



Turn in complete & signed form to: ysd-foodservicesspecialdiets@ysd7.org OR fax to
Nutrition Service, 509.573.7188 **All fields must be completed.**

Order for Special Dietary Accommodations

Student/Participant Name	Date of Birth	Student ID#
Signature of Parent/Guardian	Mailing Address (city, state, zip)	
School Name/Grade	Date	Phone Number

Federal law and USDA regulations require nutrition programs to make reasonable modifications to accommodate children with disabilities. Under the law, a disability is an impairment, which substantially limits a major life activity, or bodily function, which can include allergies and digestive conditions, but does not include personal diet preferences.

Please have a State-Recognized Medical Authority fill out the form below:

1. Describe how the impairment affects the student (i.e., how the ingestion/contact with the food impacts the child):

2. List specific food(s) and/or beverages to be omitted or modified, check ALL that apply:

- | | | | |
|-------------------------------------|---|------------------------------------|--|
| ☐ Cow's Milk | ☐ Eggs | ☐ Soy | ☐ Nut type: _____ |
| ☐ Yogurt | ☐ Baked as an ingredient | ☐ Fish | ☐ Sesame |
| ☐ Cheese | ☐ Plain cooked eggs | ☐ Shellfish | ☐ Gluten |
| | | | ☐ Wheat |

☐ Other- Explain: _____

3. Is this a life-threatening allergy? ☐ YES ☐ NO

4. Food/beverages to be substituted: ☐ Lactose Free ☐ Soy ☐ Other – Explain:

5. Should caffeine be omitted for this student? ☐ YES ☐ NO

Caffeinated beverages are available at Eisenhower High School for purchase.

*State-Recognized Medical Authority is a licensed health care professional authorized to write medical prescriptions in Washington: Medical Doctor (MD), Doctor of Osteopathy (DO), Physician's Assistant (PA) with prescriptive authority, Naturopathic Physician, Advanced Nurse Practitioner (ARNP), or Registered Dietitian (RD).

Signature of State-Recognized Medical Authority *

Date

Clinic Name

Clinic Phone Number

Date Received by Nutrition Services Office

This institution is an equal opportunity provider. For questions regarding special diets/menu concerns, please email ysd-foodservicesspecialdiets@ysd7.org or call 509.573.7156. **This form once approved will remain in effect until revoked by a State-Recognized Medical Authority or a letter from a parent or guardian.**

October 29, 2025