



San Benito Consolidated Independent School District

240 N. Crockett St. • San Benito, TX 78586 • Phone: (956) 361-6150

School Health Advisory Council Meeting Minutes - 12/8/21

Members - Present

Janette Rodriguez, Co-Coordinator
Alyssa Alvarez, SBCISD Resource
Luis Gonzales, SBCISD Resource
Raul Maraboto, SBCISD Resource
Ray Saldana, SBCISD Resource
Isabel Castillo, Parent
Carmen Gonzalez-Cruz, Parent
Lety Garza, Parent
Omar Gonzalez, Parent
Debbie Mills, Parent
Herminia Quintanilla, Grandparent
Oscar Quintanilla, Grandparent

Others in attendance

Melissa Garcia, It's Time Texas
Maggie Amaku, It's Time Texas
Isabel Gonzalez, SBCISD PR Director
Vicki Perez, SBCISD Asst. Superintendent
Dr. Andrea Cruz, SBCISD Asst. Superintendent

Members - Not Present

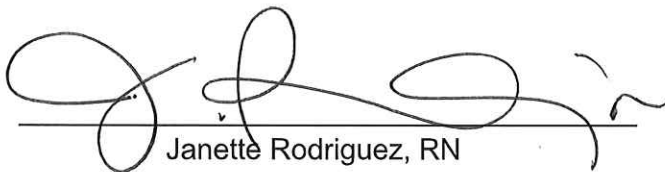
Araceli Soto, Co-Coordinator
Eddie Errisuriz, SBCISD Resource
Susana Alanis, Parent
Alexandra Barraza, Parent
Celina Barrera, Parent
Jovanna DeLaRosa, Parent
Nedia Espinoza, Community Member
Laura Beth Guerra, Parent
Maria Moreno, Parent
Blanca Olivares, Parent
Patricia Quesada, Parent
Lorena Quiroga, Parent
Estefania Quiroga-Delgado, Parent
Holland Saldivar, Parent
Jessica Salinas, Parent
Letty Villafranco, Community Member

- I. Presentation by Janette Rodriguez, RN (SBCISD Health Services Coordinator) regarding requirements of the School Health Advisory Council
 - A. Historical data
 - B. What is a School Health Advisory Council?
 - C. SHAC members
 - D. SHAC meeting requirements
 - E. SHAC annual report
 - F. SHAC by-laws
 - G. Required subcommittees
 - H. SHAC goals
 - I. Tentative meeting dates
 - J. SHAC resources
- II. Brainstorming - wellness ideas
 - A. Potential or current partners
 1. It's Time Texas
 2. Texas Agri-Life
 3. Mammos on the Move

4. Texas Parks & Wildlife
5. US Parks & Wildlife
6. Su Clinica
7. Boys & Girls Club
8. Parks & Recreation
9. San Benito Library
10. Su Clinica
11. UT Mobile Health Clinic

B. Ideas for wellness

1. Annual Autism Awareness walk
2. Campus field day and color run
3. Campus or employee competitions
4. Utilize high school volunteers
5. 8 week community challenge (hosted by It's Time Texas)
6. Recipe book by kids
7. Recipes and portion control
8. Community involvement (ex: fishing day)
9. Family involvement - calendar of events



Janette Rodriguez, RN

SHAC Co-Coordinator

12/14/21

Date