SHAC Meeting Minutes – October 27, 2025

Benavides Independent School District
School Health Advisory Council (SHAC)
Meeting Minutes
Date: October 27, 2025
Time: 2:14 PM
Location: Benavides ISD Campus – SHAC Meeting Room

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1. Call to Order

Meeting was called to order at 2:14 PM by SHAC Secretary, Marisa Garza. Quorum was verified.

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2. Attendance

SHAC Member	Status
Amigda Miller La Fuente	Absent
Clarissa Reese	Present
Marisa Garza	Present
Clarissa Peña	Present
Vanessa Leal	Absent
Virginia Cantu	Present
Kelly Martinez	Present
Stacey (pending Board approval)	Present

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3. Review and Approval of Previous Minutes

Previous minutes were reviewed. Motion to approve was made, seconded, and passed unanimously.

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4. Wellness Policy Review and Approval

The revised FFA(LOCAL) Wellness Policy was reviewed. The policy aligns with state requirements and student-generated goals.

Motion to approve the Wellness Policy for submission to the Board was made, seconded, and passed unanimously.

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5. Wellness Plan Review

The draft Wellness Plan was reviewed, including:

- Student-led nutrition and physical activity goals
- Smart Snacks compliance and monitoring
- Hydration access and water bottle safety considerations
- Family engagement and professional development
- Documentation requirements for state review

Additional time was requested to revise measurement targets and clarify fundraiser restrictions.
Feedback due: **November 3, 2025**
Plan will be finalized at next SHAC meeting.

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6. Annual Wellness Evaluation

Tentative annual campus wellness review scheduled for **May 2026**.

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7. Public Comments and Discussion

Topics discussed:

- Energy drink restrictions during school hours
- Celebration guidelines to ensure equity for all students
- Parent involvement in campus wellness activities
- Ensuring compliance with “15 minutes seated meal time” requirement

No formal public comments submitted.

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8. Next SHAC Meeting

Tuesday, December 2, 2025 at **2:00 PM**
Purpose: Final approval of the Wellness Plan

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9. Adjournment

Motion to adjourn was made and seconded.
Meeting adjourned at **3:08 PM**.

Signatures

SHAC Chair, Benavides ISD
Date: _____

SHAC Coordinator, Benavides ISD
Date: _____