

North Minneapolis

1. NorthPoint Health & Wellness – Community Food Shelf

- Description: Free weekly shopping model; provides food, cleaning supplies, diapers, baby formula, pet food, senior boxes (NAPS) etc. helpmeconnect.web.health.state.mn.us+1
- Cost: Free. helpmeconnect.web.health.state.mn.us
- Eligibility/residency: All are welcome; no strict service-area boundary; proof of ID helpful but not required. Visit once per calendar month (or once per week depending on service). [Free Food](#)
- Contact: 2220 Plymouth Ave N (enter via 14th Ave N), Minneapolis MN 55411. Phone: 612-767-9500.

2. Gethsemane Food Shelf

- Description: Provides nutritious food to residents in North Minneapolis; affiliated with local church/garden programs.
- Cost: Free.
- Eligibility/residency: Serves North Minneapolis residents; proof of residence/ID likely required. Phone: 612-964-0881.
- Contact: 4656 Colfax Ave N, Minneapolis MN 55412.

3. Salvation Army – Parkview Food Shelf

- Description: Food shelf offering a 3-5 day supply of groceries; also provides other resources. [The Salvation Army USA](#)
- Cost: Free. [The Salvation Army USA](#)
- Eligibility/residency: Serves North Minneapolis neighborhood; may require ID/address proof.
- Contact: 2024 Lyndale Ave N, Minneapolis MN 55411. Phone: 612-522-6581.