

Zionsville Pre-K Menu

2025-2026

Students may take 3-5 components to make a meal.

Components are: Entrée (Meat/Meat Alternate and Grain) 1-2 Vegetables, 1-2 Fruits, and a Milk. All meals must include at least 1 Fruit or Vegetable.

Breakfast Served M - F at: PVE 7:45 - 8:10, All other schools 7:45 - 8:00

Choice of 1 Entrée: Bosco Bread Sticks IMW Fruit & Yogurt Parfait IMSW Protein Pack w/String Cheese IM and Sunflower Seeds or Bagel and Yogurt IM w/Sunflower Seeds PB&J Sandwich PW Steamed Peas Applesauce 1% White Milk IM Fruit & Yogurt Parfait IMSW PB&J Sandwich PW Steamed Peas Applesauce 1% White Milk IM Fruit & Yogurt Parfait IMSW Frotein Pack w/String Cheese IMSUnflower Seeds PB&J Sandwich PW Steamed Peas Applesauce 1% White Milk IM Fruit & Yogurt Parfait IMSW Frotein Pack w/String Cheese IMSUnflower Seeds PB&J Sandwich PW Steamed Peas Applesauce 1% White Milk IM Fruit & Yogurt Parfait IMSW Frotein Pack w/String Cheese IMSUnflower Seeds PB&J Sandwich PW Choice of 1 Entrée: Steamed Peas Applesauce 1% White Milk IM Choice of 1 Entrée: Teriyaki Chicken Bowl w/Rice IMSW Frotein Pack w/String Cheese IMSUnflower Seeds or Fruit & Yogurt Parfait IMSW Frotein Pack w/String Cheese IMSUnflower Seeds or Froit Pack w/String Cheese IMSUnflower Seeds or Froit Reck w/String Cheese IMSUnflower Seeds or Froit Pack w/String Cheese IMSUnflower Seeds or Bagel IMSUnflower Seeds or Froit Reck w/String Cheese IMSUnflower Seeds or Bagel IMSUnflower	MONDAY	THEODAY	MEDNEODAY	THIRODAY	EDID AV
Choice of 1 Entrée: • Bosco Bread Sticks MV • Fruit & Yogurt Parfait MeW • Protein Pack w/String Cheese M and Sunflower Seeds F • Bagel M and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Steamed Peas Applesauce 1% White Milk M Choice of 1 Entrée: • Choice of 1 Entrée: • All Beef Cheeseburger Ms or Hamburger on Bun M • Turkey and Cheese Sandwich MeW • Protein Pack w/String Cheese M and Sunflower Seeds GP Protein Pack w/String Cheese M and Sunflower Seeds PB&J Sandwich PW Steamed Peas Applesauce 1% White Milk M Choice of 1 Entrée: • All Beef Cheeseburger Ms or Hamburger on Bun M • Turkey and Cheese Sandwich MeW • Protein Pack w/String Cheese M and Sunflower Seeds GP • Bagel M and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Steamed Corn Choice of 1 Entrée: • All Beef Cheeseburger Ms or Hamburger on Bun M • Turkey and Cheese Sandwich MeW • Protein Pack w/String Cheese M and Sunflower Seeds GP • Bagel M and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Choice of 1 Entrée: • All Beef Cheeseburger Ms • Fruit & Yogurt Parfait MeW • Protein Pack w/String Cheese M and Sunflower Seeds GP • Bagel M and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Choice of 1 Entrée: • All Beef Cheeseburger Ms • Turkey and Cheese Sandwich MeW • Protein Pack w/String Cheese M and Sunflower Seeds GP • Bagel M and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Choice of 1 Entrée: • Cereal Bowl varies w/Pork Sausage Party • Turkey and Cheese Sandwich MeW • Protein Pack w/String Cheese M and Sunflower Seeds GP • Bagel M and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Choice of 1 Entrée: • Creal Bowl varies Sausw • Protein Pack w/String Cheese M and Sunflower Seeds GP • Bagel M and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Choice of 1 Entrée: • Creal Bowl varies Sausway • Protein Pack w/String Cheese M and Sunflower Seeds GP • Bagel M and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Choice of 1 Entrée: • Creal Bowl varies Sausway • Protein Pack w/String Cheese M and Sunflower Seeds GP • Portein Pack w/String Chees	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Applesauce 1% White Milk M 10 Choice of 1 Entrée: • Rotini in Meat Sauce EW w/ Garlic Toast MSW • Fruit & Yogurt Parfait MSW • Protein Pack w/String Cheese M and Sunflower Seeds GF • Bagel w and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Steamed Corn 10 Choice of 1 Entrée: • Choice of 1 Entrée: • Choice of 1 Entrée: • Pork Tenderloin SW on a Bun W • Portein Pack w/String Cheese M and Sunflower Seeds GF • Bagel w and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Steamed Corn 12 Choice of 1 Entrée: • Choice of 1 Entrée: • Pork Tenderloin SW on a Bun W • Protein Pack w/String Cheese M and Sunflower Seeds GF • Bagel w and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Steamed Corn 13 Choice of 1 Entrée: • Deep Dish Pizza MSW • W/Pork Sausage • Fruit & Yogurt Parfait MSW • Protein Pack w/String Cheese M and Sunflower Seeds GF • Bagel w and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Steamed Corn Steamed Broccoli Pin't Cocktail 1% White Milk M 18 Choice of 1 Entrée: • Choice of 1 Entrée: • Pork Tenderloin SW on a Bun W • W/Pork Sausage • Fruit Cocktail 1% White Milk M Choice of 1 Entrée: • Prench Toast Sticks MESW • Frotein Pack w/String Cheese M and Sunflower Seeds GF • Bagel w and Yogurt M w/Sunflower Seeds • PB&J Sandwich PW Steamed Corn Steamed Broccoli Pin't Active Tokking Thit all the Milk M Should Brown Sho	Choice of 1 Entrée: Bosco Bread Sticks MW Fruit & Yogurt Parfait MSW Protein Pack w/String Cheese M and Sunflower Seeds GF Bagel W and Yogurt M W/Sunflower Seeds	Choice of 1 Entrée: Chicken Nuggets MSW W/ Corn Muffin MEW Fruit & Yogurt Parfait MSW Protein Pack w/String Cheese M and Sunflower Seeds GF Bagel w and Yogurt M W/Sunflower Seeds	Choice of 1 Entrée: All Beef Cheeseburger MS or Hamburger on Bun W Turkey and Cheese Sandwich MSW Protein Pack w/String Cheese M and Sunflower Seeds GF Bagel w and Yogurt M w/Sunflower Seeds	NO SCHOOL TODAY ELEARNING	Cereal Bowl VARIES w/Pork Sausage Patty Turkey and Cheese Sandwich MSW Protein Pack w/String Cheese M and Sunflower Seeds GF Bagel w and Yogurt M w/Sunflower Seeds
Choice of 1 Entrée: Rotini in Meat Sauce EW W/ Garlic Toast MSW Fruit & Yogurt Parfait MSW Protein Pack w/String Cheese M and Sunflower Seeds PB&J Sandwich PW Choice of 1 Entrée: Choice of 1 Entrée: Choice of 1 Entrée: Choice of 1 Entrée: Pork Tenderloin SW on a Bun W Grilled Cheese MSW Fright & Yogurt Parfait MSW Frotein Pack w/String Cheese M and Sunflower Seeds PB&J Sandwich PW Choice of 1 Entrée: Choice of 1 Entrée: Pork Tenderloin SW on a Bun W Grilled Cheese MSW Frotein Pack w/String Cheese M and Sunflower Seeds Protein Pack w/String Cheese M and Sunflower Seeds PB&J Sandwich PW Choice of 1 Entrée: Choice of 1 Entrée: Pork Tenderloin SW on a Bun W Grilled Cheese MSW Protein Pack w/String Cheese M and Sunflower Seeds Protein Pack w/String Cheese M and Sunflower Seeds Protein Pack w/String Cheese M and Sunflower Seeds PB&J Sandwich PW Choice of 1 Entrée: Choice of 1 Entrée: Fruit & Yogurt Parfait MSW W/Pork Sausage Protein Pack w/String Cheese M and Sunflower Seeds Protein Pack w/String Cheese M and Sunflower Seeds Protein Pack w/String Cheese M and Sunflower Seeds PBagel w and Yogurt M W/Sunflower Seeds PB&J Sandwich PW Steamed Corn Steamed Broccoli Choice of 1 Entrée: Fruit & Yogurt Parfait MSW W/Pork Sausage Protein Pack w/String Cheese M and Sunflower Seeds GF Bagel w and Yogurt M W/Sunflower Seeds PB&J Sandwich PW Steamed Corn Steamed Broccoli Choice of 1 Entrée: Fruit & Yogurt Parfait MSW W/Pork Sausage Protein Pack w/String Cheese M and Sunflower Seeds GF Bagel w and Yogurt M W/Sunflower Seeds PB&J Sandwich PW Choice of 1 Entrée: Choice of 1 Entrée: Fruit & Yogurt Parfait MSW W/Pork Sausage Protein Pack w/String Cheese M and Sunflower Seeds GF Bagel w and Yogurt M W/Sunflower Seeds PB&J Sandwich PW Choice of 1 Entrée: Choice of 1 Entrée: Fruit & Yogurt Parfait MSW W/Pork Sausage Bun W W/Pork Sausage Protein Pack w/String Cheese M and Sunflower Seeds GF PBagel w and Yogurt M W/Sunflower Seeds PB&J Sandwich PW Choice of 1 Entrée: Fruit & Yogurt Parfait MSW W/Pork Sausa	Applesauce	Pineapple	Peaches		Fruit Cocktail
1% White Milk M	Choice of 1 Entrée: Rotini in Meat Sauce EW w/ Garlic Toast MSW Fruit & Yogurt Parfait MSW Protein Pack w/String Cheese M and Sunflower Seeds GF Bagel w and Yogurt M w/Sunflower Seeds PB&J Sandwich PW Steamed Corn Mandarin Oranges	Choice of 1 Entrée: Teriyaki Chicken Bowl w/Rice MSW Fruit & Yogurt Parfait MSW Protein Pack w/String Cheese M and Sunflower Seeds GF Bagel W and Yogurt M w/Sunflower Seeds PB&J Sandwich PW Steamed Broccoli Applesauce	Choice of 1 Entrée: Pork Tenderloin SW on a Bun W Grilled Cheese MSW Protein Pack w/String Cheese M and Sunflower Seeds F Bagel W and Yogurt M w/Sunflower Seeds PB&J Sandwich PW BBQ Baked Beans Peaches	Choice of 1 Entrée: French Toast Sticks MESW W/Pork Sausage Grilled Cheese MSW Protein Pack W/String Cheese M and Sunflower Seeds F Bagel w and Yogurt M W/Sunflower Seeds PB&J Sandwich PW Tri-Taters Apple Slices	Deep Dish Pizza MSW Grilled Cheese MSW Protein Pack w/String Cheese M and Sunflower Seeds GF Bagel W and Yogurt M W/Sunflower Seeds BB&J Sandwich PW Cucumber Slices Fruit Cocktail

Allergen Legend:

 $\begin{array}{lll} W- \hbox{Contains Wheat} & \hbox{SF-Contains Shellfish} \\ S- \hbox{Contains Soy} & \hbox{T-Contains Tree Nuts} \\ M- \hbox{Contains Milk/Dairy} & \hbox{P-Contains Peanuts} \\ E- \hbox{Contains Eggs} & \hbox{F-Contains Fish} \end{array}$

SS – Contains Sesame

GF – Naturally Gluten Free (Packaged in kitchens that prepare items containing gluten.)

Please speak with your school's café manager to obtain a Special Dietary Needs Medical Form if your child requires a special menu or meal modification due to a disability or impairment.

Pricing

1 Student Lunch \$2.65 1 Student Reduced Lunch \$0.40 Adult Purchases A la Carte Milk \$0.65

Additional items beyond the first meal are charged as a la carte.

Menus Subject to Change 10-24-25

21 Choice of 1 Entrée: All Beef Hot Dog on Bun W Waffles MESW w/Cheese 4X6 Pizza MW Breaded Chicken Walking Taco Sandwich MSW on Bun W Omelet ME Fruit & Yogurt Parfait MSW Turkey and Cheese Turkey and Cheese Turkey and Cheese Fruit & Yogurt Parfait MSW Sandwich MSW Protein Pack w/String Sandwich MSW Cheese ^M and Sunflower Protein Pack w/String Sandwich MSW Protein Pack w/String Protein Pack w/String Seeds GF Cheese M and Sunflower Cheese ^M and Sunflower Protein Pack w/String Cheese ^M and Sunflower Bagel w and Yogurt M Seeds GF Seeds GF Cheese ^M and Sunflower Seeds GF w/Sunflower Seeds Bagel w and Yogurt M Seeds GF Bagel w and Yogurt M Bagel w and Yogurt M PB&J Sandwich PW w/Sunflower Seeds Bagel w and Yogurt M w/Sunflower Seeds w/Sunflower Seeds w/Sunflower Seeds PB&J Sandwich PW PB&J Sandwich PW PB&J Sandwich PW PB&J Sandwich PW Cherry Tomatoes Steamed Peas and Carrots Emoticons Steamed Corn Baby Carrots Pineapple Pears Peaches Mandarin Oranges Apple Slices 1% White Milk M 1% White Milk M 1% White Milk M 1% White Milk[™] 1% White Milk M 24 27 25 26 28 Choice of 1 Entrée: Choice of 1 Entrée: Bosco Bread Sticks MW Corn Dog Nuggets SWE Fruit & Yogurt Parfait MSW Fruit & Yogurt Parfait MSW Protein Pack w/String Protein Pack w/String Cheese ^M and Sunflower Cheese ^M and Sunflower Seeds GF Seeds GF ranksgiving Bagel w and Yogurt M Bagel w and Yogurt M w/Sunflower Seeds w/Sunflower Seeds PB&J Sandwich PW PB&J Sandwich PW **BBQ Baked Beans** Steamed Corn Peaches Fruit Cocktail 1% White Milk M 1% White Milk M

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Visit the Food Service link at www.zcs.k12.in.us where you will find info on:

- Contact names
- Meal assistance
- Nutritional / allergen information
- Cafeteria pricing
- School Pay and More

You can also learn about our ZCS Family Portal where you can view current balances, food purchase histories and MORE!



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