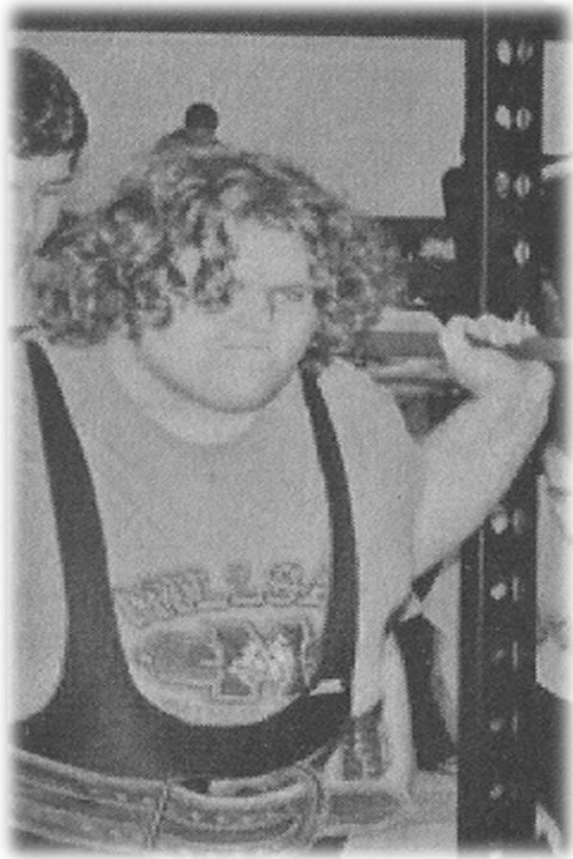


Millsap High School

Athletic Hall of Fame

Est. 2023



Powerlifting began its debut in the middle to late 1990's with a slim showing from MHS. Although a couple of athletes had success with a regional berth from a boy and a state berth from a girl, Millsap athletes didn't have many participants in powerlifting. With continued encouragement and more interest from athletes, powerlifting started to gain popularity. By the time Booth entered high school, his interest in powerlifting helped Millsap get noticed as a potential threat to the sport.

Jeremy found success in powerlifting as a 3-time state qualifier including 2005, 2006 and 2007. In 2005, as a sophomore, he learned what it took to win the state title. He returned home and set out on a mission to do whatever it takes to not only return to the state meet.....but to WIN the state title!

As a junior, Booth was picked to win the state meet but missed a lift which resulted in him losing out on attaining the goal of STATE CHAMPION. This disappointment fueled him to work even harder in the off-season to come back the following year and win the title as a senior.

He did just that! Not only did Jeremy win the title of 2007 Powerlifting State Champion, he left no doubt that he was #1 as he set the benchpress, squat and total state records. Returning to Millsap as the 2007 Powerlifting State Champion was a dream come true. All his hard work and dedication to the sport is a great attribute and has allowed him to be recognized as the "Greatest MHS Powerlifter" of all-time. Other powerlifting accolades for Jeremy includes earning the MVP Powerlifting Award his junior and senior years.

His strength carried over and helped him find success in other sports including football and track. In football, Jeremy was a varsity player for three years. He was a threat on both the offensive and defensive line. His expertise as a lineman earned him all-district offensive and defensive line as well as football MVP. As a trackster, Booth once again displayed his strength by placing at various meets in the discus and shot put.

Upon high school graduation, Jeremy attended college and thought about becoming an educator. Later, he finished dental assistant school and now works in Georgetown, Texas for Schunk Xycarb as a quartz welder fabricating chambers and vessels that are used to make semiconductor wafer chips.

Jeremy and his wife, Mandy, recently celebrated their 10th anniversary. They have one daughter – Chloe.

Jeremy Booth - 2007 State Powerlifting Champion