

Plymouth, MN

1. Interfaith Outreach & Community Partners (IOCP) Food Shelf

- Description: A grocery-store style food shelf offering healthy and culturally specific food (fresh produce, dairy, halal meats) plus household & hygiene essentials. [Interfaith Outreach & Community Partners+1](#)
- Cost: Free / no cost for eligible clients. helpmeconnect.web.health.state.mn.us+1
- Eligibility/residency: Must live in their service area (west of I-494 in Plymouth, Hamel, Long Lake, Medina, Minnetonka Beach, Orono, Wayzata) for regular services. On first visit require photo ID + proof of address. [mn.gov // Minnesota's State Portal+2Interfaith Outreach & Community Partners+2](http://mn.gov//Minnesota'sStatePortal+2InterfaithOutreach&CommunityPartners+2)
- Contact: 1605 County Rd 101 N, Plymouth MN 55447. Phone: 763-489-7500. [Interfaith Outreach & Community Partners+1](#)

2. PRISM Food Shelf (serving Plymouth area)

- Description: A grocery-style food shelf providing ~10-15 day supply of food for families, with “shopping” model where clients pick their items. [Free Food+1](#)
- Cost: Free for eligible clients. [Free Food](#)
- Eligibility/residency: Must reside in Golden Valley or south of 42nd Avenue in Crystal/New Hope/Robbinsdale, or east of I-494 in Plymouth. Some exceptions if currently homeless or referred. Requires photo ID + proof of address. [Free Food+1](#)
- Contact: 730 Florida Avenue S, Golden Valley MN 55426. Phone: 763-529-1350. [UsLowCostHousing Food](#)

3. HopeBridge Food Shelf (serves Plymouth area)

- Description: Appointment-based in-store shopping model allowing families to pick food that meets their needs. Delivery option for homebound. newhopechurchmn.org+1
- Cost: Free (by appointment). [The Food Group - Hunger Solutions](#)
- Eligibility/residency: Primarily serves residents of New Hope, Crystal and Plymouth, though they say “will serve anyone”. Requires registration, ID + proof

of address. [The Food Group - Hunger Solutions+1](#)

- Contact: 4217 Boone Ave N, New Hope MN 55428. Phone: 763-536-3284.