Southeast Dubois County School Corporation
HSA Wellness Benefit Activity Form

Employee Name: _____

Employees who are eligible for an HSA may submit the activity form below to earn HSA contributions.

- Self-Reported Fitness Activities (ex: running, walking, bicycling, swimming, etc.)
  - Earn $15/month, minimum of 10 sessions/month
  - Maximum of $150/year
- Fitness Program Participation (ex: gym, fitness center, group exercise, personal training, etc.)
  - Earn $25/month, minimum of 10 sessions/month
  - Maximum of $250/year
- Fitness Events (ex: marathon, half-marathon, 5K run/walk)
  - Earn $15 per activity
  - Counts toward the annual maximums listed above ($150/$250)

Date	Type of Exercise (Description of Activity)	Distance/Amount of Time

Employee Signature: _____ Date: _____

Please email the completed form to Stephanie Bolling at stephanie.bolling@sedubois.k12.in.us.

(Please do not submit completed forms to Dunn & Associates.)