

## PINELAND LEARNING CENTER BREAKFAST & LUNCH MENU NOVEMBER 2025

NOVEMBER 2023				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 BREAKFAST	4 BREAKFAST	5 BREAKFAST	6	-
Eggs, Sausage, Fruit, Milk	French Toast with Maple Syrup, Tater Tots, Fruit, Milk	Assorted Cereal, Yogurt, Granola, Nutrigrain Bar, Cheesestick, Fruit, Milk	School Closed - NJEA Convention	School Closed - Veteran's Day Observed
LUNCH	LUNCH	LUNCH		
Chicken Sausage, Peppers & Onion Sandwiches, Pickle, Fruit, Milk	Taco Bowls: Ground Turkey, Cilantro Lime Rice, Pinto Beans, Cheddar Cheese, Lettuce, Tomato, Fruit, Milk	General Tso's Chicken, Rice, Broccoli, Fruit, Milk		
10 BREAKFAST	11 BREAKFAST	12 BREAKFAST	13 BREAKFAST	14 BREAKFAST
Sausage, Egg, & Cheese on an English Muffin, Pineapple, Milk	Baked Oatmeal with Peaches, Cheese Stick, Fruit Cocktail, Milk	Cereal, Muffin, Sliced Peaches, Yogurt, Milk	French Toast Sticks or Muffin, Hashbrown, Apple Slices, Milk	Cereal, Yogurt, Granola, Grapes, Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Bean Dip with Pita Bread, Spring Mix Salad, Mardarin Oranges, Milk	Salsbury Steak, Steamed Asparagus. Roll. Melon, Milk	Baked Tilapia, Peas & Carrots, Quinoa, Plums, Milk	Chicken Lettuce Wraps with Cashews, Steamed Broccoli, Brown Rice, Pears, Milk	Baked Ziti with Meat Sauce & Cheese, Caesar Salad with Croutons, Apple Slices, Milk
17	18	19	20	21
17 BREAKFAST	18 BREAKFAST	19 BREAKFAST	20 BREAKFAST	21 BREAKFAST
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BREAKFAST Cinnamon Oatmeal, Fruit,	BREAKFAST  Waffle with Maple Syrup, Sausage, Hashbrown,	BREAKFAST  Assorted Cereal, Yogurt, Granola, Nutrigrain Bar,	BREAKFAST  Canadian Bacon, Egg & Cheese on a Biscuit,	BREAKFAST
BREAKFAST Cinnamon Oatmeal, Fruit, Milk	BREAKFAST  Waffle with Maple Syrup, Sausage, Hashbrown, Fruit, Milk	BREAKFAST  Assorted Cereal, Yogurt, Granola, Nutrigrain Bar, Cheesestick, Fruit, Milk	BREAKFAST  Canadian Bacon, Egg & Cheese on a Biscuit, Fruit, Milk	BREAKFAST Chef's Choice, Fruit, Milk
BREAKFAST Cinnamon Oatmeal, Fruit, Milk  LUNCH Chicken Fingers, French	BREAKFAST Waffle with Maple Syrup, Sausage, Hashbrown, Fruit, Milk  LUNCH Steak Quesadillas, Mexican Rice, Salsa, Sour Cream, Fruit, Milk	BREAKFAST  Assorted Cereal, Yogurt, Granola, Nutrigrain Bar, Cheesestick, Fruit. Milk  LUNCH  Chicken Pot Pie Topped with a Biscuit, Caesar Salad, Fruit, Milk	BREAKFAST  Canadian Bacon, Egg & Cheese on a Biscuit, Fruit, Milk  LUNCH  Baked Ziti, Meatballs, Side Salad, Fruit	BREAKFAST Chef's Choice, Fruit, Milk  LUNCH Grilled Cheese, Tomato Soup with Goldfish, Pickle, Fruit, Milk
BREAKFAST Cinnamon Oatmeal, Fruit, Milk  LUNCH Chicken Fingers, French Fries, Pickle, Fruit, Milk	BREAKFAST  Waffle with Maple Syrup, Sausage, Hashbrown, Fruit, Milk  LUNCH  Steak Quesadillas, Mexican Rice, Salsa, Sour Cream, Fruit, Milk	BREAKFAST  Assorted Cereal, Yogurt, Granola, Nutrigrain Bar, Cheesestick, Fruit. Milk  LUNCH  Chicken Pot Pie Topped with a Biscuit, Caesar Salad, Fruit, Milk	BREAKFAST  Canadian Bacon, Egg & Cheese on a Biscuit, Fruit, Milk  LUNCH  Baked Ziti, Meatballs, Side Salad, Fruit	BREAKFAST Chef's Choice, Fruit, Milk  LUNCH Grilled Cheese, Tomato Soup with Goldfish, Pickle, Fruit, Milk
BREAKFAST Cinnamon Oatmeal, Fruit, Milk  LUNCH Chicken Fingers, French Fries, Pickle, Fruit, Milk	BREAKFAST Waffle with Maple Syrup, Sausage, Hashbrown, Fruit, Milk  LUNCH Steak Quesadillas, Mexican Rice, Salsa, Sour Cream, Fruit, Milk	BREAKFAST  Assorted Cereal, Yogurt, Granola, Nutrigrain Bar, Cheesestick, Fruit. Milk  LUNCH  Chicken Pot Pie Topped with a Biscuit, Caesar Salad, Fruit, Milk	BREAKFAST  Canadian Bacon, Egg & Cheese on a Biscuit, Fruit, Milk  LUNCH  Baked Ziti, Meatballs, Side Salad, Fruit	BREAKFAST Chef's Choice, Fruit, Milk  LUNCH Grilled Cheese, Tomato Soup with Goldfish, Pickle, Fruit, Milk
BREAKFAST Cinnamon Oatmeal, Fruit, Milk  LUNCH Chicken Fingers, French Fries, Pickle, Fruit, Milk  24 BREAKFAST Berry and Granola	BREAKFAST Waffle with Maple Syrup, Sausage, Hashbrown, Fruit, Milk  LUNCH Steak Quesadillas, Mexican Rice, Salsa, Sour Cream, Fruit, Milk  25 BREAKFAST Pancakes with Maple	BREAKFAST  Assorted Cereal, Yogurt, Granola, Nutrigrain Bar, Cheesestick, Fruit. Milk  LUNCH  Chicken Pot Pie Topped with a Biscuit, Caesar Salad, Fruit, Milk  26  BREAKFAST  Assorted Cereal Bars, Graham Crackers, Milk	BREAKFAST  Canadian Bacon, Egg & Cheese on a Biscuit, Fruit, Milk  LUNCH  Baked Ziti, Meatballs, Side Salad, Fruit  27  School Closed -	BREAKFAST Chef's Choice, Fruit, Milk  LUNCH Grilled Cheese, Tomato Soup with Goldfish, Pickle, Fruit, Milk  28  School Closed -
Cinnamon Oatmeal, Fruit, Milk  LUNCH Chicken Fingers, French Fries, Pickle, Fruit, Milk  24  BREAKFAST  Berry and Granola Parfaits, Fruit, Milk	BREAKFAST Waffle with Maple Syrup, Sausage, Hashbrown, Fruit, Milk  LUNCH Steak Quesadillas, Mexican Rice, Salsa, Sour Cream, Fruit, Milk  25 BREAKFAST Pancakes with Maple Syrup, Bacon, Fruit, Milk	BREAKFAST  Assorted Cereal, Yogurt, Granola, Nutrigrain Bar, Cheesestick, Fruit. Milk  LUNCH  Chicken Pot Pie Topped with a Biscuit, Caesar Salad, Fruit, Milk  26  BREAKFAST  Assorted Cereal Bars, Graham Crackers, Milk (served in the classroom)	BREAKFAST  Canadian Bacon, Egg & Cheese on a Biscuit, Fruit, Milk  LUNCH  Baked Ziti, Meatballs, Side Salad, Fruit  27  School Closed -	BREAKFAST Chef's Choice, Fruit, Milk  LUNCH Grilled Cheese, Tomato Soup with Goldfish, Pickle, Fruit, Milk  28  School Closed -
Cinnamon Oatmeal, Fruit, Milk  LUNCH Chicken Fingers, French Fries, Pickle, Fruit, Milk  24 BREAKFAST Berry and Granola Parfaits, Fruit, Milk  LUNCH Fried Chicken Sandwich with Chipotle Mayo, Garden Salad, Chips,	BREAKFAST Waffle with Maple Syrup, Sausage, Hashbrown, Fruit, Milk  LUNCH Steak Quesadillas, Mexican Rice, Salsa, Sour Cream, Fruit, Milk  25 BREAKFAST Pancakes with Maple Syrup, Bacon, Fruit, Milk  LUNCH Roasted Turkey, Mashed Potatoes, Stuffing, Roasted Greens, Cranberry Sauce, Fruit,	BREAKFAST  Assorted Cereal, Yogurt, Granola, Nutrigrain Bar, Cheesestick, Fruit. Milk  LUNCH  Chicken Pot Pie Topped with a Biscuit, Caesar Salad, Fruit, Milk  26  BREAKFAST  Assorted Cereal Bars, Graham Crackers, Milk (served in the classroom)  LUNCH  Hot Dog with Saurkraut, Tomato & Cucumber	BREAKFAST  Canadian Bacon, Egg & Cheese on a Biscuit, Fruit, Milk  LUNCH  Baked Ziti, Meatballs, Side Salad, Fruit  27  School Closed - Thanksgiving	Chef's Choice, Fruit, Milk  LUNCH  Grilled Cheese, Tomato Soup with Goldfish, Pickle, Fruit, Milk  28  School Closed -