



White Plains CSD Wellness Committee Meeting Agenda

October 23rd, 2025

1:30 PM-2:15 PM

ZOOM: [HERE FOR LINK TO RECORDING](#)

Welcome & Introductions

- Welcome Remarks
- Member Introductions
- Sharing of School and Community Wellness Events and Activities

Committee Chair Introductions

- Physical Activity & Education
- Food & Nutrition Services
- Secondary
- Elementary
- Review of Subcommittee Members
- Discussion: How can committees help support schools in wellness initiatives, fundraising, and community activities?

Physical Activity & Health Updates – Christopher Trieste

- Health Education – Wellness-Related Initiatives
 - Farm to School / Nutrition Updates
 - The Harris Project – CODA Training
 - Promoting Physical Activity Throughout the Day

Food & Nutrition Program Updates – Magalie Porretto

- Healthy Meals Incentive Recognition Award from USDA & Action for Healthy Kids
 - Award for Innovation in the Preparation of School Meals, recognizing scratch-cooked recipes for breakfast and lunch.

Child Nutrition Guideline Updates – Stephanie Noto Ceflia, RD, CDN, SNS

- Upcoming Changes to Nutritional Standards:
 - School Year 2025–2026
 - School Year 2027–2028

Culinary and Service Updates– Chef Patrick Firmender, Brigaid

- Menu additions based on student feedback (curry, Asian-inspired dishes, Hispanic options).
- Ongoing evaluation of menu items to reduce allergens and enhance customer satisfaction.
- Serving line renovations at elementary schools.

Nutrition Education Resources for Schools – Josephine Quiocho

- SNAP-Ed – Nutrition Education Services
Contact: *Josephine Quiocho, Nutrition Educator*
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 Office: 845-278-6738 ext. 211
 Cell: 845-481-0891
 www.snapedny.org
- Updates for School Year 2025–2026
- Healthy Classroom Toolkit

Meeting Wrap-Up

Questions, Comments, and Suggestions

- Upcoming Meeting Dates – School Year 2025–2026:
 - January 15, 2026
 - March 19, 2026
 - May 14, 2026