

What's on the Menu?

High School Lunch Menu November 3rd, 2025

Station	Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
AMERICAN CLASSIC	Southwest Chicken Bacon Mac & Cheese Bowl Penne Pasta, White Queso with Grilled Chicken, Bacon, and Roasted Red Peppers. Topped Fresh Jalapeños	No School!! 	Homemade Soup & Sandwich Homemade Broccoli Cheddar Soup & Grilled Cheese with Saltine Crackers – Grab a salad at the vegetable bar!	Herb Roasted Chicken Served with Homemade Mashed Potatoes, Chicken Gravy and Cinnamon Glazed Carrots Served with Dinner Roll	Coney Dog Station Hot dog with your choice of chili, cheese, onions, and DIY condiments Served with Baked Curly Fries Chili Days=Warm Bellies!
grilled EXPRESS	Available Daily: Spicy or Crispy Chicken Sandwich				
	Nashville Hot Chicken Sandwich Served with Baked Wedges		Baked Mozzarella Sticks Served with Baked Curly Fries	Chicken Tenders or Plant Based Chick'n Nuggets Served with Baked Straight Fries	Baked Cheesy Pizza Bites Served with Baked Tater Tots
	Available Daily: Whole Grain Bosco Sticks with Dipping Sauce  Domino's Smart Slice Cheese or Pepperoni Pizza				
SO DELI	Available Daily: Made to Order Sandwiches & Salads Pick your GRAIN: Specialty, Homemade Breads, Pretzel Roll, Tortilla Wraps or Lettuce Wrap Pick your PROTEIN: Freshly sliced turkey, ham, roast beef, salami, hummus, cheddar cheese, pepper jack cheese, provolone cheese, feta Pick your VEGGIES: Fresh chopped romaine and spinach, sliced tomatoes, sliced onions, pickles, assorted peppers, sliced cucumbers, shredded carrots, and more depending on availability				
create	Street Tacos Fajita Chicken or Beef, Seasoned Black Beans, Corn, Roasted Peppers & Onions, Queso Cheese, & Guacamole		Nachos or Burrito Bowl Fajita Chicken or Beef, Seasoned Black Beans, Corn, Roasted Peppers & Onions, Queso Cheese, & Guacamole	Chicken Tikka Masala Yellow Basmati Rice, Aromatic Green Beans & Potatoes with Chicken Tikka Masala	Sweet & Sour Chicken Sweet and Sour Chicken, Egg Fried Rice, Sautéed Vegetables, Crunchy Asian Topping & Chicken Egg Roll
RUSH HOUR	Turkey Sausage Waffle Sandwich with Hash brown		Egg, Cheese, & Sausage Breakfast Burritos with Hash brown	Sausage Pancake Sandwich with Hash brown	Breakfast Banana Split with Hash brown
ON THE GO	Available Daily: Yogurt Parfait with Homemade Granola Assorted Fresh Fruit Smoothies				
	Hummus & Veggie Platter with Pita		Hummus & Veggie Platter with Pita	Antipasto Salad with Ham and Salami	Hummus & Veggie Platter with Pita
wild greens <i>Fruit & Vegetable Bar Included with all meals</i>	Broccoli Florets Caesar Salad Cinnamon Bananas Assorted Fresh Fruit & Vegetables		Tomatoes Power Peas Fresh Strawberries Assorted Fresh Fruit & Vegetables	Celery Sticks Purple Cauliflower Clementine Assorted Fresh Fruit & Vegetables	Rainbow Carrots Black Beans Grapefruit Wedges Assorted Fresh Fruit & Vegetables

A lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include fat-free white, chocolate or strawberry.