888-906-0952

abtrs.com

Buena Vista Health and Recovery

Medically managed residential and inpatient Arizona addiction treatment campus specializing in drug rehab and alcohol rehab

1-800-922-0095

<u>buenavistarecovery.com</u>

Community Bridges, Inc.

Crisis stabilization services are emergency interventions that can last up to a maximum of 23 hours.

(877) 931-9142

Communitybridgesinc.org

Pathway Program

Teen/ Young Adult support groups, parent support group, intensive outpatient treatment, residential treatment.

1(877)-921-4050

thepathwayprogram.com

Renaissance Recovery Center

To help the addicted and afflicted heal through evidence and faith-based solutions.

480-526-7738

renaissancerecoverycenter.com

Seniors

About Care, Inc.

Transportation, respite care, minor repairs, shopping & errands, wellness checks and enhanced managed care

480-802-2331

aboutcare.org

gilbert 🖐

Human Services Community Resource Guide

Ability360

Removal of architectural barriers in the homes of residents with disabilities.

602-256-2245 Ability360

Alzheimer's Association

Education and support to caregivers, patients, and families

602-528-0545

alz.org

Area Agency on Aging

Advocate for older adults and senior help line. 602-264-2255 | TTY/TDD 602-241-6110 aaaphx.org

Arizona Assisted Living Facilities & Senior Care

Senior placement organization to help families find safe care options

866-560-5656

carepatrol.com

Assisted Living Locators

480-818-6515

Karen.advocacy@gmail.com

Aster Aging

In home support, referral & care information 480-964-9014

asteraz.org

AZ Medicare Plans

Medicare resource center counselors, advocates, and educators.

medicareplans.com/arizona/

Chandler Senior Center

Recreational, social and support services including an on-site hot lunch program

480-782-2720

chandleraz.gov

East Valley Dial-a-Ride

ADA transportation for those unable to use the local bus service due to a disability

602-253-5000

valleymetro.org

East Valley Senior Home Sharing

Matching older adults as roommates

480-389-1284

<u>info@evseniorhomesharing.org</u>

evseniorhomesharing.org

ElderConnect

Access to a Free tablet to use for games, video calling, messaging, watching movies, and more. No Wi-Fi needed.

regina.walsh@aaaphx.org

Gilbert Community Center-Home of Senior Center

On-site daily lunch program, classes, activities and health presentations.

480-503-6061

gilbertaz.gov

Meals - Home Delivered

Hot meal is delivered to homes Monday-Friday 602-264-4357

aaaphx.org

Mercy Housing Southwest – Page Commons Resident Services

Low income senior housing 55+.

480-813-4609

mercyhousing.org

National Council on Aging (NCOA)

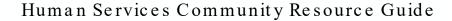
Tools, resources, and best practices for the aging ncoa.org

Senior Help Line

24 hr information and assistance resource to help you find the service you need for transportation, housing, long-term care, meals, home care, etc.

602-264-4357

aaaphx.org





Shelters: Homeless

Centralized Screening for Homeless Individuals and Families

 Singles
 602-759-5356

 Families
 602-595-8700

 Domestic Violence
 480-890-3039

 Youth
 602-271-9904

 Veterans & Veteran Families
 602-248-6040

Central Arizona Shelter Services (CASS)

Family and individual housing program. 602-256-6945

Child Crisis Arizona (ages 0-11) 24/7

Provides emergency shelter to children.

480-834-9424

childcrisisaz.org/

Family Housing Hub

Providing emergency shelter and housing resources for those in Maricopa County 2-1-1 or 877-211-8661

fhhub.org

Family Promise

Emergency shelter and social services that help families move toward independent housing and self-sufficiency.

(480) 659-5227

familypromiseaz.org

HomeBase Youth Services – Homeless Youth

Housing program is open to individuals of all ethnicities with specialized communities for homeless youth.

602-263-5531

nativeconnections.org

Interfaith Homeless Emergency Lodging Program (I-HELP)

Safe place to sleep, hot meal and shower for adults experiencing homelessness. Case management, clothing and employment services. 480-963-1423x112

azcend.org

Maggie's Place

House of hospitality for pregnant and parenting women in need over the age of 18.

602-262-5555

maggiesplace.org

Lost our Home Pet Rescue

Provides up to 90 days of complete care for pets when their pet parents experience a life hardship and are unable to care for them temporarily. lostourhome.org

Special Needs

See "Functional Needs" on p. 14"

Suicide

9-1-1

Suicide & Crisis Lifeline 24/7 988

Lifeline (988lifeline.org)

American Foundation for Suicide Prevention

Provides resources and aid to those affected
Crisis text line TALK to 741741
Local chapter 480-262-1746
afsp.org

Beconnected-24/7

Peer Support Specialists who offer support to service members, veterans and families 602-347-1100 | 866-429-8387



Crisis Response Network - 24/7

24/7 crisis response network to assist children and adults connect with medical, legal, affordable housing services and more.
988

crisisresponsenetwork.org

EMPACT Suicide Prevention 24/7

Suicide Prevention Center 480-784-1500 | 1-800-273-8255 empact-spc.com

The Jason Foundation

School based curriculum, online staff development programs and parent seminars 1-888-881-2323 jasonfoundation.com

Mercy Care 24/7

Crisis intervention, support and referrals 844-534-4673 mercycare.org

Semicolon Society

Free presentations and support for suicide prevention and postvention semicolonsociety.org

Teen Lifeline 24/7

Suicide counseling with trained peer counselors 602-248-8336

teenlifelineTeen.org

Terros Mobile Crisis Unit 24/7

Provides assessment, intervention, and connection to ongoing care resources. All services are available to everyone at no cost. 800-631-1314

terroshealth.org

The Hope Institute of CUSD

Suicide intervention services 480-770-1773 thehopeinstitute.net

Trevor Project 24/7

Crisis intervention and suicide prevention for LGBTQ youth 866-488-7386

thetrevorproject.org

Support Groups

Al Anon/Alateen 24/7

Support for family members and teens who are worried about someone with a drinking problem 480-969-6144

al-anoneastvalley.org

Alcoholics Anonymous 24/7

Meetings for those who have had a drinking problem

480-834-9033 aaphoenix.org

aamesaaz.org

Alzheimer's Association

Support individuals, families, care partners and communities affected by dementia.

1-800-272-3900

alz.org

Autism Speaks | East Valley Autism Network

Resources for programs and services 480-231-4214 | 1-888-288-4762 eastvalleyautismnetwork.com autismspeaks.org

Hidden Heroes-Military Caregivers

Support for those caring for an injured service member

202-249-7172

hiddenheroes.org

Let's Go Recovery - East Valley

The opposite of addiction is connection

480-599-4551

letsgorecovery.org



National Alliance on Mental Illness

Meetings of caregivers of individuals with a mental illness

480-994-4407

namiarizona.org/

Transportation

About Care

Transportation to medical, groceries and/or social appointments

480-802-2331

aboutcare.org

Aster Aging

In home support, referral & care information 480-964-9014

asteraz.org

East Valley Rides

Daily rides for the disabled

480-238-4270

eastvalleyrides.com

Dial-A-Ride

ADA transportation for those unable to use the local bus service due to a disability

602-716-2100

valleymetro.org

Ride Choice

Alternative transportation options for seniors (65 and older) and adults with disabilities. Must be pre-certified to use the service.

To Apply: 602-716-2100 For Rides: 602-716-2111

valleymetro.org

Valley Metro

Bus and rail information

602-253-5000

valleymetro.org

Maricopa Association of Governments

Help older adults and people with disabilities connect more quickly with transportation resources.

AZRideinfo.com

Utility Assistance

AZCEND Neighborhood Assistance Services (NAS)

Emergency financial and utility assistance 480-428-5446

azcend.org

Salvation Army - Chandler Office

Assist with paying utilities, rent or other vital payments

480-963-2041 | 480-786-4093

salvationarmy.org

Southwest Gas – Low-Income Ratepayer Assistance (LIRA)

Qualified individuals receive a 30% reduction in monthly basic service charge

877-860-6020

swgas.com

SRP Economy Price Plan

Receive a monthly discount if qualified

602-236-8888

srpnet.com

Valleywise Community Health

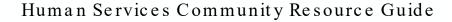
Receive electric and gas assistance

480-344-6165 (Chandler)| 602-655-6206 (Mesa)

valleywisehealth.org

Veterans

See "Military" on p. 22





Volunteer Opportunities

Cultivate Goodness

Bridges the gap between volunteers and those in need by providing a variety of service opportunities, big and small.

cultivate-goodness.org

HandsOn Greater Phoenix

Coordinates volunteer opportunities 602-973-2212

handsonphoenix.org

Just Serve

Free service that links community volunteer needs with volunteers justserve.org

Town of Gilbert

Offers a variety of volunteer opportunities for the community though town departments and non-profits serving Gilbert gilbertaz.gov

Weekly Collective

Connecting volunteers with local organization where they can share their time, gifts, and resources to help support community programs weeklycollective.org

Women and Girls

A New Leaf

Connect clients with better jobs 602-601-7215 turnanewleaf.org

Dress for Success

Empower women to achieve economic independence by providing a network of support, professional attire and the development tools 602-489-7397

dfsphoenix.org

Fresh Start Women's Resource Center

Education, resources and support for women 602-252-8494

freshstartwomen.org

Girl Scouts - AZ Cactus Pine

Participate in activities that show them they can do anything

602-452-7000

girlscoutsaz.org

Helping Hands for Single Moms

Assist low- income single mom families as the mom attains post-secondary, financial independence

602-796-7875

helpinghandsforsinglemoms.org

Live and Learn

Economic empowerment program for women 602-583-7052

liveandlearnaz.org

Positive Paths for Women

Providing scholarships, mentoring and professional development for East Valley women (480) 788-0615

positivepathsaz.org

Women, Infant & Children (WIC)

Nutrition and breastfeeding information, health foods, community referrals

602-506-9333

maricopa.gov

Miscellaneous

Abandoned Ride-Share Bikes

LimeBike (Green and Yellow Bikes)

888-546-3345

support@limebike.com



Spin (Orange Bikes)
888-262-5189 (instant messaging available)
spin.pm

OFO (Yellow Bikes) support@ofobike.com

Abandoned Shopping Cart

Arizona Food Marketing Alliance 1-800-THE-CART or 1-800-843-2278 afmaaz.org

Bees

For bees on private property, contact a bee removal service. If the bees are actively attacking, Call 9-1-1.

Funeral Assistance Program

Burial and cremation funeral assistance for the loss of a loved one.

maricopa.gov

Maricopa Government Directory

Parcel information, property taxes, permits, and access to all department information www.maricopa.gov

Mosquitos

Information on how to control mosquitos and entities to contact for assistance gilbertaz.gov

Phoenix Community ToolBank

Lends organizations tools for use in volunteer and community benefit projects 602-438-4005

phoenix.toolbank.org

Poison Control - 24/7

800-222-1222 azpoison.com/

Senior Guidance

Assisted living resources and other guides

- seniorguidance.org/assisted-living/arizona/
- www.toprehabs.com/alzheimers-dementia
- https://www.memorycarefacilities.net/assist ed-living/arizona/gilbert.html
- https://www.assistedliving.org/arizona/
- https://www.seniorhomes.com/assistedliving/hispanic-latinx-seniors/

Silent Witness- 24/7

480-948-6377

silentwitness.org/

Stray/Feral Cats

Maricopa County Animal Control 602-506-7387 maricopa.gov

Roof Rats

Maricopa County Vector Control Office & Lab 602-506-0700 agriculture.az.gov