



NOVEMBER 2025

BLUE MOUNTAIN UNION SCHOOL

All Student Meals are Free

Adult Breakfast: \$ 4.00

Adult Lunch: \$5.50

Monday

Tuesday

Wednesday

Thursday

Friday



Pasta with **3**
Meat Sauce or Marinara
Roasted Green Beans
Garlic Bread
Fresh Fruit & Salad Bar

Generals Chicken **4**
or Tofu, Broccoli
Fried Rice
Spring Rolls
Fresh Fruit & Salad Bar

Fresh Hand Tossed Pizza **5**
Pepperoni or Cheese
Sweet Potato Fries
Caesar Salad
Fresh Fruit & Salad Bar

Brunch for Lunch **6**
French Toast Sticks
Scrambled Eggs
Sausage
Roasted Home fries
Fresh Fruit & Salad Bar

Early Release Day **7**
Crispy Chicken Sandwich
On a Bun
Roasted Zucchini
Fresh Fruit & Salad Bar

Mac and Cheese **10**
Sweet Peas
Garlic Bread
Fresh Fruit & Salad Bar

Ultimate Nachos **11**
Beef or Bean
Corn, Fresh Pico de Gallo
Fresh Guacamole
Salsa, Sour Cream
Fresh Fruit & Salad Bar

Fresh Hand Tossed Pizza **12**
Pepperoni or Cheese
Sweet Potato Fries
Caesar Salad
Fresh Fruit & Salad Bar

Shepherd's Pie **13**
Beef, Corn, Mashed Potato
Dinner Roll
Fresh Fruit & Salad Bar

BMU Bowls **14**
Chicken Nuggets or
Mashed Potato, Corn, Gravy
Fresh Fruit & Salad Bar

Popcorn Chicken **17**
Biscuits
Coleslaw
Roasted Potato Wedges
Fresh Fruit & Salad Bar

Chicken Broccoli Alfredo **18**
Or Broccoli Alfredo
Garlic Knot
Fresh Fruit & Salad Bar

Fresh Hand Tossed Pizza **19**
Pepperoni or Cheese
Sweet Potato Fries
Caesar Salad
Fresh Fruit & Salad Bar

Holiday Meal **20**
Roasted Turkey
Mashed Potato, Green Beans
Roasted Maple Acorn Squash
Dinner Roll
Fresh Fruit & Salad Bar

100% Beef Burger or **21**
Impossible Burger
Tater Tots
Roasted Zucchini
Fresh Fruit & Salad Bar

24

25

26

27

28



Breakfasts Available Everyday

Choices Like:

Breakfast Sandwiches, Bagels, Cereal, Yogurt
with Granola, Muffins & Breakfast Breads

1% Milk, Skim Milk and 100% Juices

Please contact Paul Pellegrino with any
questions or comments.

paul.pellegrino@oesu.org

This Institution is an equal opportunity provider

Full Custom Sandwich Station available
every day for grades 5-12

Peanut Butter & Jelly or Ham & Cheese
Sandwiches are always available everyday as
a substitute for any entrée meal.