



Food Zone

November 2025 Prek Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 Breakfast for Lunch Cinnamon French Toast Sticks Breakfast Potatoes With Pancake Syrup Orange Slices	4 All Schools Closed Professional Development Day	5 Sweet and Sour Chicken Popcorn Chicken Brown Rice Seasoned Green Peas Apple Slices	6 Beef Riblet Sandwich With BBQ Baked Beans Frozen Fruit Cup	7 Cheese Pizza Garden Salad Cucumber Slices Apple Sauce Cup
10 Chicken & Waffles Popcorn Chicken Dutch Waffles Seasoned Corn With Pancake Syrup Orange Slices	11 Taco Tuesday Tortilla Shell Beef Taco Meat Black Beans Shredded Cheese, Salsa & Sour Cream Diced Peaches	12 Chicken Nuggets with Cheddar Goldfish Baked French Fries Apple Slices	13 Chicken Alfredo With Bowtie Pasta Seasoned Green Beans Dinner Roll Frozen Fruit Cup	14 Cheese Pizza Garden Salad Cucumber Slices Apple Sauce Cup
17 All Beef Italian Calzone With Seasoned Glazed Carrots Marinara Sauce Orange Slices	18 Tiger Bowl Popcorn Chicken Mashed Potato & Gravy Seasoned Corn Diced Pears	19 All Beef Cheeseburger with BBQ Baked Beans Apple Slices	20 Chicken Nuggets With Macaroni and Cheese Seasoned Green Beans Frozen Fruit Cup	21 Cheese Pizza Garden Salad Cucumber Slices Apple Sauce Cup
24 Chicken Tenders With Seasoned Corn Cheddar Goldfish Orange Slices	25 Cheese Bosco Sticks With Marinara Sauce Cup Glazed Carrots Diced Peaches	26 All Schools Closed Compensatory Day	27 <div> Thanksgiving Recess- All Schools Closed </div>	29
2nd Entrée Option: Power Pack Yogurt Cup WG Muffin and Cheese Stick	2nd Entrée Option: Soybutter and Jelly Sandwich with Cse Stick	2nd Entrée Option: Power Pack Yogurt Cup WG Muffin and Cheese Stick	2nd Entrée Option: Soybutter and Jelly Sandwich with Cheese Stick	2nd Entrée Option: Power Pack Yogurt Cup WG Muffin and Cheese Stick

MENU SUBJECT TO CHANGE

A Sunbutter Sandwich – A Peanut Free Subsittue made from Sunflower Seeds Served as Daily Choice
 Milk is Offered with Every Meal! Choices Include: Fat Free Chocolate or Low Fat White

Lunch Includes: Entrée (Grain and Meat/Meat Alternative), Two Servings of Fruits or Vegetables, One Milk.
 Daily choices on the Fresh Fruit and Produce Bar may include: Apples, Oranges, Bananas, Dried Fruit, Romaine Lettuce, Carrots, Grape Tomatoes, Broccoli, Cucumbers, and/or other Seasonal Options.

Please discuss any food allergy issues concerning your child with the Food Service Director.

This Institution is an Equal Opportunity Provider