



**What is a Meal?**

You must choose at least 3 of the 5 components available for the school lunch price.

- ★ Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.
- Meal or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white or fat free chocolate, vanilla or strawberry

**Daily Fruit Choices May Include:**

- Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, and Mandarin Oranges



**WEEKLY ALTERNATIVES**



- Cheffresh Entree of the week!
- Fresh Salad of the week!
- PB & J EVERYDAY!!!!
- ★ BRAVO BAR OF THE WEEK

**DAILY ENTREE OPTIONS MAY INCLUDE:**

- Bravo Bars
- Cheffresh Salad
- Cheffresh Sub or Wrap
- Cheeseburger
- Hamburger
- Chicken Patty Sandwich
- Cheese & /or Pepperoni Pizza
- Specialty Pizza of the Week



**Lunch Prices:**

Student: \$3.15

Adult: \$4.00

**Food Service Director:**

Darlene D. Wendrock

**Phone Number:**

724-376-7911 Ext. 6125

**Email:**

d\_wendrock@docs.lakeview.k12.pa.us

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY

Monday	Tuesday	Wednesday	Thursday	Friday																				
November 10	November-11	November-12	November-13	November-14																				
<b>Pasta Bar</b>																								
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