

Cleveland Heights University Heights



| Middle Schools Week 12: 11.03.25-11.07.25 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|--|
| SIGNATURE INSPIRED • INNOVATIVE • IN-STYLE | BBQ Meatballs With Macaroni and Cheese Glazed Carrots Garlic Bread Stick | All Schools Closed Professional Development Day | Tiger Bowl Popcorn Chicken with Mashed Potatoes Gravy, Seasoned Corn & Dinner Roll | Breakfast for Lunch Cinnamon French Toast with Tator Tots 100 Calorie Pancake Syrup | BBQ Riblet Sandwich With BBQ Baked Beans Baked Onion Rings |
| GRILL SIZZLING, SEASONED & SASSY | Spicy Chicken Filet Sandwich | | Regular Chicken Filet Sandwich | Hamburger Cheeseburger Bosco Sticks | Spicy Chicken Filet Sandwich |
| PIZZA & PASTA OVEN-FRESH PASTA HANDCRAFTED | Cheese Pizza Pepperoni Pizza | | Cheese Pizza Pepperoni Pizza | Cheese Pizza Pepperoni Pizza | Cheese Pizza Pepperoni Pizza |
| ⇒SALAD BAR € Crisp, Crunchy & Nutritious | Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable | | Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable | Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable | Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable |
| FRESH TO GO FAST AND CONVENIENT | Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad | | Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad | Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad | Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad |

ALL MEALS ARE FREE FOR ALL STUDENTS!

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy issues concerning your child with the Resident Director.

CHECK OUT OUR FEATURED SUPERFOODS!

Please discuss any food allergy issues concerning your child with the Resident Director.

This institution is an equal opportunity provider.

