November 2025 Lunch FCLC

Monday	Tuesday	Wednesday	Thursday	Friday
3 	4 **Fish Nuggets** Crinkle Fries Cucumber Slices Strawberries & Blueberries	5 **Beef Soft Taco** Pinto Beans Mandarin Oranges Cup	6 **Spaghetti & Meatballs** Green Beans Banana	7 **Wild Mike's Cheese Pizza Slice** Glazed Carrots Watermelon
10 **Chicken Nuggets** Waffle Fries Peas & Carrots Cinnamon Applesauce	11 **Hamburger or Cheeseburger** Smiley Fries Glazed Carrots Honeydew	12 **Chicken Soft Taco** Black Bean Fiesta Pineapple Cup	13 **Macaroni & Cheese** Steamed Broccoli Cantaloupe	14 **Wild Mike's Cheese Bites** Veggie Beans Peach Cup
17 **Chicken & Waffle** Green Beans Peach Applesauce	18 **BBQ Chicken Sandwich** Sweet Potato Fries Strawberries & Blueberries	19 **Sliced Turkey Breast Steak w/ Roll** Mashed Potatoes Green Beans Cinnamon Applesauce	20 **Breakfast for Lunch -Omelet & 3 pancakes** Roasted Potatoes Mandarin Orange Cup	21 **Wild Mike's Pepperoni Pizza Slice** Steamed Broccoli Watermelon
24 **No School**	25 **No School**	26 **No School**	27 **No School**	28 **No School**

Harvest of the Month™

Carrots

Did you know carrots come in many colors and were originally purple or yellow?! Carrots are a good source of Vitamin A which is essential for healthy eyes. They have antioxidants to help boost your immune system. What's your favorite way to eat a carrot?

All meals are served with a choice of milk: White, or Lactose Free.

BearPack is Grape or Strawberry Uncrustable with Cheese Stick and Graham Cracker. Baked Potatoes are served with whole grain roll or breadstick. Students must also choose a fruit and/or vegetable.

To view our monthly menus, meal prices, charge policy, nutrition and allergy information, and free/ reduced meal program guidelines go to www.wsisd.com
Download the app or visit www.schoolcafe.com

Please call the Child Nutrition office if you have any questions 817-367-1310

Items do not contain pork unless otherwise noted.

This institution is an equal opportunity provider. Menus are subject to change.

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER