TPRS "Monthly Minute"

Odessa High School

November 2025



Important Dates To Remember>>>>>

END OF 2nd Six Weeks---December 18th

PROGRESS REPORT #4---November 21st

2nd 9 WEEK PROGRESS REPORT---January 9th



November 2- Daylight Savings Time Ends. Move your clocks back one hour. Don't forget!

November 10- Permission Slips for Health Resource Fair due to TPRS office in RM 213 by the end of the day.

November 11- Veterans Day

November 13- TPRS Health Resource Fair, 9AM-2:30PM. See flyer Pg. 5

November 24-28- Thanksgiving Break!





Take a look at your grades!

If you need a printout of your grades, go by the TPRS office, RM 213. If you feel that you need some help in some of your classes, and you need additional tutoring, please contact us as soon as you can. We will schedule a time for you and a tutor to meet in person or via zoom meetings.

There is no charge for tutoring. YES, IT IS FREE!

Also, if you have more than 8 absences in a period, you have lost your credit! Please, visit your corral to get on your attendance contract to make up the hours to restore your credits. It is important that you start thinking about a plan to makeup your hours or do credit recovery so that you stay on track to graduate and not fall behind on credits. Visit our office so that we can help you. If any of your absences are TPRS related, we can help with your hours. Call Ms. Gonzalez at 456-5854 or come by RM 213.



In the NEWS!

TPRS visits MCH to learn CPR and Parent Enrichment!



Teen Parents from both Permian and Odessa High visited Medical Center on October 16th to tour the Labor and Delivery wing at MCH. They were trained in Child CPR and choking. Our



pointers on breastfeeding and the health of their children. MCH also hosted lunch and a great question and answer session. Our TPRS students gave us great feedback on the learning opportunity. Thank you to MCH for their partnership and continued support to our ECISD TPRS students.

students were able to take a mannequin and video home with them to teach their families CPR. In addition, Dr. Garcia withTexas Tech Physicians was able to deliver some great





November is for Thanksgiving, and a little fun, too!

Feel free to take a look at the links below for some great and inexpensive ideas for arts and crafts and recipes that you can share with your children and family.

Take some pics and share them with us!

This
Thanksgiving, I
am thankful for
you and all of our
TPRS Team!

Kid's Arts & Crafts

HAVE FUN

TPRS STUDENTS AT OHS ATTENDANCE RATE IS 80%!!! WAY TO GO, TPRS STUDENTS!

"GRADES GO DOWN WHEN YOU ARE NOT AROUND..."

Attendance is essential to school success. Absences, excused and unexcused, can quickly add up to cause academic trouble. Please visit with your corral if you feel that you have lost credits due to attendance.

(Please review the link below for help to improve school attendance. Click on the link, or copy and paste the link in a new window.)

80
PERCENT
OF SUCCESS

SHOWING UP!

ENGLISH: https://attendanceworks.org/wp-content/uploads/2017/08/AW_HS-flyer-1-pager.pdf

SPANISH: https://attendanceworks.org/wp-content/uploads/2017/08/AW_HS-flyer_Spanish.pdf



Embrace Grace, Legacy, & Life

Embrace Grace, Crossroads Church initiative, is showing love to our TPRS students! Embrace Grace's goal is that no teen parent has to leave school so that they can work to buy baby goods. Embrace Grace provides baby showers and a 12-week class through an on-site program at Crossroads. Several of our TPRS students attend the weekly meetings and have found great

personal rewards with the relationships that they have encountered as they "Embrace Grace". Thanks a million!

"You are Brave. You are Accepted. You are Loved."

Join a 12-week personal walk as you learn about God's Love and Grace for you and your baby. In honor of you and your new found bundle of Joy, Embrace Grace wants to provide a baby shower in continuance to help you with your NEW LIFE Journey. Life is better Together.



SENIOR SECTION:



Register for Falcon Day

Ready to join us on campus for Falcon Day? See the places and meet the people on campus most important to you. You don't want to miss it!

Upcoming Falcon Days

- Saturday, September 27, 2025
- Saturday, November 8, 2025
- · Saturday, February 21, 2026
- · Saturday, April 4, 2026

To register follow this link: **REGISTER NOW!**

If you feel that you are needing some help in your classes, we have tutoring resources for you.

- Odessa College Tutoring- Available Sunday through Monday and evening hours
- AVID tutoring by appointment.
- AIR Tutors- online tutoring by appointment

There is <u>NO REASON FOR YOU NOT TO BE PASSING</u>

<u>YOUR CLASSES</u>. Call our office to discuss. Do not wait until you are failing your semester!



Did you know as an ECISD TPRS student that you are eligible to receive childcare services and transportation to school for **FREE!**

If you attend OHS, COC, or EAA campuses, you can go to school and not have to worry about who is going to take you to school or who is going to take care of your child. This peace of mind is **FREE!**

It is a proven fact, TPRS students that utilize childcare services improve and/or continue to do well with attendance and grades. **FREE** Childcare also helps with establishing a daily routine for your baby so that s/he will sleep during the night, giving parents a good night's rest.

We encourage you to call the center or our office to set up a tour to see the ECISD facility and meet the staff.

Call 432-456-9671 or 456-5854 for information.





Join us on November 13th to learn about agencies in our community that support you and your families. Several agencies will be on-site to share their information and give some great giveaways!

You will need to return a field trip permission slip to RM 213 By 11/10/25.

If you have any questions, call the TPRS office at 456-5854/ 456-5851.

We look forward to seeing you there!



- Research shows a strong connection between parents' and caregivers' educational attainment and children's
 educational outcomes.
- Reading together helps build children's language and literacy skills from a young age.
- It can create stronger family bonds and foster a lifelong love of reading.



TPRS delivers **FREE books every month** to enrolled students through care packages and campus drop-offs! Why? Because reading with your baby now helps them learn faster, grow stronger, and be ready for school later on. And let's be real—snuggling up with your little one and a book makes for some of the best memories.

Want to score a **basket packed with books and goodies (worth \$180!)**? Here's how:

- Snap a picture of yourself reading with your baby
- Send it to connie.flores@ectorcountyisd.org
- You're entered into the raffle!

The winner will be announced early December, in time for Christmas!

Odessa High's **Little Friendly Library (LFL)** is now stocked with **dual language and Hispanic culture books**. Stop by Odessa High to explore our latest books—including titles by **local author Rolando J. Diaz**.

Happy Reading!



Meeting Time 5:15 - 6:30 pm Odessa College, Wood Math and Science Building Room 119

Join ECISD TPRS and MCH Family Outreach for life lessons and a fun activity for everyone to enjoy.

September 25

Help! I'm Stressed!

Understanding and handling the stress when life gets tough





October 23

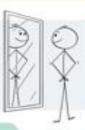
Making Sense of What You're Feeling

Recognizing and understanding your feelings and emotions

January 29

Reflections: Who are You?

Discovering the influences on your self-image, both positively and negatively





February 26

Relationships: The Good, The Bad and Sometimes the Ugly!

Making good decisions for great relationships

March 26

Making Sense of Anger

Understanding what makes you angry and expressing it in a healthy way











Mustry In thy Inc. **Helping Students Achieve Excellence**

LRC HOURS



SUNDAY: 6:00PM - 12:00AM MONDAY: 8:00AM - TEOOPM TUESDAY: 8:00AM - 11:00 PM WEDNESDAY: 8:00AM - 10:00PM THURSDAY: 8:00AM - 10:00PM FRIDAY: 8:00AM - 5:30PM SATURDAY: 10:00AM - 1:00PM

Virtual Library Center: https://bit.ly/3yaSkiy virtual Hours republic Linc Hours



Schedule FREE Tutoring Appointment

KEITH CAREER & TRANSFER CENTER

Cover Letter Mock Interviews Job Search Job Placement

Career Assessment Career Exploration Transfer Requirements University Exploration



LIBRARY SERVICES

Super Search Young Adult Collection! Laptop/Hotspot Check-Out Lib Guides Interlibrary Loans



ACADEMIC WORKSHOPS

Odessa College Information Academic Skills Career & Transfer



TUTORING CENTERS

STEM Center: Wood Building RM 201 Writing Center, Wilkerson Hall RM 106 HOURS: MONDAY - THURSDAY 9:00AM - 4:00PM

PECOS Ext. Center: 5:00PM - 9:00PM

CONTACT US



ERC@odessa.edu



@ www.odessa.edu/lrc



Murray H. Fly 201 W. University Odessa, Texas 79763

The Letters in **PURPLE** Stand for

PEAK OF CRYING

Your baby may cry more each week, the most in month 2, then less in months 3-5

UNEXPECTED

Crying can come and go and you don't know why

SOOTHING

Your baby may not stop crying no matter what you try

PAIN-LIKE FACE

A crying baby may look like they are in pain, even when they are not

LASTING

Crying can last as much as 5 hours a day, or more **EVENING**

Your baby may cry more in the late afternoon and evening

The word **Period** means that the crying has a beginning and an end.

For more information follow this link, I want more information, please.



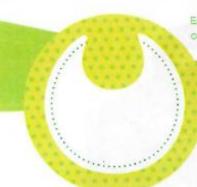
Get in FREE with your ECISD ID!

ECISD students, faculty and staff can get into all Odessa College Athletic events free!









Earn Baby Bucks to redeem for new baby items from ciothing to car seats and strollers, just by attending classes!

free pregnancy classes and education

Classes are taught by qualified instructors, with topics such as:

- Nutrition
- · Home Safety
- SIDS and Abusive Head Trauma Prevention
- Raising Emotionally Healthy Children
- Mother and Newborn Baby Care
- Infant Choking, First Aid and CPR
- Breastfeeding/Dad University
- Labor and Delivery
- · Car Seat Safety

Call for class or appointment* times in your area!

Midland

432,683,6072 2101 W. Wall Street Midland, TX 79701

Odessa

432,617,8378 802 N. Washington Odessa, TX 79761

Andrews

432,523,2859 1412 NE Mustang Drive Andrews, TX 79714

Big Spring

432.606.5041 1801 S. Main Street Big Spring, TX 79720

*Parenting education is available by appointment; call for details.





Resources

Crisis Phone Numbers:

911 for Immediate Crisis

Permian Basin Community Center Crisis Line

- · 24/7 Crisis Intervention/Suicide Prevention
- 1-844-420-3964

The Crisis Center

- 24/7 Crisis Intervention/Suicide Prevention
- 1-866-627-4747

Crisis Text Line

- If you are in crisis, reach out for help. Text HOME to 741741.
- 24/7 Crisis Intervention/Suicide Prevention
- Crisis Text Line Website

National Suicide Prevention Lifeline

- 1-800-273-8255
- · suicidepreventionlifeline.org

O ODESSA COLLEGE

Teen Parent Related Services Include:

- * Counseling Services
- *Tutoring, Academic/Attendance Review
- *Health Services
- * Truancy Intervention
- * Free Child Care Services and Bussing to/from school
- *Homebound Education and Services
- *Dropout Recovery
- *Credit Recovery/Acceleration through online education

TEEN PARENT RELATED SERVICES (TPRS) STAFF:

Odessa High School: 456-0029

Connie Flores, Case Worker: 456-5271

Marisela Gonzalez, Specialist: 456-5854

Erica Dangerfield, TPRS Counselor: 456-5851

Marisa Molina, OHS Nurse, 456-5253

Rose Valderaz, Coordinator: 456-8552

Kimberly Bryer, TPRS Homebound Teacher: 456-1006

Hortencia Del Bosque, TPRS Homebound Teacher: 456-8524



Odessa High School
Home of the Bronchos