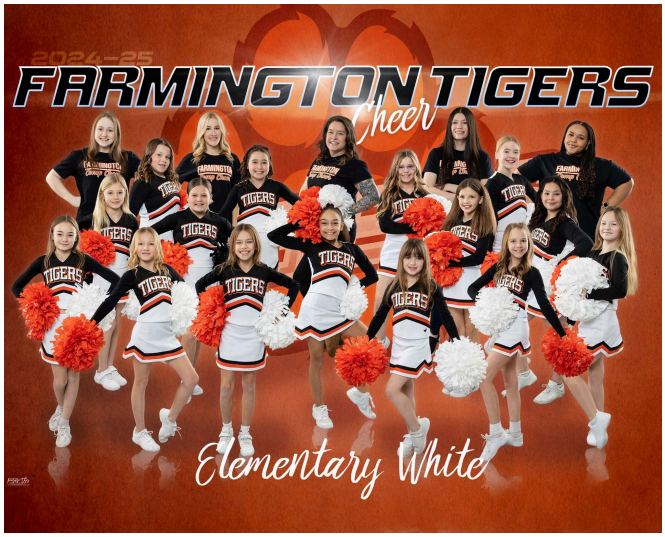
FARMINGTON COMMUNITY EDUCATION

COMPETITION CHEER



FARMINGTON COMPETITION CHEER TEAMS 2025-2026

TRAVEL TEAMS

TRAVEL TEAM INFORMATION

1

Competition Cheer is a unique team sport where athletes perform routines showcasing the team's skills in partner stunts, pyramids, tumbling, jumps,crowd leading and performance skills. Teams perform two routines throughout the season - Traditional and Game Day. Traditional routines are 2.5 minutes long and showcase the elite stunting and tumbling skills of the team using both music and cheer sections in the routine. Game Day routines are 3 minutes long and simulate a game environment that showcases the teams crowd leading and excitement building skills using a band dance, cheer and school fight song.

The Farmington Competition Cheer Teams is thrilled to offer the following Travel Teams - Elementary White, Middle School White, Junior Varsity and Varsity for the 25-26 season. Athletes choosing to participate on a travel team are dedicated to the sport of competitive cheer, demonstrate a high ability of skills, have the maturity to train and compete at a high level both locally and nationally, are excellent teammates, have great work ethic, coachability and help create well rounded teams. The FCCT Travel Teams require a 9 month season, multiple summer camps, and out-of-state travel to Orlando, FL for the National High School Cheerleading Championship (NHSCC aka UCA Nationals) and possibly an out-of-state regional competition, if needed. Participation in the Team Placements process is required for all Travel Teams.

******NEW in 25-26*** - Elementary White will also compete Game Day as well as Traditional at all local competitions.

FCCT also offers Local Teams at the preschool through middle school levels. Local team seasons are 6 months and only compete in the metro area. Please see the Local Team packet for more information on those teams.

ELIGIBILITY				
TRAVEL TEAM	**GRADE 25-26 SCHOOL YEAR**	**BIRTH YEAR**	**MN Divisions**	**Regional/National Divisions**
Elementary White	2nd - 5th	***2013 & Later***	Elementary Advanced	***Open Rec 12Y***
Middle School White	6th - 8th	***2011 & Later***	Middle School	Open Rec 14Y
Junior Varsity*	7th - 12th	N/A	Junior Varsity	TBD - Junior Varsity Divisions
Varsity*	8th - 12th	N/A	Varsity	TBD - Varsity Divisions

Members of the Junior Varsity & Varsity team MUST attend a ISD 192 School (or be eligible to represent Farmington High School). Please contact Coach Jen if you have questions regarding eligibility.

Divisions
******NEW in 25-26 -*** Due to UCA realigning the birth years of the Rec Divisions, Elementary White will move to the 12Y division for Regionals and Nationals. Middle School White will remain in the 14Y division for Regionals and Nationals.

Elementary and Middle School divisions are typically not split based on team size. White teams will only compete their Traditional routines at Regionals and Nationals due to UCA not offering Game Day to our team type.

Junior Varsity and Varsity level teams (both in MN and Nationally) have divisions based on the number of athletes performing. Division decisions will be made after the coaching staff evaluates all aspects: team talent, number of athletes, updated score sheets, MN and UCA division lists, etc. and may change throughout the season. Junior Varsity and Varsity will compete both Traditional and Game Day routines at Nationals.

Preferred Qualifications for Travel Team Athletes
The skills listed below are the preferred qualifications and anticipated skill levels for each team. Exceptions may be made to create well rounded teams. Having one or more skills listed below does not guarantee placement on any particular team.

SKILL	ELEMENTARY WHITE	MIDDLE SCHOOL WHITE	JUNIOR VARSITY	VARSITY
Stunting	Flyers that can perform basic body positions (Lib, Hitch, etc)	Flyers that can pull body positions (Stretch, Arab, etc)	Flyers that can pull multiple body positions well	
	Inversions: ground to load/prep **Spinning:** Half to Full Up **Release:** cradles, flips in pyramids	**Inversions:** invert to prep **Spinning**: full up, full around **Release:** tick up	**Inversions:** invert to extended **Spinning:** full up **Release:** tick up, twisting	**Inversions:** invert to extended/body position **Spinning:** full up+, full around **Release:** high to high, tick up to body position, twisting
Tumbling	Walkovers Standing and Running Handsprings	Standing and Running Handspring Advanced skills	Standing and Running Handsprings & Tucks Elite Skills	
Jumps	Average to above average height & form on combination jumps		Above average height and form on combination jumps	
Dance	Sharpness, correct form and correct placement			
Sportsmanship/ Performance	Sharp motions, confident skills, spirit, knowledge of material, personal drive, high level of commitment, etc.			

Time Commitment / Attendance:
Competition Cheer is a unique sport that typically DOES NOT HAVE A BENCH to pull athletes from. All team members are choreographed into each routine and are essential to each routine. Teams are not able to fully practice when 1 or more people are missing from their stunt group. This is truly a TEAM SPORT.

- Practices, Camps & Competitions/Events are **MANDATORY.** Vacations, absences, etc must be communicated in advance.
- Participation in other fall/winter activities, vacations, etc that result in missing practices, events, or competitions may result in the athlete being **removed from skills, not performing with the team, and/or dismissal from the team.**

Communication
Each team will have their own Team BAND. This will be the main source of communication by coaches, Program Director and Booster Club. Links/Invites to join the Team BANDS will be sent in the team welcome emails following Placements.

TRAVEL TEAM SCHEDULES

All Travel Teams will start practices the week of May 5. Teams are required to attend a summer cheer camp and will have an in-house choreography camp in August. JV and Varsity will participate in a V!ROC Clean Up in the fall. Middle School White and Elementary White may participate in a Clean Up if funds are available. Competitions are held mid-October through Nationals in early February. Most are Saturday events, with occasional Sunday events.

PRACTICE SCHEDULE				
	ELEMENTARY WHITE	**MIDDLE SCHOOL WHITE**	**JUNIOR VARSITY**	**VARSITY**
Summer May 5 - July 24	M - 6:00-8:00 pm W - 5:30-7:00 pm	T - 5:30-7:30 pm* TH - 5:30-7:00 pm *May 20th is 6:30-8:30	M - 7:00-9:00 pm TH - 7:00-9:00 pm	M - 7:00-9:00 pm TH - 7:00-9:00 pm
In Season July 28 - Nationals (early February)	***M - 5:30-7:00 pm*** T - 5:30-7:30 pm TH - 5:30-7:30 pm	M - 5:30-7:30 pm T - 5:30-7:30 pm TH - 5:30-7:00 pm	M - 7:00-9:00 pm T - 7:30-9:00 pm TH - 7:00-9:00 pm	M - 7:30-9:00 pm T - 7:00-9:00 pm TH - 7:00-9:00 pm
Fridays Night before each competition	N/A	N/A	F - 7:00-8:30 pm	F - 7:00-8:30 pm

CAMPS				
	ELEMENTARY WHITE	**MIDDLE SCHOOL WHITE**	**JUNIOR VARSITY**	**VARSITY**
Summer Camp	**UCA Skills** July 24 - 26 Times TBD East Ridge HS	**V!ROC** Dates TBD Times TBD FCCT Cheer Gym	**UCA MASTERS** June 24 - 26 Times TBD Blaine Sports Center	**V!ROC** June 24 & 25 —- AND —- July 19 & 20 (~9am-5pm) FCCT Cheer Gym
In-House Choreography Camp	August 22 & 23 ~9am-3pm FCCT Cheer Gym	August 8 & 9 ~9am-3pm FCCT Cheer Gym	August 14 & 15 ~9am-3pm FCCT Cheer Gym	August 12 & 13 ~9am-3pm FCCT Cheer Gym
Choreography Clean Up	TBD - if funds are available	TBD - if funds are available	November TBD	November TBD

COMPETITIONS	
November 1	UCA Minnesota Regionals
November 22 (tentative)	Farmington Tiger Classic
December 6	UCA Wisconsin Regionals (if needed)
February 1	FCCT Showcase
February 4-9	UCA D1 Nationals
Other competitions in October/November - January are TBD (approx 8 total + Nationals)	

All competitions are REQUIRED. Cheerleading is very much a team sport. If one member is absent the ENTIRE Team loses out on their hours of practice time. The final competition schedule will be released in early/mid-summer.

TRAVEL TEAMS TUITION

3

All tuition will be collected by Farmington Community Education (CE). They accept cash, checks and all major credit cards. Cash and check payments must be paid prior to the end of the month or tuition will be automatically charged to your card on file. Any additional fees will be collected by the FCCT Booster Club. ***Athletes with past due balances will not be able to practice until balance is paid.***

There will be no refunds made to anyone who is asked to leave the program or that quits during the season.

MONTHLY TUITION				
	ELEMENTARY WHITE	**MIDDLE SCHOOL WHITE**	**JUNIOR VARSITY**	**VARSITY**
Summer Practices	3.5 Hours per week	3.5 Hours per week	4 Hours per week	4 Hours per week
In Season Practices	***5.5 Hours*** per week	5.5 Hours per week	5.5 Hours per week + 1.5 Hours - Select Fridays	5.5 Hours per week + 1.5 Hours - Select Fridays
Equipment	***Poms*** & Bows Props Trad. Music & Licences ***GD Music & Licences***	Poms & Bows Props Trad. Music & Licences GD Music & Licences	Poms & Bows Props Trad. Music & Licences GD Music & Licences	Poms & Bows Props Trad. Music & Licences GD Music & Licences
In-House Choreography Camp	2 Days	2 Days	2 Days	2 Days
Choreography Clean Up	TBD - if funds are available	TBD - if funds are available	1-2 Days V!ROC	1-2 Days V!ROC
Competition Fees	Traditional Routine Entrance Fees ***Game Day Routine Entrance Fees*** (Excluding Regionals)	Traditional Routine Entrance Fees Game Day Routine Entrance Fees (Excluding Regionals)	Traditional Routine Entrance Fees Game Day Routine Entrance Fees	Traditional Routine Entrance Fees Game Day Routine Entrance Fees
Coaches	Coaching Costs Camp Stipends Competition Stipends Part Time Nationals Stipends	Coaching Costs Camp Stipends Competition Stipends ***Full Time Nationals Stipends***	Coaching Costs Camp Stipends Competition Stipends Full Time Nationals Stipends	Coaching Costs Camp Stipends Competition Stipends Full Time Nationals Stipends
Administrative & Facility	CE Fees & Payroll Facilities Misc. Program Expenses	CE Fees & Payroll Facilities Misc. Program Expenses	CE Fees & Payroll Facilities Misc. Program Expenses	CE Fees & Payroll Facilities Misc. Program Expenses
MONTHLY TUITION (9 months)	**$220**	**$227**	**$240**	**$240**

Tuition does NOT include any required uniforms, shoes, summer camps, UCA Nationals expenses, optional recreational classes or optional apparel. Please see Booster Club Expenses below.

TRAVEL TEAM UNIFORMS & SHOES

4

All athletes are required to purchase their uniforms. New uniforms are ordered from and paid directly to Varsity Spirit. **Full payment is due upon ordering in July.**

PACKAGE PRICING				
	ELEM WHITE	MS WHITE	JUNIOR VARSITY	VARSITY
	Year 2 of 4	Year 2 of 4	Year 1 of 4	Year 3 of 4
Traditional Uniform Package *Shell + Lettering /* *Traditional Liner /* *Traditional Skirt*	$211	$228 ***(NEW TRADITIONAL LINER IN 25-26)***	***NEW IN 25-26*** $282	$336
Game Day Liner		***NEW IN 25-26*** $27	***NEW IN 25-26*** $45	$45
Game Day Skirt	***NEW IN 25-26*** $90		***NEW IN 25-26*** $107	$100
Briefs *not required if using an alternative*	$29	$29	$29	$29
Taxes & Shipping	TBD	TBD	TBD	TBD
Used Uniforms Available?	Possibly	Possibly	None available this season	Possibly
TOTAL	**$330** **+ s/h + taxes**	**$284** **+ s/h + taxes**	**$463** **+ s/h + taxes**	**$510** **+ s/h + taxes**

A LA CARTE PRICING				
	ELEM WHITE	MS WHITE	JUNIOR VARSITY	VARSITY
	Year 2 of 4	Year 2 of 4	Year 1 of 4	Year 3 of 4
Shell + Lettering	$122	$145	***NEW IN 25-26*** $143	$158
Traditional Liner	$45	***NEW IN 25-26*** $27	***NEW IN 25-26*** $98	$87
Traditional Skirt	$82	$73	***NEW IN 25-26*** $85	$91
Game Day Liner		***NEW IN 25-26*** $27	***NEW IN 25-26*** $45	$45
Game Day Skirt	***NEW IN 25-26*** $90		***NEW IN 25-26*** $107	$100
Briefs *not required if using an alternative*	$29	$29	$29	$29
Taxes & Shipping	TBD	TBD	TBD	TBD
Used Uniforms Available?	Possibly	Possibly	None available this season	Possibly
TOTAL	**VARIES** **+ s/h + taxes**	**VARIES** **+ s/h + taxes**	**VARIES** **+ s/h + taxes**	**VARIES** **+ s/h + taxes**

USED UNIFORMS

Used uniforms may be available on our FCCT Used Uniform BAND. Parties are responsible for their own pricing, sales and delivery.

SHOES

Athletes must provide their own WHITE cheer shoe. Most families purchase them online - Amazon, Varsity.com, Nfinity, Cheerleading.com.

TRAVEL TEAM BOOSTER CLUB EXPENSES

5

The Booster Club will collect the following fees that are NOT included in the monthly CE Tuition: camp, apparel and nationals. They will also collect membership dues if you'd like participate in individual fundraising, have voting rights, etc.

CAMP & APPAREL FEES				
	ELEMENTARY WHITE	MIDDLE SCHOOL WHITE	JUNIOR VARSITY	VARSITY
Summer Camp (V!ROC or UCA)	$182 (priced per person)	$465* (flat rate divided by # on team)	$368 (priced per person)	$485* (flat rate divided by # on team)
Coaches Registration	$12*	N/A	$12*	N/A
Shirts	$60 (qty 3)	$60 (qty 3)	$60 (qty 3)	$60 (qty 3)
Shorts	$15 (qty 1)		$70 (qty 3)	
Sweatshirt	$40	$40	$40	$40
TOTAL	**$309***	**$565***	**$550***	**$585***
DEPOSIT DUE	**$150 - May 9**	**$200 - May 9**	**$200 - May 9**	**$200 - May 9**
BALANCE DUE	**$159* - June 6**	**$365* - June 6**	**$350* - June 6**	**$385* - June 6**

*Final price determined by number on athletes on team

Booster Club Mission Statement
The FCCT Booster Club's mission is to support FCCT by involving the families of all cheerleaders in our various activities, with the common goal of funding and providing special services and support in order to enhance the overall experience for our athletes, coaches and parents. The Booster Club consists of members and board members that are parents of program athletes.

Fundraising
The Booster Club offers both Individual and Group Fundraising opportunities throughout the year, as well as hosts our home competition in the fall/winter. ***ALL families will be required to volunteer for our home competition.*** Fundraisers will be posted to Team BANDS throughout the season.

Booster Club Membership
Memberships are required if families would like to participate in individual-based fundraisers or be able to vote for board positions.

- $30 per household
- Purchase at Booster Club Online Store

Volunteer Hours / Deposits

- Volunteer hours & volunteer deposits are being reevaluated for the 25-26 season. The Booster Club will announce 25-26 season requirements mid / late spring.
- ***ALL families will be required to volunteer for our home competition.***

Help Wanted!
If you are interested in volunteering to help the Booster Club in any of their many activities, please reach out to anyone on the board!

Booster Club Contacts
Social Media - @fcctboosterclub
President - Amber Zabel - fcctboosterclub@gmail.com
Treasurer - Greg Kroshus - fcctbc.treasurer@gmail.com

TRAVEL TEAM NATIONALS EXPENSES

The FCCT Travel Teams will participate in the UCA National High School Cheerleading Championship (NHSCC) in Orlando, Florida.

******NEW IN 2026*** - NHSCC is now broken into D1 and D2 weekends and are held in conjunction with Dance Nationals and Pep Band Nationals. All D1 cheer, dance and pep bands will compete the weekend of February 6-8. All D2 cheer, dance and pep bands will compete the weekend of Jan 30-Feb 1. **All Farmington teams will compete the D1 weekend.** Our tentative travel dates are **Wednesday - Monday, February 4-9, 2026. All divisions (High School and Rec)** are scheduled to compete on **Friday, Saturday and Sunday**.

In order to attend Nationals, teams must:

- Complete the NFHS Squad Credentialing Program (either at camp or a 2 day classroom version - we will be doing it at camp)
- Receive a Bid/Invite at a UCA Regional competition
- Have school board approval

******NEW IN 2026*** - Junior Varsity and Varsity will remain a "Team Trip" as in previous years - they will be with coaches the entire trip and room with a teammate. Elementary White will remain a "Family Trip" with at least 1 adult required to chaperone & room with their athlete. ***Middle School White will be a "Hybrid Trip"*** where they will be on a Team Trip for everything except rooming - parents will have a choice between having their athlete staying with a teammate or with family.

NATIONALS TRAVEL				
	ELEMENTARY WHITE	**MIDDLE SCHOOL WHITE**	**JUNIOR VARSITY**	**VARSITY**
Trip Type	Family Trip	***Hybrid Trip***	Team Trip	Team Trip
Chaperoned By	Coaches & Parents	***Coaches***	Coaches	Coaches
Rooming With	Family	***Teammate OR Family***	Teammate	Teammate
Athlete Arrival Date	Tuesday or Wednesday (required arrive by time TBD)	***Wednesday***	Wednesday	Wednesday
Athlete Departure Date	***Monday***	***Monday***	Monday	Monday
Athlete Flight TO Florida	Family Purchased	***Team Flight***	Team Flight	Team Flight
Athlete Flight FROM Florida	Family Purchased	***Team Flight*** OR Family	Team Flight OR Family	Team Flight OR Family
Team Park Time	Not scheduled	***YES***	YES	YES

TRAVEL PACKAGES & PREVIOUS EVENT INFO

All FCCT teams will be attending Nationals on the VALUE RESORT UCA Travel Package (unless we are not able to secure packages, in which alternative accommodations will be arranged).

UCA/NHSCC does not release pricing information until mid-fall. Pricing sheets are from the 2025 event. Expect an increase.

Google Drive with 2025 NHSCC Pricing, Itineraries, Info Packet, etc.

UCA TRAVEL PACKAGE - (approx $1290-1340 per person):
(Double Occupancy Wed-Mon) *Please refer to pricing sheet when occupancy is NOT a double)

- 4 Nights Double Occupancy at a Disney Value Resort
- 1 Extra Night Double Occupancy at a Disney Value Resort
- 3 Day Disney Park Hopper Ticket
- 5 Days ESPN Wide World of Sports Ticket
- Competition Fee
- Extended Hours Theme Park event (athletes will likely not participate since it's a competition night)
- Celebration Party at a Theme Park
- Disney Transportation
- UCA / Varsity Spirit bus transportation
- All event taxes and gratuities
- JV & Varsity will also have a ~$50 Additional Routine charge for Game Day

BOOSTER CLUB FEES INCLUDES (approx $250):

- Nationals Apparel
- Coaches Costs

TEAM FLIGHT INCLUDES (approx $220-420):

- Round-trip OR One Way (MSP to Orlando) airfare
- Baggage
- Airport Transfers

ITEMS NOT INCLUDED:

- Spending money
- Meals
- Nationals Gifts
- Optional Disney Ticket Upgrades
- Optional Meal Vouchers
- Elementary White airfare/baggage/transfers

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FAMILY PACKAGES
Elementary White athletes are required to room with at least 1 parent/adult. Additional Family/Friends are also welcome to attend. Family packages will be booked by the program at the same time as the team. We will need to know who is traveling/rooming with the athlete by late August/early September.

NEW IN 25-26 - Middle School White parents have the option to room with their athlete on the Travel Package. Family packages for those rooming with their athlete will be booked by the program at the same time as the team. We will need to know who is traveling/rooming with the athlete by late August/early September. Family packages for those NOT rooming with their athlete will NOT be booked by the program.

Junior Varsity and Varsity Family packages will NOT be booked by the program.

*For those parents wishing to book a Family Travel Package (not booked by the program), be prepared to purchase it as soon as registration becomes available to parents on registration day. We don't know how the change in format will affect package availability. Packages did sell out from team registrations prior to becoming available for parents to purchase last year. Parents either booked packages at different resorts or found their own accommodations.

PARENTS OFF SITE
Parents are not required to stay on the Travel Package (except the required EW parent or those rooming with a MW athlete) and can make their own accommodations (either off-site or at other Disney resorts).

PAYMENTS
Nationals will be billed by the Booster Club in 4 monthly Installments starting in September. Installments will include the Travel Package, Team Flight airfare and Booster Club Fees. Installments will be adjusted once UCA releases pricing.

Parents included with the Team Travel Packages will have the option to pay their packages either through the Booster Club or directly to ***UCA through Community Education***.

TRAVEL TEAM PLACEMENTS

Team Placements for all FCCT Travel Teams will be held on **April 21, 22 and 24th**. All athletes looking to be placed on Elementary White, Middle School White, Junior Varsity or Varsity teams MUST attend the Team Placements.

TRAVEL TEAM INFORMATIONAL MEETING
An informational meeting will be held on **Friday, April 4th at 6pm** in Room 310 of the TLLC.

TEAM PLACEMENT REGISTRATION - Due April 21
All athletes must be registered for Team Placements through Community Education **PRIOR** to attending. Cost is $35 which covers coaches, gym time and administrative costs. Registration is already open - Placement Registration

PLACEMENTS BAND & MATERIAL
Join the Placements BAND Group. All required forms/sign ups, the placement rubric, as well as the material videos will be posted to this Placement BAND.

Cheer and Dance videos will be posted on **Thursday, April 17 @ 8:30 pm**. Staff will **NOT** be teaching the cheer and dance tryout material during the Review Sessions. Athletes will be expected to learn the material via these videos and will be able to review them at the Review Sessions on Monday and Tuesday.

REQUIRED FORMS - Due April 22
The following must be submitted and are also available on BAND.

- Placement Times
- Placement Application

REVIEW SESSIONS
Review Sessions are on **Monday and Tuesday, April 21 & 22** from **6:00 - 8:00 pm.** Athletes are expected to attend **AT LEAST ONE** of the Review Sessions, but are encouraged to attend both.

NEW IN 25-26 - Tumbling will be scored during the Review Sessions on Monday and Tuesday.

Stunting will be informally evaluated (skill, technique, safety, positions, coachability, potential, etc) during the Review Sessions with stunt groups created by the staff. Stunting evaluations WILL BE taken into consideration when creating teams, however stunt group assignments have no indication of team placement.

FINAL EVALUATION
Final Evaluation will take place on **Thursday, April 24** starting at 4:30 pm in room 318 of the TLLC. Athletes will sign up for 10 minute sessions with up to 3 other athletes. **Wear a plain white t-shirt, black shorts and hair out of your face (low, high or half up pony).**

Athletes will perform the following skills during their tryout (rubric is on the Placement BAND):

- Cheer
- Dance
- Single Jumps: Toe Touch, Hurdler & Pike
- Double Jumps: Double Toe Touch & Double Jump of your choice (not a double toe touch)
- Body Positions - heel stretch and arabesque (flyers only)

TEAM SELECTION
Athletes will be considered for ALL teams that their grade or birth year makes them eligible for.

Having tumbling skills, stunting skills, previous team level or grade level does not guarantee a spot on a specific team. Previous history within the program will also be taken into consideration: were you dependable, coachable, a team player, did you work to gain new skills or stay stagnant, commitment, etc.

When putting together teams, many things are taken into consideration - such as (but not limited to) **stunting positions, coachability, skill level, safety, division sizes, growth potential, maturity, can the athlete be successful at this level, attitude, work ethic, personal drive, sportsmanship, team player, etc**. Coaches will be looking for the overall level of each athlete's skills, making all skill areas important. Our goal is to put together the most well rounded teams possible that will also be competitive at their given level. Stunt positions DO play a role in putting together a team (ie. a team does not need 8 flyers). The teams will be made up of the best possible TEAM of athletes, not necessarily the best INDIVIDUAL athletes.

All athletes are expected to not only maintain the skills that they tried out with, but to also improve upon them throughout the season. Lack of improvement in performance and skills, including losing skills, may result in being placed in an alternate role or dismissal.

Not all athletes may be placed on a team. If you are not selected for a team, we encourage you to participate on other Farmington cheerleading teams - the FCCT Elementary Black, Elementary Orange, or Middle School teams, the FHS Sideline team or other cheer/tumbling training opportunities throughout the Twin Cities.

TEAM ANNOUNCEMENTS
Results will be posted (via Placement Number) on the Placement BAND at **4:30pm on Friday, April 25.**

Final decisions are up to the coaching staff and will NOT be negotiated. Coaching staff welcomes conversation with an athlete regarding their team placement 24 hours after the team announcements are made. This allows time for respectful, constructive conversation.

NEXT STEPS
A welcome email will be sent to all athletes/parents that have been placed onto a team with information on signing up for the season, Team BANDs, etc. Please note that teams will start practices a week following tryouts, so prompt team registration will be required.

Thank you and we are excited to get the season started!
If you have any questions please feel free to reach out via email

Jen Kroshus
Program Director - jkroshus@isd192.org