COUNSELING NEWSLETTER

october 31, 2025

IMPORTANT DATES

11/12/25: Career Fair, 1-3pm
11/12/25: Walk n Talk with Counselors, SET bell
11/19/25: Canines for Christ therapy dogs, 10:30-11:30am
12/10/25: Walk n Talk with Counselors, SET bell
12/18/25: Canines for Christ therapy dogs, 9:15-9:35am
1/20/26: CCP info session, 3:30-4:30pm

CONTACT INFORMATION

Mrs. Meadows: School Counselor (A-K) ext. 1117
Mrs. Rottinghaus: School Counselor (L-Z) ext.1127
Mrs. Ginter: Social Worker, ext. 1111
Mrs. Dipzinski: College, Career, Testing Coordinator ext. 1123



CANINES FOR CHRIST THERAPY DOGS WILL HERE NEXT ON WEDNESDAY, 11/19, FROM 10:30-11:30AM IN THE STUDENT LOBBY

Ask your daughter how her "minute meeting" with her counselor went over the past several weeks. Mrs. Meadows and Mrs. Rottinghaus met with every student (grades 9, 10, and 11) for a quick check-in meeting to start off the school year. Seniors are invited to meet with their counselor but senior "minute meetings" are NOT mandatory. We will meet with each student individually again in the winter to request courses for next school year. In the meantime, students are encouraged to come and talk to their school counselor whenever they have questions or concerns related to academics, graduation requirements, social emotional issues, etc.... They can stop by our office anytime or email us to set up an appointment.

988 SUICIDE & CRISIS LIFELINE

24/7 CALL,TEXT,CHAT

WALK N' TALK WITH THE COUNSELING DEPT!

ON WEDNESDAY, 10/15, DURING SET BELL, WE HAD OUR FIRST WALK N' TALK.
THIS IS AN OPPORTUNITY FOR ANY STUDENT TO WALK AND CASUALLY TALK ABOUT ANYTHING! IT'S ANOTHER WAY FOR OUR DEPARTMENT TO CONNECT WITH OUR STUDENTS. OUR NEXT WALK N' TALK WILL BE ON WEDNESDAY, 11/12, DURING SET BELL. ENCOURAGE YOUR DAUGHTER TO JOIN US!

MERCY MCAULEY HIGH SCHOOL CAREER FAIR

WEDNESDAY, NOVEMBER 12, FROM 1-3PM. ALL STUDENTS WILL ATTEND. ENCOURAGE YOUR DAUGHTER TO KEEP AN OPEN MIND AND TAKE THE TIME TO EXPLORE THE VARIOUS CAREERS.

EXCUSED DAYS FOR COLLEGE VISITS

JUNIORS AND SENIORS GET 3 EXCUSED DAYS TO TOUR/VISIT A COLLEGE OR UNIVERSITY OR FOR A JOB SHADOW. A PARENT OR GUARDIAN WILL STILL CALL THE OFFICE THE MORNING OF THE TOUR/VISIT/SHADOW. THE STUDENT WILL BRING IN AN ITINERARY OR NOTE FROM THE COLLEGE THE FOLLOWING DAY AND THE ABSENCE WILL BE MOVED TO "EXCUSED."

SENIORS AND SENIOR PARENTS

CONTINUE TO KEEP INFORMED ABOUT DEADLINES FOR APPLICATIONS, FAFSA, AND SCHOLARSHIPS.

COLLEGE INFORMATION NIGHT: OCT. 14

THANKS TO ALL OF THE PARENTS AND STUDENTS THAT CAME TO OUR COLLEGE INFORMATION NIGHT. WE HAD A GREAT TURNOUT. IF YOU WERE UNABLE TO MAKE IT BUT ARE STILL INTERESTED IN PICKING UP THE PAPERWORK THAT WAS GIVEN OUT, PLEASE REACH OUT TO OUR COLLEGE, CAREER, AND TESTING COORDINATOR, MRS. JAYNE DIPZINSKI. SHE CAN BE REACHED AT 513-681-1800, EXT. 1123 OR DIPZINSKIJ@MERCYMCAULEY.ORG.

POST-SECONDARY/CAREER OPPORTUNITIES:

ON OCTOBER 21, THE COUNSELING DEPARTMENT TOOK 3 STUDENTS TO THE INSIGHT BEHAVIORAL HEALTH CAREERS SYMPOSIUM AT THE SHARONVILLE CONVENTION CENTER. IN ADDITION, ON OCTOBER 28, 5 STUDENTS ATTENDED THE HEALTHFORCE CAREER FAIR AT GREAT WOLF LODGE. BOTH WERE WONDERFUL OPPORTUNITIES FOR THESE STUDENTS TO BE EXPOSED TO VARIOUS CAREERS IN THE HEALTHCARE AND BEHAVIORAL HEALTH INDUSTRIES.

ATTENTION COLLEGE CREDIT PLUS (CCP) STUDENTS/PARENTS:

THERE WILL BE AN INFORMATION SESSION COMING UP THIS WINTER TO LEARN ALL ABOUT COLLEGE CREDIT PLUS (CCP) IF YOUR DAUGHTER IS INTERESTED IN TAKING A CLASS FOR COLLEGE CREDIT THIS COMING SUMMER OR NEXT SCHOOL YEAR. THIS INCLUDES UC'S INTRO TO ENTREPRENEURSHIP AND INTRO TO MARKETING WHICH ARE TAUGHT DURING OUR TUESDAY/THURSDAY TEA BELLS ONLINE. CCP IS THE STATE OF OHIO'S PROGRAM THAT PAYS FOR STUDENTS TO TAKE COLLEGE COURSES WHILE STILL IN HIGH SCHOOL. THIS PRESENTATION WILL BE FOR STUDENTS THAT ARE CURRENTLY IN GRADES 9,10,11 AND THEIR PARENTS. UNIVERSITY OF CINCINNATI AND CINCINNATI STATE WILL BE PRESENTING. THE COUNSELING DEPARTMENT WILL BE HOSTING THIS EVENT. PLEASE REACH OUT TO MRS. ROTTINGHAUS WITH QUESTIONS. EXT. 1127.

TUESDAY, JANUARY 20, 2026, 3:30-4:30 PM

