

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast for Lunch Cinnamon French Toast Breakfast Potatoes With Pancake Syrup Orange Slices Assorted Fresh Fruit and Vegetable Bar	4 All Schools Closed Professional Development Day	5 Sweet and Sour Chicken Popcorn Chicken Brown Rice Seasoned Green Peas Fresh Grapes Assorted Fresh Fruit and Vegetable Bar	Beef Riblet Sandwich with BBQ Baked Beans Frozen Fruit Cup Assorted Fresh Fruit and Vegetable Bar	7 Cheese or Turkey Pepperoni Pizza Garden Salad Apple Sauce Cup Assorted Fresh Fruit and Vegetable Bar
Chicken & Waffles Popcorn Chicken Dutch Waffles Seasoned Corn With Pancake Syrup Orange Slices Assorted Fresh Fruit and Vegetable Bar	Taco Tuesday Nacho Doritos Beef Taco Meat Black Beans Shredded Cheese Sour Cream & Salsa Diced Peaches Assorted Fresh Fruit and Vegetable Bar	Chicken Nuggets with Cheddar Goldfish Baked French Fries Fresh Grapes Assorted Fresh Fruit and Vegetable Bar	Chicken Alfredo With Bowtie Pasta Seasoned Green Beans Dinner Roll Frozen Fruit Cup Assorted Fresh Fruit and Vegetable Bar	Cheese or Turkey Pepperoni Personal Pizza Garden Salad Apple Sauce Cup Assorted Fresh Fruit and Vegetable Bar
All Beef Italian Calzone With Seasoned Glazed Carrots Marinara Sauce Orange Slices Assorted Fresh Fruit and Vegetable Bar	Tiger Bowl Popcorn Chicken Mashed Potato & Gravy Dinner Roll Diced Peaches Assorted Fresh Fruit and Vegetables	All Beef Cheeseburger with BBQ Baked Beans Fresh Grapes Assorted Fresh Fruit and Vegetable Bar	Breaded Baked Chicken Leg With Macaroni and Cheese Seasoned Green Beans Frozen Fruit Cup Assorted Fresh Fruit and Vegetable Bar	Cheese or Turkey Pepperoni Pizza Garden Salad Apple Sauce Cup Assorted Fresh Fruit and Vegetable Bar
Chicken Tenders With Seasoned Corn Cheddar Goldfish Orange Slices Assorted Fresh Fruit and Vegetable Bar	Cheese Bosco Sticks With Marinara Sauce Cup Glazed Carrots Diced Peaches Assorted Fresh Fruit and Vegetable Bar	All Schools Closed Compensatory Day	Thanksgiving Recess-	All Schools Closed
2 <sup>nd</sup> Entrée Option: Power Pack Yogurt Cup WG Muffin and Cheese Stick	2 <sup>nd</sup> Entrée Option: Soybutter and Jelly Sandwich with Cse Stick	2 <sup>nd</sup> Entrée Option: Power Pack Yogurt Cup WG Muffin and Cheese Stick	2 <sup>nd</sup> Entrée Option: Soybutter and Jelly Sandwich with Cheese Stick	2 <sup>nd</sup> Entrée Option: Power Pack Yogurt Cup WG Muffin and Cheese Stick

## **MENU SUBJECT TO CHANGE**

A Sunbutter Sandwich – A Peanut Free Subsittue made from Sunflower Seeds Served as Daily Choice Milk is Offered with Every Meal! Choices Include: Fat Free Chocolate or Low Fat White

Lunch Includes: Entrée (Grain and Meat/Meat Alternative), Two Servings of Fruits or Vegetables, One Milk.

Daily choices on the Fresh Fruit and Produce Bar may include: Apples, Oranges, Bananas, Dried Fruit, Romaine Lettuce, Carrots, Grape Tomatoes, Broccoli,
Cucumbers, and/or other Seasonal Options.

Please discuss any food allergy issues concerning your child with the Food Service Director.