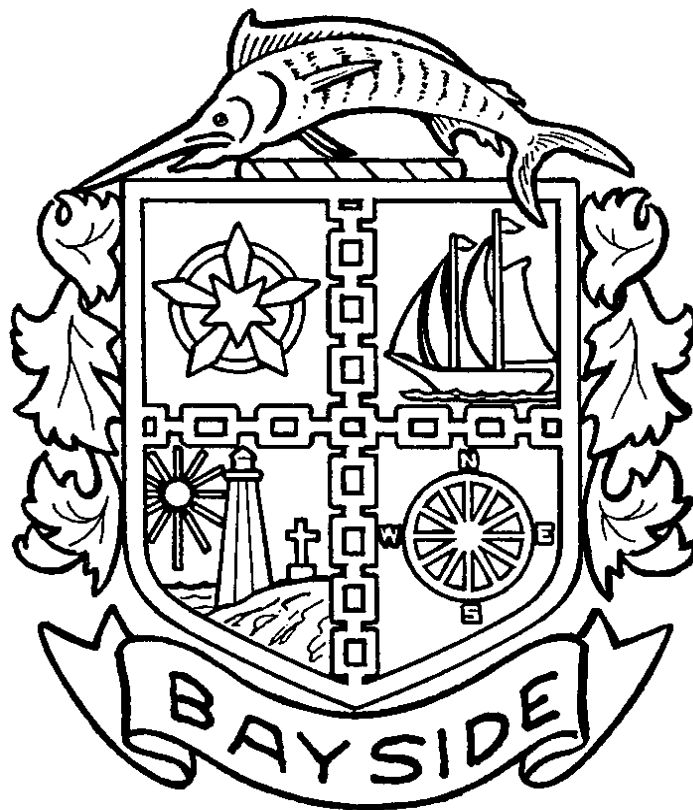


**BAYSIDE HIGH SCHOOL
& Health Sciences Academy**
“Home of the Marlins”



School Counseling Department
E-SENIOR HANDBOOK
Class of 2026

What is your E?
Enroll, Employ, or Enlist!

The School Counseling Department at Bayside is dedicated to assisting you in making this a successful experience. You can start by using the following information to navigate through your senior year.

Bayside High School Administration

Mr. Walton, Principal

Mrs. Cherry, Assistant Principal
Grade 9

Mr. Gatlin, Assistant Principal
Grade 10

Mr. Sherman, Assistant Principal
Grade 11

Ms. Riley, Assistant Principal
Grades 12 & School Counseling

Mrs. Johnson, Academy Coordinator
Health Sciences Academy

Mrs. Nurse, Administrative Assistant

Mrs. Frye-Johnson, School Counseling Chair

Ms. Corprew, Student Activities Coordinator
Athletics & Activities

Ms. Grimstead, School Improvement Specialist
Testing & Tutorial Programs

Bayside High School Counseling Department

A- CARA	Mrs. Johnson	Administrative Team, Dept. Chair, 504 Coordinator
CARB- FLOR	Mrs. Wilkie	Dual Enrollment, Scholarships
FLOS-HOFZ	Mrs. Nix Jones	ISAEP, AVID, College Liaison
HOGA-MARR	Mr. Lawrence	ASVAB Testing Coordinator, Anchored for Life, Military Counselor, NCAA wavier
MARS- PRIC	Ms. Holloway	Dropout Task Force, Edgenuity
PRID- SULZ	Ms. Vargas	ELL/Welcome Center Liaison, ATC & Vo Tech Liaison
SUMA- Z	Ms. Newcomb	SAT/ACT Testing Accommodations, Career Fair
HSA Academy	Ms. Kownack	HSA Academy Counselor, AP Testing Coordinator
ACCESS Advisor	Ms. Flowers	College Applications, Financial Aid
Graduation Coaches	Ms. Dragon	Grades 9 & 12
	Ms. Wiggins	Grades 10 & 11
Other Support Staff	Mr. Franklin	Student Support Specialist
	Mr. Clanton	Community in Schools
	Ms. Hassell	Military Counselor
	Ms. Dunn	Registrar/Office Associate
	Ms. Chavious	Data Tech

COMMUNICATION

*Communicating with your School Counselor this year is A MUST.
Several channels will be used, including:*

**CANVAS EMAIL IS THE BEST POINT OF CONTACT FOR SENIOR EVERYTHING!!!
Check your Canvas email daily.**

SCHOOL COUNSELING BULLETIN BOARD

****Located in front of the School Counseling Office****

Check regularly for important information

IMPORTANT DATES APPROACHING:

September 2025: Meet with your counselor to discuss graduation requirements and future goals.

September 2025: If you have not already started, *please* start applying for colleges.

September 12, 2025: Last day to drop dual enrollment classes.

September 23, 2025: Financial Aid Night- Learn about the Financial Aid Process & FAFSA

October 1, 2025: Start your financial aid application also known as the FAFSA.

October 8, 2025: Career & College Day at Bayside High School during school.

October 20-24, 2025: College Week (Common APP) Free application week

Fall 2025: Attend college informational sessions at BHS and go on college tours.

BIG NIGHT October 28, 2025: Attend College night at the VB convention center. This event runs from 5:30 pm- 8:00 pm. Find out more details @ <https://www.visitvirginiabeach.com/event/va-beach-city-public-schools-%26%238211%3B-college-night/9799/>

November 1 & November 15, 2025: Early decision deadlines for most colleges.

Be very mindful of dates and deadlines regarding navigating your senior year stress free.

SAT & EXAMS DATES

Bayside High School Code	(CEEB)	472-285
Bayside Test Center	Number	47-055
First Colonial Test Center	Number	47-720
Princess Anne Test Center	Number	47-730
Green Run Test Center	Number	47-725

<u>SAT DATES</u>	<u>ACT DATES</u>
Sep 13, 2025	Sep 6, 2025
Oct 4, 2025	Oct 18, 2025
Nov 8, 2025	Dec 13, 2025
Dec 6, 2025	Feb 14, 2026
Mar 14, 2026	Apr 11, 2026
May 2, 2026	Jun 13, 2026
Jun 6, 2026	Jul 11, 2026

For more information about both tests go to:

SAT: www.collegeboard.org

ACT: www.act.org

Remember to check if the colleges you are applying for are test optional. However, taking the SAT or ACT can only HELP you.

If **paying** for the test is an obstacle for you and your family. The link below will take you to the **fee waiver application** for eligible students who are planning to take the **SAT** and/or **ACT**. Once completed, Mrs. Flowers will reach out to you individually. Using a fee waiver to take the SAT or ACT makes you eligible to receive college application fee waivers. Questions about eligibility, please reach out to Mrs. Flowers.

All branches of the military offer the opportunity to learn a marketable skill, serve the country, and obtain money for education. Recruiters from different branches of the military are assigned to Bayside High school. They have tables set up in the cafeteria during lunch periodically during each month. Take some time to talk to each branch and find out what is offered as far as enlistment time, training, and education benefits. You can join the reserves or the active service or apply for ROTC scholarships.

MILITARY RECRUITERS

U.S. Marines: SGT Webb, Rachel Y.

Phone: C: Email: Rachel.Webb@marines.usmc.mil
1115 Independence Blvd, Suite 114, Virginia Beach, VA 23455

U.S. Airforce: Christopher Babcock, SSgt, USAF

Phone: C: 757-435-3318
Email: christopher.babcock.8@us.af.mil
1115 Independence Blvd, Suite 114 (Independence Plaza)
Virginia Beach, VA 23455

U.S Army & Army Reserve: SSG Grissom, Quentin

Phone: 757-262-8732 C: 757-990-0919
Email: quentin.m.grissom.mil@army.mil
1115 Independence Blvd, VA Bch, VA 23455

U.S. Coast Guard: SK1 Crystal Island

Phone: 757-312-0514 c:757-619-8306 Email: crystal.m.island@uscg.mil
1011 Eden Way North, Chesapeake, VA 23320

U.S. Navy: POFC AT1 ROXAS, EMMANUEL

Phone: C:757-910-7208 Office: 757-499-9210
Email: emmanuel.a.roxas.mil@us.navy.mil
1115 Independence Blvd. VA, 23455

Army National Guard: SFC Shayne D. Smith

C: 540-810-0176 Email: shayne.d.smith6.mil@mail.mil
2710 Virginia Beach Blvd, Virginia Beach, VA 23452

Virginia Air National Guard: TSgt Venkatapur "Ace" Aditya

Phone # 757-849-4067

COLLEGE REPRESENTATIVES

Many college representatives visit during the school year. To attend one of these sessions, students sign up for the visits by completing the google form, the link is below. This will also be communicated via Canvas. Check this daily. These are excellent opportunities to learn more about different colleges.

College Representatives Signup sheets are sent out via Canvas. Check Canvas DAILY!

ACCESS ADVISOR - MRS. FLOWERS

Mrs. Flowers is our Access Advisor. She will be available in the School Counseling office Monday through Friday. If you need help filling out college and financial aid applications or determining eligibility for fee waivers, please schedule an appointment with Mrs. Flowers using this QR Code or use this link to sign up.

<https://calendly.com/kflowers-accesscollege/fafsa-meeting>

COLLEGE APPLICATION PROCESS

For a more detailed guide to applying for colleges go to:

<https://baysidehs.vbschools.com/school/counseling/college-ready>

A. Applications to colleges and universities can be done online, or applications can be downloaded from the schools' websites. (go to [collegedegree.com/all colleges](http://collegedegree.com/all-colleges)) Paper applications, catalogs, and financial aid information can also be requested by writing directly to the colleges' admissions offices. The best place to start is the common application @ <https://www.commonapp.org/>.

- Here you can apply to more than one college at a time.
- Make sure you know your counselor's email address as this is required.
- If paying for the application fee is an issue, **SEE MRS. FLOWERS or your counselor** as soon as possible.

B. Plan to have college applications sent **before** the **winter holidays**. You are responsible for submitting your own applications. **Plan to request transcripts via Parchment.**

- **Link to directions to create a parchment account.**
<https://www.parchment.com/u/registration/individual>
- Make sure you have a **resume/CV** created as soon as possible. If you need help with this check out the school counseling bulletin board located right outside of the guidance office.

C. If a **recommendation** is required, request it from the appropriate teacher, community leader, etc. Make an appointment for an interview so he/she will know more about your expectations, achievements and goals. Bring a resume and stamped envelope with you to the meeting. Two recommendations are more than enough!

D. **For your college essay**, write about something you are familiar with and keep it upbeat and positive. Be truthful in your self-assessment. Ask a teacher to proofread your essay and ask for his/her suggestions.

E. **Early Decision Plan** – If your grade point average is B or higher and your SAT/Act scores are reasonably high (1000 or above), you may wish to apply for Early Decision. The application dates may vary at different schools, but they are generally around **November 1**. By early December, you will receive notification of acceptance or nonacceptance. If accepted, under gentlemen's agreement, you will attend that school. You may apply to **only one college under Early Decision**. Other applications must be withheld until after notification.

FINANCING YOUR COLLEGE EDUCATION

Most colleges include a financial aid form along with the application packet. It is important to return this to the college as soon as possible.

ACCESS College Foundation Financial Aid Evening Program 9/23 6-7pm

Bayside High School will offer a financial aid workshop in the Auditorium. Seniors will be notified regarding the date. The purpose of this meeting is to answer questions concerning the **FAFSA**. This Financial Aid Workshop is for both students and parents. The FAFSA is submitted after October 1 of senior year.

GRANTS: Such as the Pell Grant – are sums of money granted for your education. This is free money – grants do not need to be repaid.

LOANS: Such as low interest student loans must be repaid. Payments are usually deferred until after graduation from college.

COLLEGE WORK-STUDY PROGRAMS: Programs where you are offered employment on campus based on your financial need.

SCHOLARSHIPS: Check with the college to which you apply. Use your computer and one of the search engines to explore the Internet for scholarship information.

SCHOLARSHIP SPREADSHEET:

<https://www.vbschools.com/fs/resource-manager/view/9df06718-462e-4836-bb7c-00813c11bede>

OTHER REPUTABLE SCHOLARSHIP WEBSITES:

More websites are on the spreadsheet link above

<https://www.goingmerry.com/>

<https://www.raise.me/>

<https://www.scholarships.com/>

<https://www.fastweb.com/>

TIPS FOR APPLYING FOR SCHOLARSHIPS:

- Check the spreadsheet at least once a week.
- Read emails in Canvas from Mrs. Wilkie
- Apply, apply, apply! Otherwise, you never know what you could have been awarded.
- Know the due dates for each scholarship.
- Ask for letters of recommendation from teachers, coaches, and other community leaders.
- Don't wait until the last minute.

SCHOLARSHIP COMMITTEE: At times the Scholarship guidelines require that the recipient is chosen by the Bayside High School's Scholarship Committee. In order to be considered for these, you must submit the scholarship application to your counselor or Mrs. Wilkie (Scholarship Coordinator) before the deadline.

Service Academics/ROTC Scholarships: All students interested in a ROTC college scholarship should take the SAT or ACT as soon as possible. Application deadlines for Army ROTC, Navy/Marine Corps ROTC and Air Force ROTC scholarships are December 1, 2025.

Students who desire to apply for ROTC Scholarships and or academy appointments are asked to see Mr. Lawrence for information on the application process and the website addresses.

NURSING SCHOOL AND HEALTH-TRAINING PROGRAMS: Some of the local hospitals, EVMS, TCC and ODU offer excellent programs. Check in the School Counseling office for specific programs.

LOCAL TRADE SCHOOLS & COMMUNITY COLLEGES:

TCC tcc.edu

Tidewater Tech

ECPI

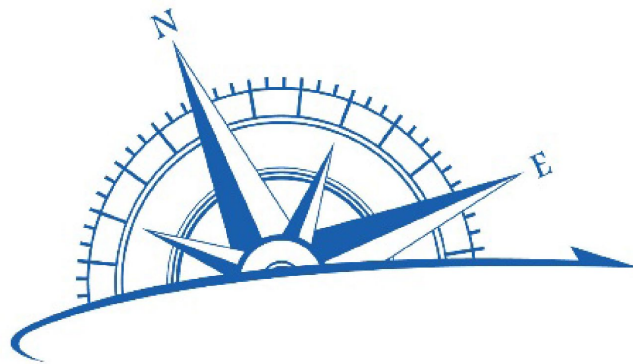
Advanced Technology Institute

FINAL TIPS TO PLANNING TO BE FUTURE READY:

- Ask your counselor.
- Check canvas for opportunities such as job fairs, college fairs, and more.
- Meet with our TCC representative, Ms. DeCastillia.
- Meet with Mrs. Flowers.
- Make sure you aim to do something that you like.
- Have more than one plan.
- Develop skills that are required regardless of the route you take.
- By graduation, be enrolled, enlisted, or employed. Check out this article on how to make sure you are.
<https://xqsuperschool.org/teaching-learning/future-proof-your-teen-game-changing-high-school-tips-for-parents/>

PLEASE SHARE THIS BULLETIN WITH YOUR PARENTS!

*If you still have questions after reading this bulletin.
Please see your School Counselor.*



VIRGINIA BEACH CITY PUBLIC SCHOOLS
CHARTING THE COURSE

Put Students First • Seek Growth • Be Open to Change • Do Great Work Together • Value Differences