



**NOVEMBER 2, 2025**

**LITURGY SCHEDULE**

**Sunday Mass**

9:00 AM, 11:00 AM, and 5:00 PM Mass

**Saturday Vigil Mass**

5:00 PM

**Confessions**

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

**Weekday Rosary**

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

**Weekday Mass**

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

**Rosary Group**

Monday 7:00 PM

**Weekly Eucharistic Adoration**

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

**Sacrament Preparation**

425-454-9536

**OFFICE HOURS**

**Parish**

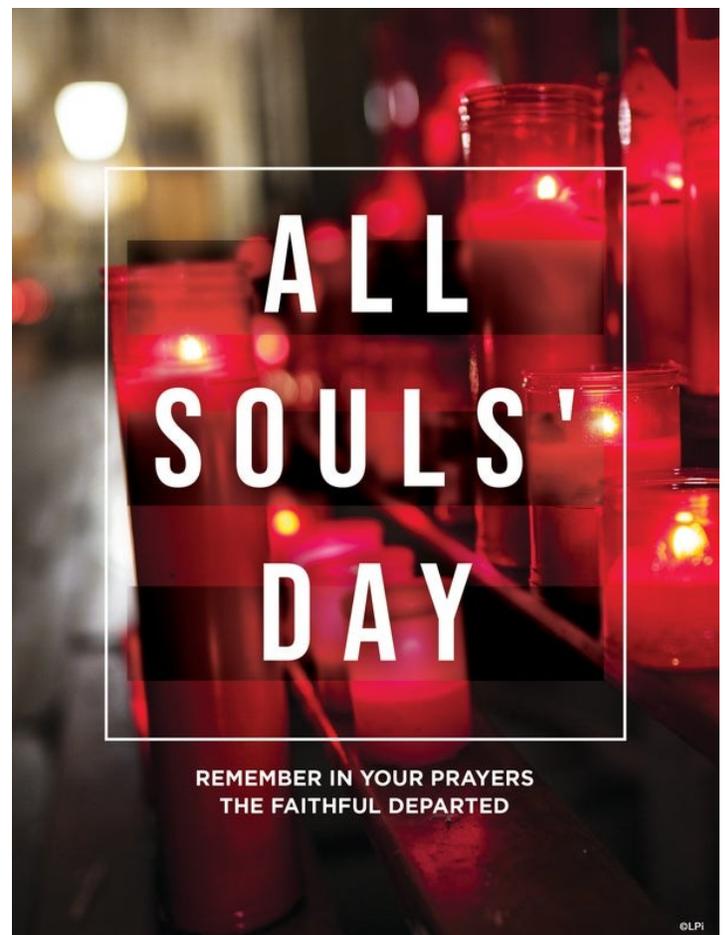
8:30 AM - 4:00 PM Mon - Fri

**School**

8:00 AM - 4:00 PM Mon - Fri

**OUR MISSION STATEMENT**

Sacred Heart Parish  
is a welcoming Catholic community,  
which inspires faith in God,  
through prayer, sacraments, and service,  
while living Gospel values,  
as faithful followers of Jesus Christ.



## PARISH CALENDAR

### Sunday November 2

*THE COMMEMORATION OF ALL THE FAITHFUL DEPARTED  
(All Souls' Day)*

9:00 AM	<b>Mass</b>
11:00 AM	<b>Mass</b> with CLOW
12:30 PM	Sunday School
2:00 PM	Children's Sacramental Prep Class
5:00 PM	<b>Mass</b>

### Monday November 3

*Saint Martin de Porres, Religious*

8:15 AM	Rosary
8:45 AM	<b>Mass</b>
6:30 PM	Mass of Remembrance
6:30 PM	OCIA Group
7:00 PM	<i>Rosary Group Canceled</i>

### Tuesday November 4

*Saint Charles Borromeo, Bishop*

10:00 AM	<i>Stitchers with Heart Group Canceled</i>
6:00 PM	Bereavement Group

### Wednesday November 5

*Weekday*

8:00 AM	Rosary
8:15 AM	Confessions
8:45 AM	<b>Mass</b> (school attending)
4:00 PM	Middle School Youth Group at Sacred Heart
6:25 PM	High School Youth Group Cemetery Prayer Crawl

### Thursday November 6

*Weekday*

8:15 AM	Rosary
8:45 AM	<b>Mass</b> with Anointing of the Sick
2:00 PM - 4:00 PM	Eucharistic Adoration
6:00 PM	Sacred Heart School Open House

### Friday November 7

*Weekday*

7:00 AM	First Friday of the Month <b>Mass</b>
8:15 AM	Rosary
8:45 AM	<b>Mass</b>
9:30 AM	First Friday Eucharistic Adoration until 11:00 AM

### Saturday November 8

*Blessed Virgin Mary*

8:00 AM	Women's Group & Men's Group
3:00 PM	Confessions - Reconciliation Chapel
5:00 PM	Vigil <b>Mass</b>

### Sunday November 9

*THE DEDICATION OF THE LATERAN BASILICA*

9:00 AM	<b>Mass</b>
11:00 AM	<b>Mass</b> with CLOW
5:00 PM	<b>Mass</b>

## PARISH STAFF

### PARISH OFFICE

**425-454-9536**

**Rev. Kurt Nagel, Pastor** ext. 10109  
frnagel@sacredheart.org

**Rev. Joseph L. Akor, Parochial Vicar** ext. 10113  
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation  
cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant  
japplegate@sacredheart.org ext. 10154

Bridget Darrow, Pastoral Assistant for Administration  
bdarrow@sacredheart.org ext. 10102

Robert Eubanks, Facilities Supervisor  
reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care  
lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry  
kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy  
pkwan@sacredheart.org ext. 10110

Susan Olmos, Pastoral Assistant for Liturgical Music  
solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records  
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry  
sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications & Stewardship  
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration  
nsnyder@sacredheart.org ext. 10100

### PARISH SCHOOL

**425-451-1773**

David Burroughs, Principal  
Erica Pierson, Vice-Principal

### PARISH LEADERSHIP

- Pastoral Council:  
*Charlie Herb*
- Finance Council:  
*Douglas Withers*
- School Commission:  
*Charlie Herb*
- Community Outreach Commission:  
*Diana Schiro & Jackie Weeks*
- Worship Commission:  
*Phoebe Kwan*

***Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)***

**MASS OF REMEMBRANCE**  
**Monday, November 3<sup>rd</sup>, 6:30 PM**



You are invited to join us in remembrance and prayer for your deceased family members and loved ones. During the November 3<sup>rd</sup> Mass, we will also honor those who have died during the past year.

**Anointing of the Sick**

The “Anointing of the Sick” has been one of the Church’s sacraments from the beginning. (cf. *Acts 9:34; 14:3*) It was administered to those who were seriously ill. Its effects are spiritual healing and, if it is conducive to the person’s salvation, physical healing as well. Over the centuries, the sacrament’s use became limited to those near death. The sacrament was then referred to as “Extreme Unction” or “Last Rites.” After Vatican II, the Church reemphasized the original meaning and intent of the sacrament. (Apostolic Constitution – *Sacram unctioem infirmorum*). This means that when you or a loved one is experiencing a serious illness, you are encouraged to request the Anointing of the Sick. You should not wait until the person’s illness has progressed to the point where death is imminent. If the illness continues to progress, the sacrament can be conferred again. It is also fitting to request the sacrament before a serious operation and also later in life when one begins to experience the effects of aging.

The Eastside Deanery Pastoral Care Team is experiencing an increasing number of calls for Anointings being made directly to the parish or to one of the Lay Ministers’ cell phones. This is not the most reliable way to get the on-call Priest to the person needing the anointing. It can, in fact, delay the Priest’s arrival by hours, or even days if a voice mail is left with the parish over the weekend. The Deanery has a Lay Minister and Priests on call at all times, day and night, seven days each week. When anyone calls the dedicated number, **425-655-3200**, they will be immediately connected to the person who can get the patient’s information from the caller and who will then contact the On-Call Priest.



**Behold the Lamb**  
**Quick Weekly Lessons on the Sacred Liturgy**



Upon arrival at the ambo, the Priest greets the people: “*The Lord be with you.*” We reply: “*And with your spirit,*” acknowledging once again his priesthood. The Priest then announces the Gospel, tracing a cross on the text. We respond: “*Glory to you, O Lord,*” while marking our foreheads, lips and hearts with the sign of the cross. In this gesture, we ask that we may always glorify the Father with His Word always in our thoughts (forehead), our words (lips), and our actions (heart).

  
*Carpe Diem invites you to our 50+*  
**Christmas Luncheon & Concert**  
*featuring Holy Family Handbell Choir*  
**Thursday Dec. 4<sup>th</sup>**  
*+ White Elephant Gift Exchange\**  
**11am Concert in church**  
**11:30 Luncheon gathering in Narthex**  
**\$25 Luncheon tickets**  
**in advance only: Nov 8-9 & 15-16**  
*\* Please bring a small gift-wrapped item needing a new home - something you no longer want or use. No surplus? We'll have a few extra "gifts" available.*  
*Please don't buy anything new!*  
  
**Info: Linda Geere, 425-450-3908 or**  
**lgeere@sacredheard.org**  


## ADMINISTRATION & STEWARDSHIP



### November Meals for the Homeless Your Help is Needed - Sign Up Now!

This November, we will continue our Sacred Heart community tradition of generously providing nightly meals throughout the month to those in need who are part of the rotating men's shelter at **First Congregational Church in Bellevue**.

Sign up by scanning the QR code to supply a food item (main dish, side dish or dessert). *Thank you for the generosity and compassion in helping these men in their path from homelessness to stable living.*



### A Successful Parish Mission

Thank you to our fabulous parish community for attending our three-night parish mission with Fr. Jim Sichko. The church was full every night and full of inspiration and



community! Thank you to our amazing volunteers who assisted us with greeting guests, ushering and assisting with hospitality. We have had many requests for Fr. Jim's contact information which is listed below. Keep singing!

**Fr Jim Sichko**

PO Box 22872

Lexington, KY 40522

[www.frjims.com](http://www.frjims.com)

Facebook/Twitter/Venmo: @jimsichko

Instagram: @frjimsichko

### PARISH STEWARDSHIP OF TREASURE.

WE ARE CALLED  
TO SHARE  
OUR TREASURE  
WITH OTHERS.



This weekend at Masses, we will hear Fr. Nagel talk about Stewardship and giving back to God's community. We are asking everyone to prayerfully reflect on how we are called to serve our parish and the ministries that support the mission of Jesus Christ. We invite all our parishioners to participate in this mission and complete your Stewardship pledge today. Thank you for your continued support! It's easy to make your stewardship of treasure pledge to our parish by visiting our website to access the online giving at [parish.sacredheart.org](http://parish.sacredheart.org) or scan the QR code.



### THANK YOU - October Parish Food Drive

Our October Parish Food Drive was a tremendous success thanks to our Sacred Heart community. We generously donated non-perishable food items to benefit Hopelink and Jubilee Reach. We filled four cars with these items and delivered them to both organizations. Thank you for making a positive impact on our local community in need!



The starting point of stewardship is recognizing that everything we have, everything that we are is by God's initiative—by God's grace.

*-Archbishop Etienne on the Spirituality of Stewardship.*



## WEEKLY READINGS

### Sunday 11/2

Wisdom 3:1-9  
Psalm 23:1-6  
Romans 5:5-11  
John 6:37-40

### Monday 11/3

Romans 11:29-36  
Psalm 69:30-31,33-34,36  
Luke 14:12-14

### Tuesday 11/4

Romans 12:5-16b  
Psalm 131:1b-3  
Luke 14:15-24

### Wednesday 11/5

Romans 13:8-10  
Psalm 112:1b-2,4-5,9  
Luke 14:25-33

### Thursday 11/6

Romans 14:7-12  
Psalm 27:1bcde,4,13-14  
Luke 15:1-10

### Friday 11/7

Romans 15:14-21  
Psalm 98:1-4  
Luke 16:1-8

### Saturday 11/8

Romans 16:3-9,16,22-27  
Psalm 145:2-5,10-11  
Luke 16:9-15

### Sunday 11/9

Ezekiel 47:1-2,8-9,12  
Psalm 46:2-3,5-6,8-9  
1 Corinthians 3:9c-11,16-17  
John 2:13-22

## MASS INTENTIONS

### Sunday 11/2

9:00 AM Mass:  
RIP THE DECEASED OF SACRED HEART PARISH  
11:00 AM Mass: RIP DOUG FILER  
by Marian Middleton  
5:00 PM Mass: PRIEST PRIVATE INTENTION

### Monday 11/3

RIP ANTHONY BORDEAUX by Julie Cipoletti &  
SH Community Outreach Committee

### Wednesday 11/5

RIP ANN RUPE by Sands Family

### Thursday 11/6

RIP SHANE DEMELLO by Phoebe Kwan

### Friday 11/7

RIP FR. PAUL FITTERER, S.J. by Schiro Family

### Saturday 11/8

INT THE PARISHIONERS OF SACRED HEART

### Sunday 11/9

9:00 AM Mass: RIP SUE HASLAM by Loni Haslam  
11:00 AM Mass: RIP JANE DAHLE  
by Fletcher & Snyder Families  
5:00 PM Mass: PRIEST PRIVATE INTENTION

## POPE'S PRAYER INTENTION - NOVEMBER

### For the Prevention of Suicide

Let us pray that those who are struggling with suicidal thoughts might find the support, care and love they need in their community, and be open to the beauty of life.

## PLEASE PRAY FOR:

### The Sick

Ann Petrie (sister of Beth Anderson)

### The Deceased

John Campbell  
Vernon Slagle

### ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

### Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month.



“Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament.” *Archbishop Etienne*

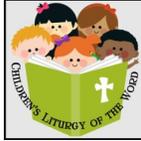
### EMERGENCY HELPLINE NUMBERS

**988: Suicide and Crisis Lifeline**  
**Narcotics Anonymous: 206-790-8888**  
**Alcoholics Anonymous: 206-587-2838**  
**Suicide Crisis Hotline: 206-461-3222**  
**WA State Domestic Violence: 1-844-762-8483**  
**National Domestic Violence: 1-800-799-safe**  
**Teen Link: 1-866-833-6546**  
**Al-Anon: 206-625-1000**

## CHILDREN'S FAITH FORMATION



Please Join Us  
Sunday School - Nov. 2<sup>nd</sup>  
Grades K—5<sup>th</sup>,  
12:30 to 1:30 PM



No Sunday School November 9<sup>th</sup>

Join us for Children's Liturgy of the Word (CLOW)  
at the 11:00 AM Mass

## SACRED HEART SCHOOL

Open House  
Pre-K through 8th Grade

THURSDAY  
NOVEMBER 6, 2025  
6:00-7:30PM



REGISTER  
ONLINE TODAY!

[school.sacredheart.org](http://school.sacredheart.org)

**SAINTS  
IN THE  
MAKING** **HIGH  
SCHOOL  
CYC**

SATURDAY NOV 15<sup>TH</sup> 9-6PM

ST MARTIN'S UNIVERSITY | LACEY, WA

**MORE  
INFO**



**SCAN  
HERE**

HIGH SCHOOL CATHOLIC YOUTH CONVENTION



**FILL THE HEART**  
MANY HEARTS, ONE MISSION  
NOVEMBER 12, 2025

Join us in supporting Catholic education by giving to Sacred Heart's Annual Fund during  
Fill the Heart, our community's special day of giving.

Together, with Many Hearts and One Mission, we can ensure students continue to  
receive an exceptional, faith-filled education for years to come.



<https://tinyurl.com/58tz2cmc>



EMMAUS YOUTH MINISTRY  
MIDDLE & HIGH SCHOOL

**YOUTHGIVING  
DINNER**

THURSDAY  
**NOV 20**

6:00-7:30PM

SAVE THE DATE!

*Middle and High School*

**Youth  
Groups**

*This Wednesday*

**@ Sacred Heart**

EMMAUS  
YOUTH MINISTRY

## COMMUNITY OUTREACH—COMMUNITY EVENTS



Visit from our Friends at St. Francis  
This Weekend - November 1<sup>st</sup> & 2<sup>nd</sup>



We are excited to announce that our friends from St. Francis Mission will be visiting Sacred Heart this weekend, November 1<sup>st</sup> and 2<sup>nd</sup>. Representatives from the Mission in South Dakota will join us for a social visit and share more about their ministry on the Rosebud Indian Reservation. This past June, a group of Sacred Heart parishioners participated in a mission trip to the Reservation and we are thrilled to now welcome them to our community. They will be present at the 5:00 PM Mass on Saturday, November 1<sup>st</sup>, as well as the 9:00 AM and 11:00 AM Masses on Sunday, November 2<sup>nd</sup>. Please take some time to join us for hospitality after the Masses to meet our friends and extend a warm welcome.

To learn more about St. Francis Mission, scan the QR code or visit

[www.sfmission.org](http://www.sfmission.org).



## BUNDLE SUNDAY STUFF THE TRUCK

Donation Drive at Sacred Heart Parish  
for St. Vincent de Paul of Seattle | King County

Donating to St. Vincent de Paul of Seattle | King County is easy and convenient at **Sacred Heart Catholic Church**

### SAVE THE DATE:

**Location:** 9460 NE 14th St, Clyde Hill, Bellevue, WA, 98004 (Lower Parking Lot)

**Date:** November 9, 2025

**Time:** 9:00 AM to 12:00 PM

Your donations will be collected and sold at one of our SVdP Thrift Stores, providing financial support for our various programs dedicated to helping neighbors gain stability and self-sufficiency!

To view a list of items that we accept and

**DO NOT** accept, please visit:

<https://svdpseattle.org/thriftstore>



Donate Today, Visit:  
[svdpseattle.org/donate](https://svdpseattle.org/donate)

St. Vincent de Paul of Seattle | King County thanks you for your generous financial support!



## Sacred Heart Coat Drive Drop off Your Donation by this Sunday, November 2<sup>nd</sup>



The weather is getting colder, and it's time to help keep our community warm! We are hosting a coat drive benefiting St. Vincent de Paul and Jubilee Reach. We are collecting clean, gently used, or brand new coats for children and adults. Drop off your donation to the designated collection bin in the Narthex by this Sunday, November 2<sup>nd</sup>. Your donation will make a direct and meaningful

difference to local families as the winter season approaches. Please consider contributing a coat today!



**TEAM SKALLY IS YOUR SACRED HEART HOME TEAM**

"Matt & Christina are highly professional, take ownership of the complicated process and remember the stress and emotions that run high during the sale of a beloved home. They are highly skilled and infinitely kind. They got me top dollar in volatile market conditions!"

- Julie Nelson



Parishoners Matt & Christina with Client Julie



**Matt**  
206-661-8624

**Christina**  
612-987-0755



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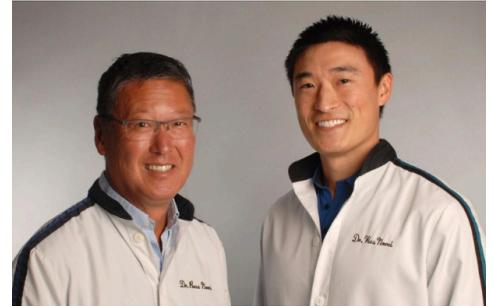
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