

**EMPLOYEE ASSISTANCE PROGRAM
OPTUM
EFFECTIVE 1/1/2026 - 12/31/2026**



TYPE OF PLAN		EMPLOYEE ASSISTANCE PROGRAM ¹
GENERAL PLAN INFORMATION		IN-NETWORK BENEFITS
Contact Information - 24-Hours per Day/7-Days per Week		
	Phone	(888) 444-8624
	Web	www.liveandworkwell.com
	Access Code	CSEBO
EAP Benefits		Copays/Coinsurance
	5 Face-To-Face Visits per Problem per Year	No Charge
Covered Visits²		Copays/Coinsurance
	Child/Parenting Services	No Charge
	Adult/Elder Support	No Charge
	Financial Resources	No Charge
	Legal/Mediation Resources	No Charge
	Chronic Condition Support	No Charge
	Life Learning/Educational Support Services	No Charge
	Convenience Services	No Charge

¹The Employee Assistance Program is a benefit that is provided to each benefit-eligible employee of OSD at no charge. You do not need to "select" this plan, eligible employees will automatically have access to these benefits.

²You must obtain prior-authorization through Optum prior to face-to-face consulting services. Please contact (888) 444-8624 to obtain authorization for face-to-face visits and for access to the full WorkLife program.

Note: This summary of benefits is a brief outline of coverage, designed to help you with the selection process. This summary does not reflect each and every benefit, exclusion and limitation which may apply to the coverage. For more details, important limitations and exclusions, please review the formal Certificate of Insurance or Evidence of Coverage (EOC). If there is a difference between this summary and the Certificate of Insurance or Evidence of Coverage (EOC), the Certificate of Insurance or Evidence of Coverage (EOC), will prevail.

