



FARMINGTON COMPETITION CHEER TEAMS 2025-2026

ADAPTIVE TEAMS

ADAPTIVE SCHEDULE & TUITION

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Adaptive Cheer is an inclusive form of cheerleading that welcomes athletes of all abilities, including those with physical, sensory or intellectual disabilities. Cheerleading involves many aspects like crowd leading cheers, dance, jumps, tumbling and stunting. All aspects will be tailored to the athletes participating based on their individual and collective needs. The Farmington Teams are “unified” meaning that there is a mix of disabled and non-disabled (Cheer Peers) working together on the same team.

TYPES OF CHEERLEADING

Sideline - Involves performing cheers and chants on the sideline of select football and basketball games. Participation is typically the first half of each game (extending past the first half can be looked into if there is participant interest).

Competitive - There are 2 types of competitive routines - Traditional and Game Day. Traditional routines are 2.5 minutes long and showcase the stunting and tumbling skills of the team using both music and cheer sections in the routine. Game Day routines are 3 minutes long and simulate a game environment that showcases the teams crowd leading and excitement building skills using a band dance, cheer and school fight song.

FARMINGTON ADAPTIVE TEAMS

The Farmington Competition Cheer Teams is thrilled to offer the following Adaptive Teams - Elementary Adaptive and Adaptive for the 25-26 season. The teams do not require prior experience and are open-enrollment teams (no tryout/placement required). The Adaptive Teams have a 6-7 month season (late July - January/February)

ELEMENTARY ADAPTIVE - Incoming grades 1 - 5 (Fall 2025)

This team focuses on learning cheers, chants and game day material. There may be possible football or basketball game performances (fall & winter) if we are able to find opportunities to support this and if there is interest from participating families. The team will compete at select local competitions (November - early February) with a Game Day style routine.

ADAPTIVE - Incoming grades 6 - 12+ (Fall 2025)

This team focuses on learning cheers, chants, and game day material to be performed at select FHS home football and basketball games (fall & winter) as well as select local competitions (November - early February) with a Game Day style routine.

TIME COMMITMENT / ATTENDANCE

Attendance at practice is expected as there is a lot of prep involved in preparing for games and competitions. Please communicate ASAP if your athlete is not able to attend.

COMMUNICATION

FCCT uses the BAND app for communication. Each team will have their own Team BAND. This will be the main source of communication by coaches, Program Director and Booster Club.

[Elementary Adaptive Adaptive](#)

CHEER PEERS

Cheer Peers assist the athletes and are selected through an application process. Most are current FCCT or FHS cheerleaders.

ADAPTIVE SCHEDULE & TUITION

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Practices will be once per week starting the week of July 28. Competitions are held November through late January. Most are Saturday events, with occasional Sunday events.

SCHEDULE		
	ELEMENTARY ADAPTIVE	ADAPTIVE
Practices July 28 - August 31	W - 4:30-5:30 pm	W - 4:30-5:30 pm
Football Games	TBD (if interested & available opportunities) 1st Half September - October	FHS Home Games 1st Half + September - October
Basketball Games	TBD (if interested & available opportunities) 1st Half December - February	Select FHS Home Games 1st Half + December - February
Competitions	November 22 (tentative) - Farmington Tiger Classic February 1 - FCCT Showcase Other competitions in November - January are TBD (approx 3-5)	

The final competition schedule will be released in early/mid-summer.

TUITION

All tuition will be collected by Farmington Community Education (CE). They accept cash, checks and all major credit cards. Adaptive tuition is a one time payment due at registration. Any additional fees will be collected by the FCCT Booster Club.

There will be no refunds made to anyone who is asked to leave the program or that quits during the season.

SEASON TUITION		
	ELEMENTARY ADAPTIVE	ADAPTIVE
Practices (July 28 - mid February)	1 Hour per week	1 Hour per week
Equipment	Bows Props Game Day Music & Licences	Bows Props Game Day Music & Licences
Competition Fees	Game Day Routine Entrance Fees	Game Day Routine Entrance Fees
Coaches	Coaching Costs Competition Stipends	Coaching Costs Competition Stipends
Administrative & Facility	CE Fees & Payroll Facilities Misc. Program Expenses	CE Fees & Payroll Facilities Misc. Program Expenses
TUITION	\$225	\$225

Tuition does NOT include any required uniforms, shoes, optional recreational classes or optional apparel. Please see Booster Club Expenses below.

ADAPTIVE UNIFORMS & SHOES

All athletes are required to purchase their uniforms and poms. New uniforms and poms will be paid directly to the FCCT Booster Club. Full payment is due upon ordering in early August.

UNIFORM PRICING			
	ELEMENTARY ADAPTIVE	ADAPTIVE	BOYS / MENS
Top/Shell + Lettering	\$36	\$36	\$55
Liner	\$17	\$17	N/A
Skirt / Pants	Skirt - \$24	Skirt - \$24	Pants - \$46
Briefs <i>not required if using an alternative</i>	\$9	\$9	N/A
Poms <i>not required if already owned</i>	\$32	\$32	* See Below
Taxes & Shipping	TBD	TBD	TBD
Used Uniforms Available?	Not available this season	Possibly	Not available this season
TOTAL	\$118 + s/h + taxes	\$118 + s/h + taxes	\$101+ + s/h + taxes

*Boys / Men are not required to purchase/use poms, but may do so if they would prefer. Cost is \$32 + taxes & s/h

USED UNIFORMS

Used uniforms may be available on our [FCCT Used Uniform BAND](#). Parties are responsible for their own pricing, sales and delivery.

SHOES

Athletes must provide their own WHITE shoe (does not have to be a cheer shoe - just needs a smooth sole). Most families purchase them online - Amazon, Varsity.com, Nfinity, Cheerleading.com.

BOOSTER CLUB

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The Booster Club will collect membership dues if you'd like participate in individual fundraising, have voting rights, etc.

Booster Club Mission Statement

The FCCT Booster Club's mission is to support FCCT by involving the families of all cheerleaders in our various activities, with the common goal of funding and providing special services and support in order to enhance the overall experience for our athletes, coaches and parents. The Booster Club consists of members and board members that are parents of program athletes.

Fundraising

The Booster Club offers both Individual and Group Fundraising opportunities throughout the year, as well as hosts our home competition in the fall/winter. ***ALL families will be required to volunteer for our home competition.*** Fundraisers will be posted to Team BANDS throughout the season.

Booster Club Membership

Memberships are required if families would like to participate in individual-based fundraisers or be able to vote for board positions.

- \$30 per household
- Purchase at [Booster Club Online Store](#)

Volunteer Hours / Deposits

- Volunteer hours & volunteer deposits are being reevaluated for the 25-26 season. The Booster Club will announce 25-26 season requirements mid / late spring.
- ***ALL families will be required to volunteer for our home competition.***

Help Wanted!

If you are interested in volunteering to help the Booster Club in any of their many activities, please reach out to anyone on the board!

Booster Club Contacts

Social Media - @fcctboosterclub

President - Amber Zabel - fcctboosterclub@gmail.com

Treasurer - Greg Kroshus - fcctbc.treasurer@gmail.com

Thank you and we are excited to get the season started!
If you have any questions please feel free to reach out via email

Jen Kroshus
Program Director - jkroshus@isd192.org