BREAKFAST MENU

Weekly throughout the month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bagel with cream cheese, cereal or yogurt, fruit, milk	Mini french toast, fruit juice, milk	Cinni mini, fresh fruit, milk	Breakfast muffin, cereal or yogurt, apple slices, milk	ES: Bagel with cream cheese, cereal or yogurt, fruit, milk MS/HS: Sausage, egg and cheese sandwich, fresh fruit, milk

LUNCH MENU WEDNESDAY

THURSDAY

FRIDAY

TUESDAY

to day. Assorted fruits, carrot and celery sticks, and milk available daily.

MONDAY

3 ES Lunch: Chicken patty, green beans, applesauce, milk	4 ES Lunch: Chicken nuggets, corn, fruit cup, milk	5 ES Lunch: Cheeseburger, fries, fresh fruit, milk	6 ES Lunch: Mac and cheese, fruit, pinto beans, milk	7 ES Lunch: Cheese pizza, broccoli, apple, milk				
ES Alternatives: Uncrustable sandwich, protein box, yogurt parfait, carrot and celery sticks								
MS/HS Lunch: Boneless wings, mac and cheese, chef's salad with roll, protein box, Uncrustable sandwich, or yogurt parfait. Vegetable varies from day to day. Assorted fruits, carrot and celery sticks, and milk available daily.								
NO SCHOOL	NO SCHOOL	12 ES Lunch: Turkey and cheese sandwich, pickle, applesauce, milk	13 ES Lunch: Pasta with meat sauce, grape tomatoes, fruit, milk	14 ES Lunch: Cheese pizza, broccoli, apple, milk				
		ES Alternatives: Uncrustable sandwich, protein box, yogurt parfait, carrot and celery sticks MS/HS Lunch: Soft baked pretzel with cheese sauce, hamburger or cheeseburger, chicken Caesar salad with roll, Uncrustable sandwich, or yogurt parfait. Vegetable varies from day to day. Assorted fruits, carrot and celery sticks, and milk available daily.						
17 ES Lunch: Hot dog, fruit cup, pickle spear, milk	18 ES Lunch: Cheeseburger, fries, fresh fruit, milk	19 ES Lunch: Meatball sub, black beans, mixed fruit, milk	20 ES Lunch: Grilled cheese, glazed carrots, fresh fruit, milk	21 ES Lunch: Cheese pizza, broccoli, apple, milk				
ES Alternatives: Uncrustable sandwich, carrot and celery sticks, protein box, yogurt parfait								
MS/HS Lunch: Buffalo chicken pizza, chicken alfredo with roll, chef's salad with roll, Uncrustable sandwich, or yogurt parfait. Vegetable varies from day								

24 NO LUNCH (half day)	25 NO LUNCH (half day)	NO SCHOOL	NO SCHOOL	NO SCHOOL			
1 ES Lunch: Ham and cheese sandwich, cucumber slices, fruit cup, milk	Milk variety offered daily includes 1% low fat, chocolate, and skim. A full student breakfast includes an entree supplying grains or grains and protein, fruit, and milk. A full student lunch includes a choice of entree supplying protein and grain, 3/4 cup vegetable, 1/2 cup of fruit, and milk choice.						
ES Alternatives: Uncrustable sandwich, carrot and celery sticks, protein box, vogurt parfait							