

Elizabethtown Area School District
Scope & Sequence - Quick Reference



Department: Family & Consumer Sciences

Course: Foods and Nutrition 2

Grade Level(s): 10-12

<i>Unit Title</i>	<i>General Topic(s)</i>	<i>Pacing</i>
1. Nutrition	<ul style="list-style-type: none">● Modified diets● Food allergies and intolerances● Life Cycle	15 days
2. Food Units	<ul style="list-style-type: none">● Advanced preparation: eggs, milk/cheese, soup/casseroles, grains (rice, pasta cereal), salads, gelatin, cookies (rolled, molded), yeast/quick breads, meats, poultry, cakes, pies, and candies● International cooking● Recipe alterations	60 days
3. Culinary Labs	<ul style="list-style-type: none">● Advanced kitchen skills● Food safety● Food science principles	15 days