



MENU

HS Week 12: 11.03.25-11.07.25					
	Monday	Tuesday	Wednesday	Thursday	Friday
	All Beef BBQ Meatballs with Mac and Cheese Glazed Carrots Dinner Roll	<div>All Schools Closed</div> <div>Professional Development Day</div>	Asian Chicken Popcorn Chicken Stir- Fry Sauce With Brown Rice Steamed Broccoli	Breakfast For Lunch Fluffy Pancakes Turkey Sausage With Triangle Hash Browns 100 Calorie Syrup	Burger Bar All Beef Patty With Choice of , Cheese Slice, Tomato, Lettuce, Onion and Pickles BBQ Baked Beans
	Cheese Pizza Pepperoni Pizza Chicken Buffalo		Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Ranch Chicken Pizza	Cheese Pizza Pepperoni Pizza Meat Lovers
	Chicken Tenders Carrots Sticks Homemade Bread Stick Assorted Sauces		Create Your Own Caesar Salad Chopped Romaine Red Onions, Black Olives, Croutons, Parmesan Cheese, Chicken Tender, Caesar Dressing Bread Stick	Chicken Tenders Carrots Sticks Homemade Bread Stick Assorted Sauces	Boneless Wings Celery Sticks Homemade Dinner Roll Assorted Sauces
	Spicy Chicken Filet Sandwich		Chicken Filet Sandwich	Hamburger Cheeseburger Mozzarella Sticks with Marinara Sauce	Spicy Chicken Filet Sandwich
	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily		Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily
	<div>Fresh Salad Bar Options</div> <div>Adult Nutri-Bar: Chopped Romaine, Spring Mix, Cucumbers, Mushrooms, Black Olives, Beets, Garbanzo Beans, Tomatoes, Shredded Carrots, Red Onion, Broccoli, Roasted Cauliflower, Green and Red Peppers, Hummus, Pita Bread, Shredded Cheese, Cottage Cheese, Roasted Corn, Cranberries, Sunflower Seeds etc. Items may vary daily.</div> <div>Student Fresh Salad Bar: Chopped Romaine, Cucumbers, Tomatoes, Onions, Black Olives, Garbanzo Beans, Beets, Shredded Carrots, Peppers, Celery, Cranberries, Croutons, etc. Items may vary daily.</div> <div>Freshly Made Grab and Go Entrée Salads, Sub Sandwiches, Hummus Bistro Boxes, and Yogurt Parfaits Available Daily</div>				

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy issues concerning your child with the Resident Director. This Institution is an Equal Opportunity Provider