



# Zionsville Pre-K Menu

2025-2026

**Students may take 3-5 components to make a meal.**

Components are: Entrée (Meat/Meat Alternate and Grain) 1-2 Vegetables, 1-2 Fruits, and a Milk. All meals must include at least 1 Fruit or Vegetable.

**Breakfast Served M – F at: PVE 7:45 – 8:10, All other schools 7:45 - 8:00**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Choice of 1 Entrée: <sup>3</sup></p> <ul style="list-style-type: none"> <li>Bosco Bread Sticks <sup>MSW</sup></li> <li>Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Steamed Peas Applesauce 1% White Milk <sup>M</sup></p>	<p>Choice of 1 Entrée: <sup>4</sup></p> <ul style="list-style-type: none"> <li>Chicken Nuggets <sup>MSW</sup> w/ Corn Muffin <sup>MEW</sup></li> <li>Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Green Beans Pineapple 1% White Milk <sup>M</sup></p>	<p>Choice of 1 Entrée: <sup>5</sup></p> <ul style="list-style-type: none"> <li>All Beef Cheeseburger <sup>MS</sup> or Hamburger on Bun <sup>W</sup></li> <li>Turkey and Cheese Sandwich <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>BBQ Baked Beans Peaches 1% White Milk <sup>M</sup></p>	<p>Choice of 1 Entrée: <sup>6</sup></p> 	<p>Choice of 1 Entrée: <sup>7</sup></p> <ul style="list-style-type: none"> <li>Cereal Bowl <sup>VARIES</sup> w/Pork Sausage Patty</li> <li>Turkey and Cheese Sandwich <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Tri-Taters Fruit Cocktail 1% White Milk <sup>M</sup></p>
<p>Choice of 1 Entrée: <sup>10</sup></p> <ul style="list-style-type: none"> <li>Rotini in Meat Sauce <sup>EW</sup> w/ Garlic Toast <sup>MSW</sup></li> <li>Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Steamed Corn Mandarin Oranges 1% White Milk <sup>M</sup></p>	<p>Choice of 1 Entrée: <sup>11</sup></p> <ul style="list-style-type: none"> <li>Teriyaki Chicken Bowl w/Rice <sup>MSW</sup></li> <li>Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Steamed Broccoli Applesauce 1% White Milk <sup>M</sup></p>	<p>Choice of 1 Entrée: <sup>12</sup></p> <ul style="list-style-type: none"> <li>Pork Tenderloin <sup>SW</sup> on a Bun <sup>W</sup></li> <li>Grilled Cheese <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>BBQ Baked Beans Peaches 1% White Milk <sup>M</sup></p>	<p>Choice of 1 Entrée: <sup>13</sup></p> <ul style="list-style-type: none"> <li>French Toast Sticks <sup>MESW</sup></li> <li>w/Pork Sausage</li> <li>Grilled Cheese <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Tri-Taters Apple Slices 1% White Milk <sup>M</sup></p>	<p>Choice of 1 Entrée: <sup>14</sup></p> <ul style="list-style-type: none"> <li>Deep Dish Pizza <sup>MSW</sup></li> <li>Grilled Cheese <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Cucumber Slices Fruit Cocktail 1% White Milk <sup>M</sup></p>

## Allergen Legend:

W – Contains Wheat

S – Contains Soy

M – Contains Milk/Dairy

E – Contains Eggs

SS – Contains Sesame

GF – Naturally Gluten Free (Packaged in kitchens that prepare items containing gluten.)

Please speak with your school's café manager to obtain a Special Dietary Needs Medical Form if your child requires a special menu or meal modification due to a disability or impairment.

SF – Contains Shellfish

T – Contains Tree Nuts

P – Contains Peanuts

F – Contains Fish

## Pricing

1 Student Lunch \$2.65

1 Student Reduced Lunch \$0.40

Adult Purchases A la Carte

Milk \$0.65

**Additional items beyond the first meal are charged as a la carte.**

<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>All Beef Hot Dog on Bun <sup>W</sup></li> <li>Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Steamed Peas and Carrots Pears 1% White Milk <sup>M</sup></p>	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>Waffles <sup>MESW</sup> w/Cheese Omelet <sup>ME</sup></li> <li>Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Emoticons Peaches 1% White Milk <sup>M</sup></p>	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>Breaded Chicken Sandwich <sup>MSW</sup> on Bun <sup>W</sup></li> <li>Turkey and Cheese Sandwich <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Steamed Corn Mandarin Oranges 1% White Milk <sup>M</sup></p>	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>Walking Taco</li> <li>Turkey and Cheese Sandwich <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Baby Carrots Apple Slices 1% White Milk <sup>M</sup></p>	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>4X6 Pizza <sup>MW</sup></li> <li>Turkey and Cheese Sandwich <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Cherry Tomatoes Pineapple 1% White Milk <sup>M</sup></p>
<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>Bosco Bread Sticks <sup>MW</sup></li> <li>Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>Steamed Corn Fruit Cocktail 1% White Milk <sup>M</sup></p>	<p>Choice of 1 Entrée:</p> <ul style="list-style-type: none"> <li>Corn Dog Nuggets <sup>SWE</sup></li> <li>Fruit &amp; Yogurt Parfait <sup>MSW</sup></li> <li>Protein Pack w/String Cheese <sup>M</sup> and Sunflower Seeds <sup>GF</sup></li> <li>Bagel <sup>w</sup> and Yogurt <sup>M</sup> w/Sunflower Seeds</li> <li>PB&amp;J Sandwich <sup>PW</sup></li> </ul> <p>BBQ Baked Beans Peaches 1% White Milk <sup>M</sup></p>			

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Visit the Food Service link at [www.zcs.k12.in.us](http://www.zcs.k12.in.us) where you will find info on:

- Contact names
- Meal assistance
- Nutritional / allergen information
- Cafeteria pricing
- School Pay and More

» You can also learn about our **ZCS Family Portal** where you can view current balances, food purchase histories and MORE! «