

# THE ANXIOUS GENERATION COMMUNITY CONVERSATION GRADES 6-12

**THE AVERAGE TEEN SPENDS  
50 HOURS A WEEK ON THEIR PHONE.  
WE CAN CHANGE THE NORM,  
IT'S NOT TOO LATE.**

*Topics:*

- Teaching kids digital agency
- Resetting tech norms
- How AI affects emotional skills and learning
- Social media's impact
- How to reclaim time and attention

**DOOM  
SCROLLING**

**6-8TH GRADE PARENTS ENTERED TO WIN A FREE CLASS TRIP**

**HS PARENTS ENTERED TO WIN A NP PROM  
TICKET VOUCHER VALID THROUGH 2029!**

**BRAIN  
ROT**

\*Thank you to the PTSA and PTO for sponsoring these raffles.

***Date: Thursday 11/13***  
***Time: 7-8:30 p.m.***

**FOOD PROVIDED BY THE PRESTIGE DINER** **Location:** The Media Center @  
New Providence High School

**Miss our first session? Scan the QR code to watch the  
recording! (Book Summary & Expert Panel)**

