



STEPS Program

at Blair Academy

Living and learning in a boarding school environment is all about acquiring the executive functioning, interpersonal, conflict resolution and planning skills that will best position students for success at Blair and beyond.

STRATEGY Learn to set goals, organize tasks & develop game plans to tackle challenges

TIME MANAGEMENT Develop ability to schedule, prioritize tasks & use time effectively

EXECUTION Build proficiency in follow through, focus & efficient use of time

PLANS & PRIORITIES Strengthen planning skills & learn to prioritize academic & personal responsibilities

SELF-MONITORING Grow capacity for self-reflection & awareness of habits, routines & ability to adjust

This class, which will be integrated in Blair's curriculum and taught by Director of Academic Support Allison Leddy, is designed to do just that by developing ninth-grade students' competency and understanding of strategies for time management, goal-setting, task completion and self-reflection.

- Small class size of 10-12 students
- Meet twice a week during the class day instead of study hall
- Not graded, but comments from instructor included in report cards
- Cost for semester-long course: \$2,500



➤ Register today by emailing Mrs. Leddy at leddy@blair.edu or calling (908) 362-6121, ext. 5758.