


What's on the Menu?

High School Lunch Menu November 10th, 2025

Station	Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
AMERICAN CLASSIC	Chicken & Waffles Whole Grain Waffles with Crispy Boneless Chicken Breast. Served with Curly Fries.	Mashed Spuds Choice of Whole Grain Popcorn Chicken with Steamed Corn Drizzled with Chicken Gravy With Dinner Roll	Backyard BBQ BBQ Chicken Drum Stick with Side of Creamy Mac & Cheese. Served with Corn on the Cob and Baked Straight Fries	Pepperoni Pasta Bake Homemade Pasta Bake with Mozzarella Cheese, Ground Beef, Pepperoni, Marinara Sauce and Italian Seasoning. With Dinner Roll	Spaghetti & Meatballs Whole Grain Spaghetti Noodles, Meatballs, Shaved Parmesan, with Garlic Breadstick & Fresh Steamed Green Beans
grilled EXPRESS	Available Daily: Spicy or Crispy Chicken Sandwich				
	Cheeseburger or Plant-Based Bean Burger Served with Baked Wedges	Mini Chicken Corn Dogs Served with Baked Crinkle Fries	Chicken Drumstick with Pretzel Rod Served with Baked Curly Fries	Chicken Tenders or Plant Based Chick'n Nuggets Served with Baked Straight Fries	Buffalo Chicken Stuffed Sandwich with Baked Tater Tots
	Available Daily: Whole Grain Bosco Sticks with Dipping Sauce Domino's Smart Slice Cheese or Pepperoni Pizza				
SO DELI	Available Daily: Made to Order Sandwiches & Salads Pick your GRAIN: Specialty, Homemade Breads, Pretzel Roll, Tortilla Wraps or Lettuce Wrap Pick your PROTEIN: Freshly sliced turkey, ham, roast beef, salami, hummus, cheddar cheese, pepper jack cheese, provolone cheese, feta Pick your VEGGIES: Fresh chopped romaine and spinach, sliced tomatoes, sliced onions, pickles, assorted peppers, sliced cucumbers, shredded carrots, and more depending on availability				
create	Street Tacos Fajita Chicken or Beef, Seasoned Black Beans, Corn, Roasted Peppers & Onions, Queso Cheese, & Guacamole	Chicken and Vegetable Dumplings With Asian rice, Orange sauce, scallions, toasted sesame seeds	Nachos or Burrito Bowl Fajita Chicken or Beef, Seasoned Black Beans, Corn, Roasted Peppers & Onions, Queso Cheese, & Guacamole	Loaded Totchos Bowl Golden Tots with Chili and Nacho cheese. Topped with Jalapenos and Sour Cream Chili Days=Warm Bellies	Sweet & Sour Chicken Sweet and Sour Chicken, Egg Fried Rice, Sautéed Vegetables, Crunchy Asian Topping & Chicken Egg Roll
RUSH HOUR	Turkey Sausage Waffle Sandwich with Hash brown	Sausage, Egg & Cheese Sandwich on English Muffin with Hash brown	Egg, Cheese, & Sausage Breakfast Burritos with Hash brown	Sausage Pancake Sandwich with Hash brown	Breakfast Banana Split with Hash brown
ON THE GO	Available Daily: Yogurt Parfait with Homemade Granola Assorted Fresh Fruit Smoothies				
	Chicken Caesar Salad with Homemade Croutons	Chicken Greek Salad with Homemade Greek Dressing	Chicken Caesar Salad with Homemade Croutons	Chicken Greek Salad with Homemade Greek Dressing	Chicken Caesar Salad with Homemade Croutons
wild greens <i>Fruit & Vegetable Bar Included with all meals</i>	Rainbow Carrots Black Beans Clementine Assorted Fresh Fruit & Vegetables	Cucumber Coins Broccoli Florets Chilled Peaches Assorted Fresh Fruit & Vegetables	Grape Tomatoes Red Seedless Grapes Power Peas Assorted Fresh Fruit & Vegetables	Garbanzo Beans Celery Sticks Cantaloupe Cubes Assorted Fresh Fruit & Vegetables	Carrots & Broccoli Watermelon Slices Cinnamon Applesauce Assorted Fresh Fruit & Vegetables

A lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include fat-free white, chocolate or strawberry.

This Institution is an equal opportunity provider.